

APRENDE DE UN CASO: BIFURCACIÓN

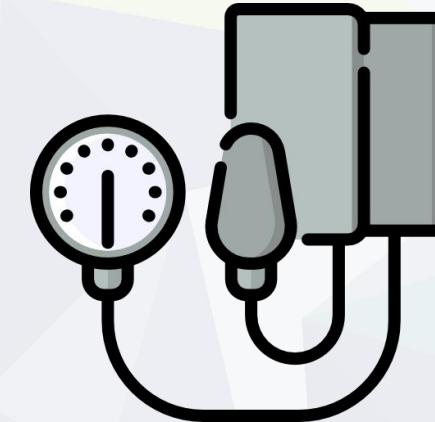
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Unidad Cardiología Intervencionista. HCU Lozano Blesa
Instituto Investigación Sanitaria Aragón (IISA)
Universidad de Zaragoza

Caso clínico



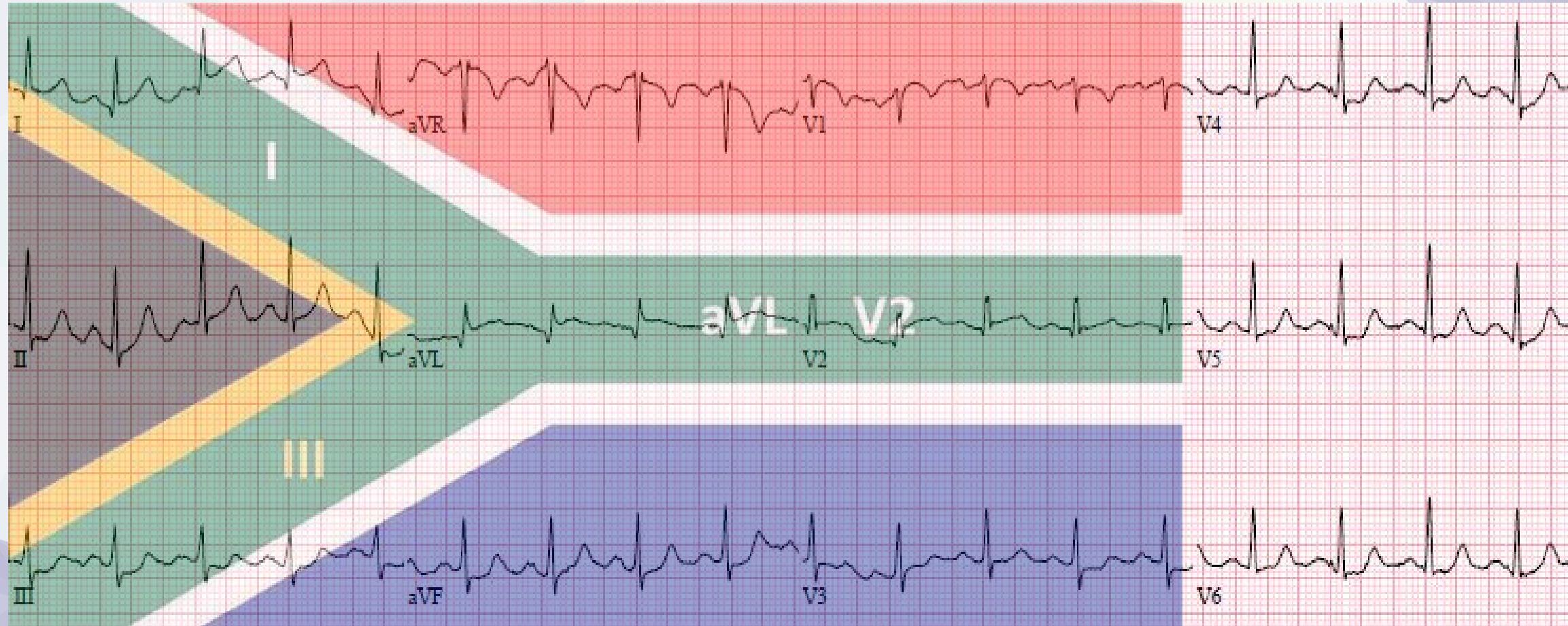
Mujer 70 años

FRCV: HTA



Historia actual

Angina prolongada tras estrés emocional

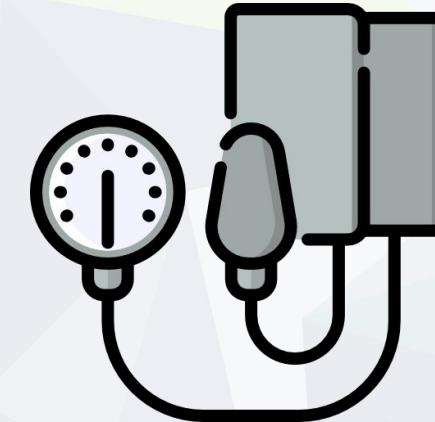


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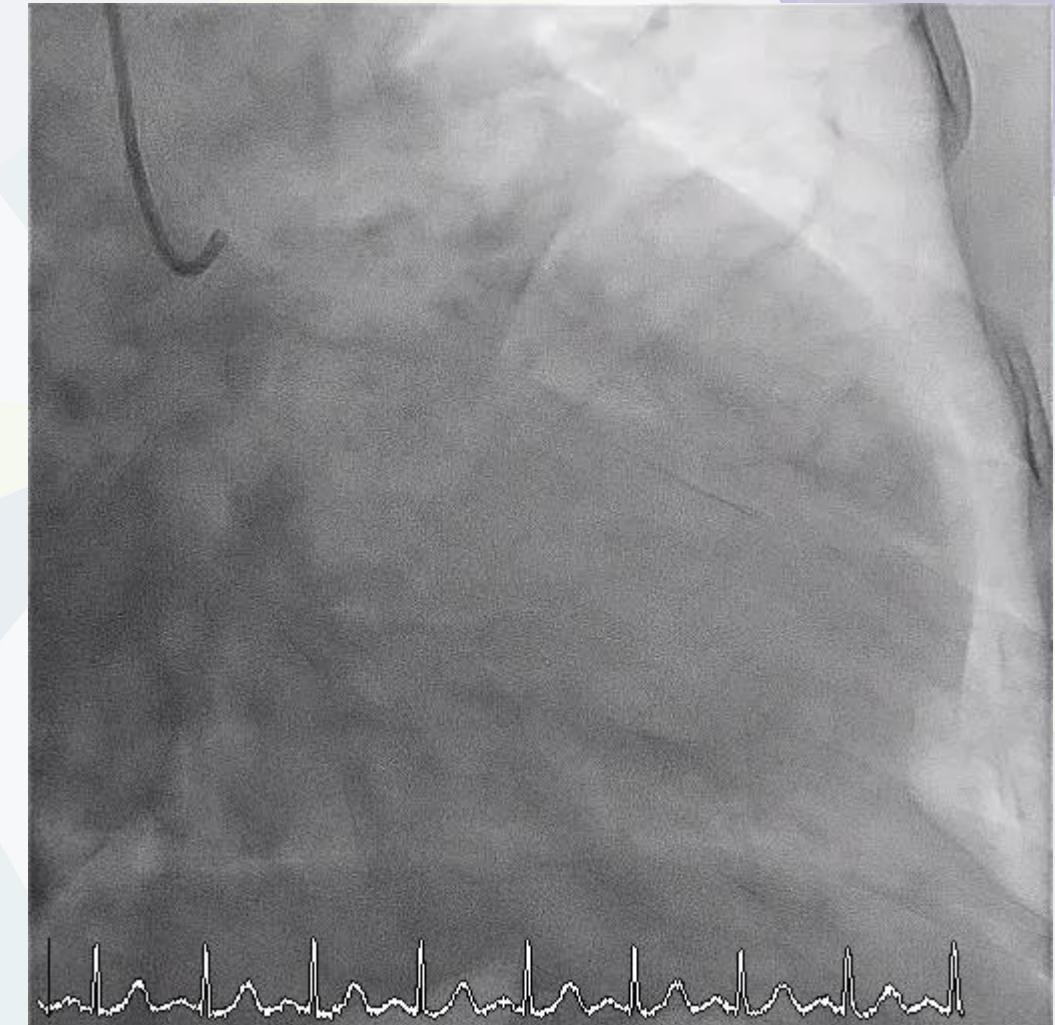
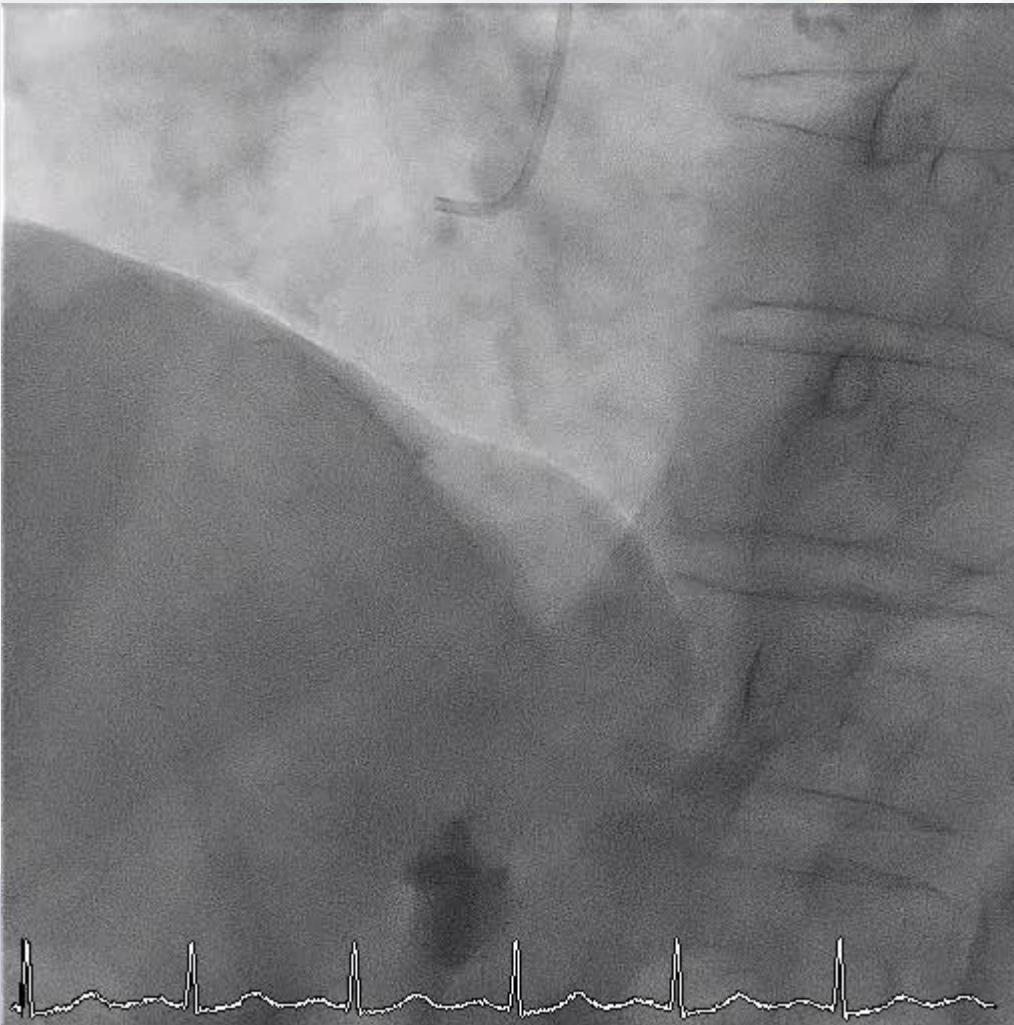


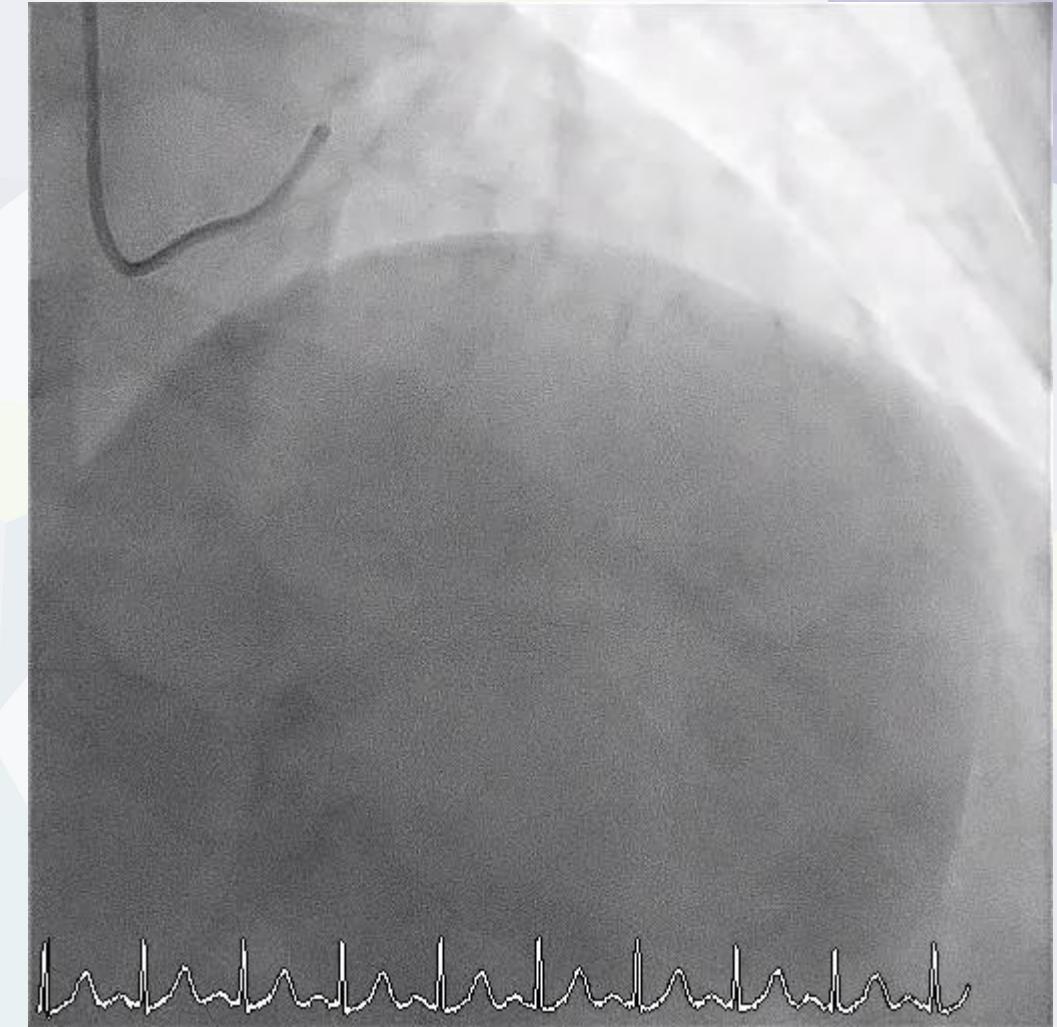
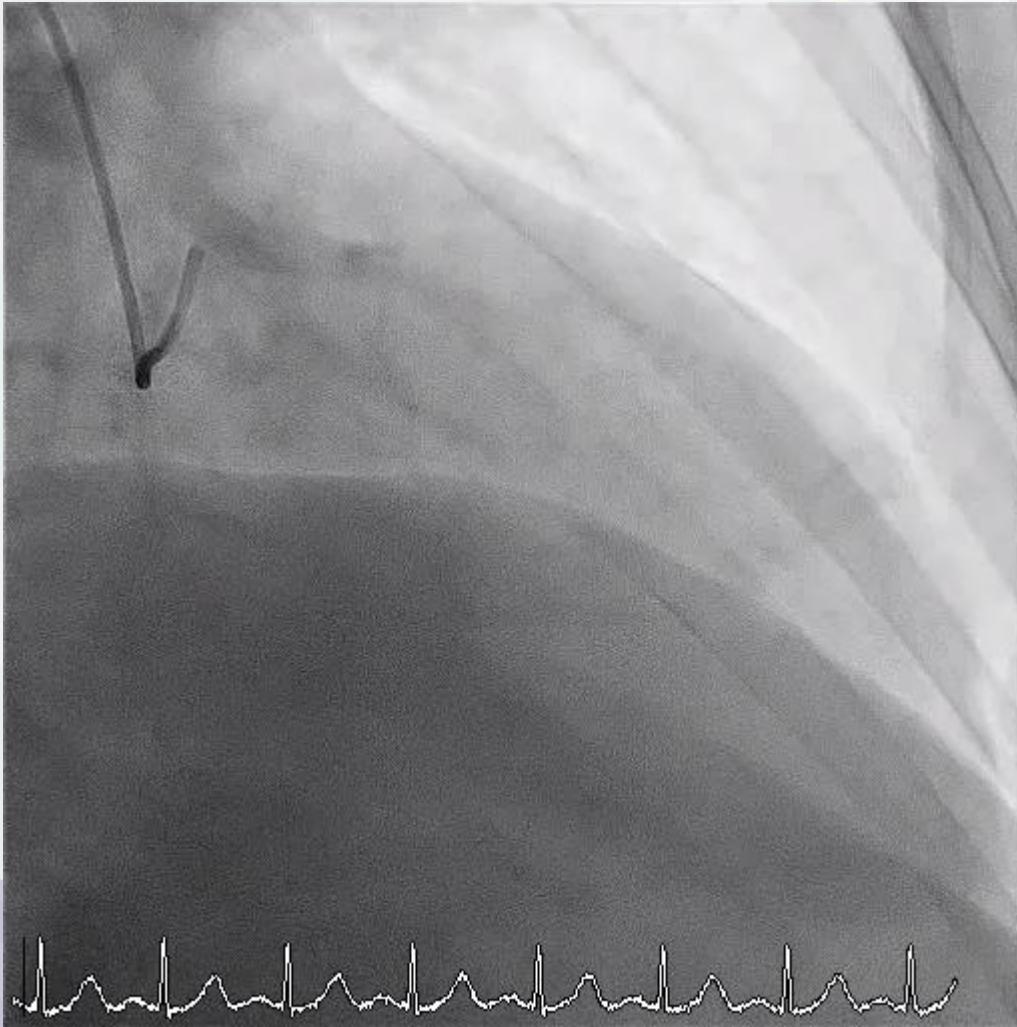
Historia actual

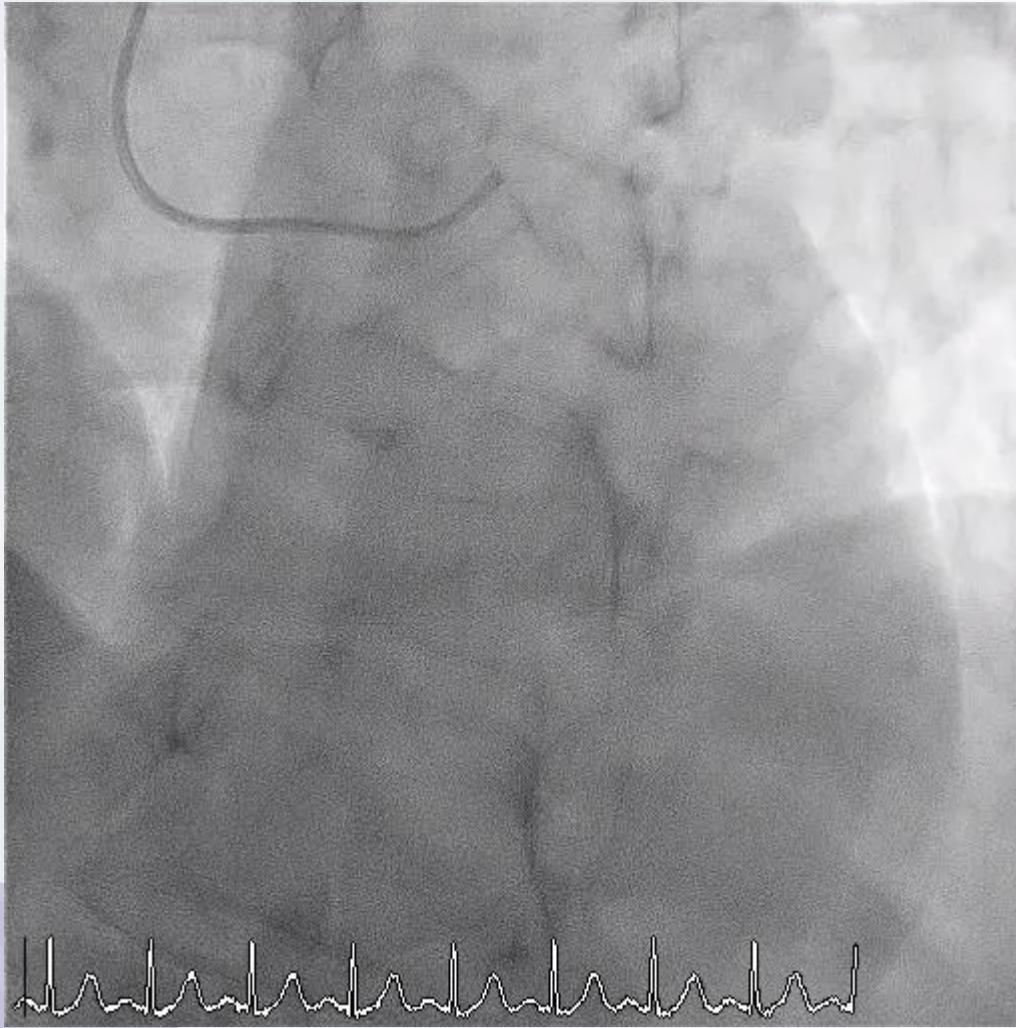
Angina prolongada tras estrés emocional

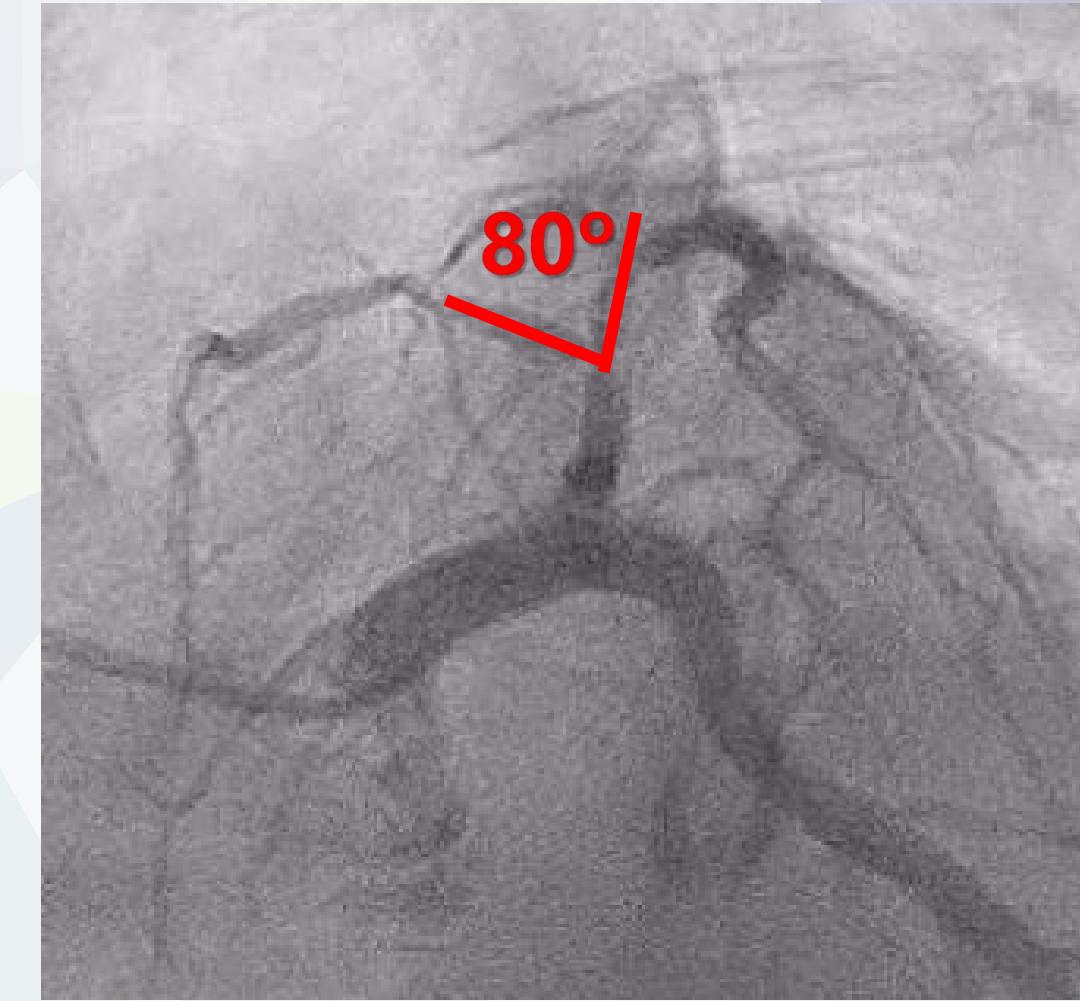
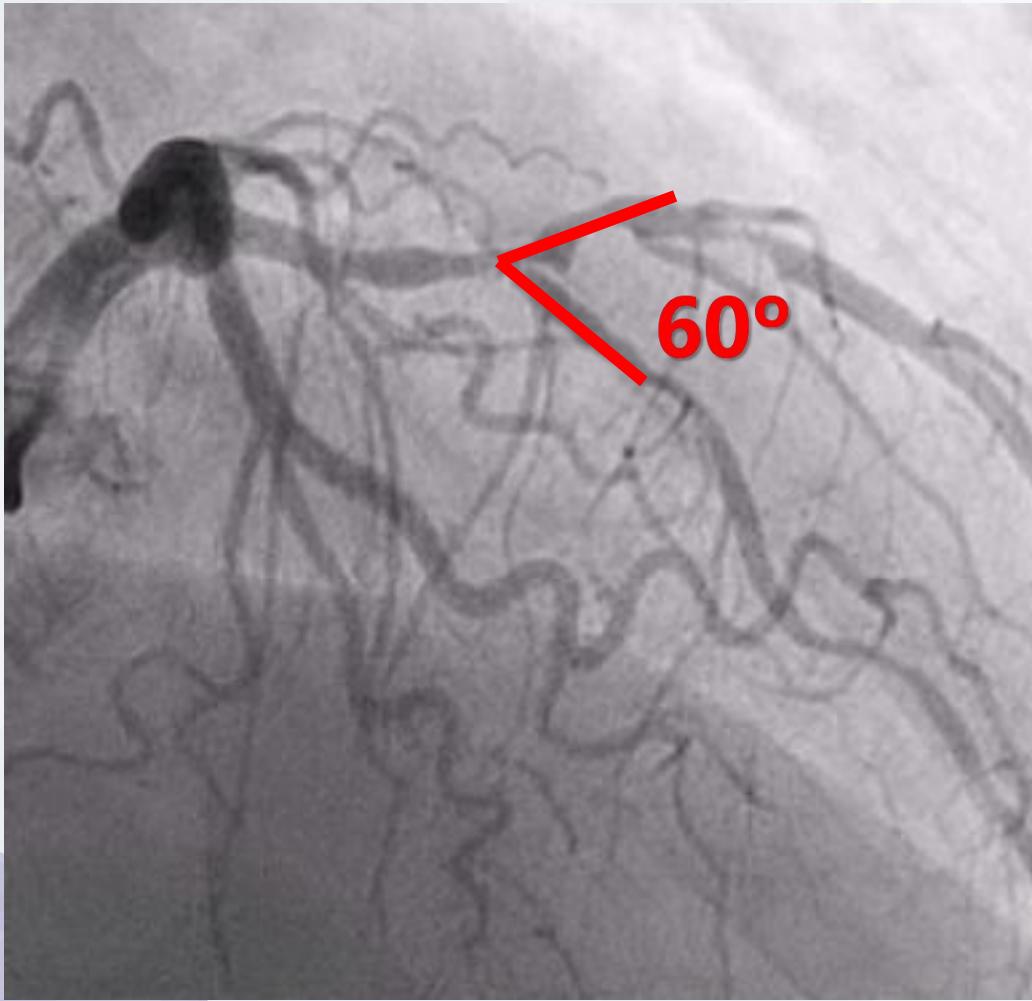
ETT: disfunción VI y segmentarismos anterior e inferior

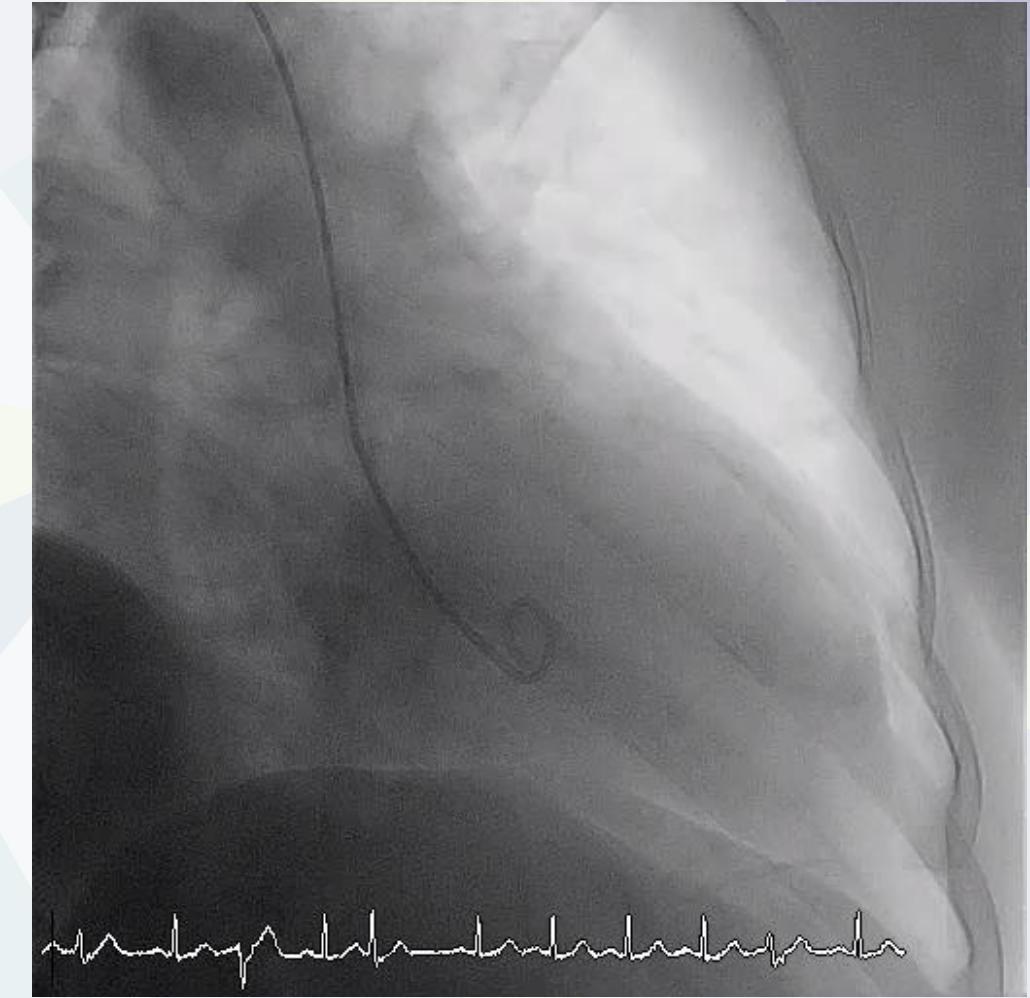
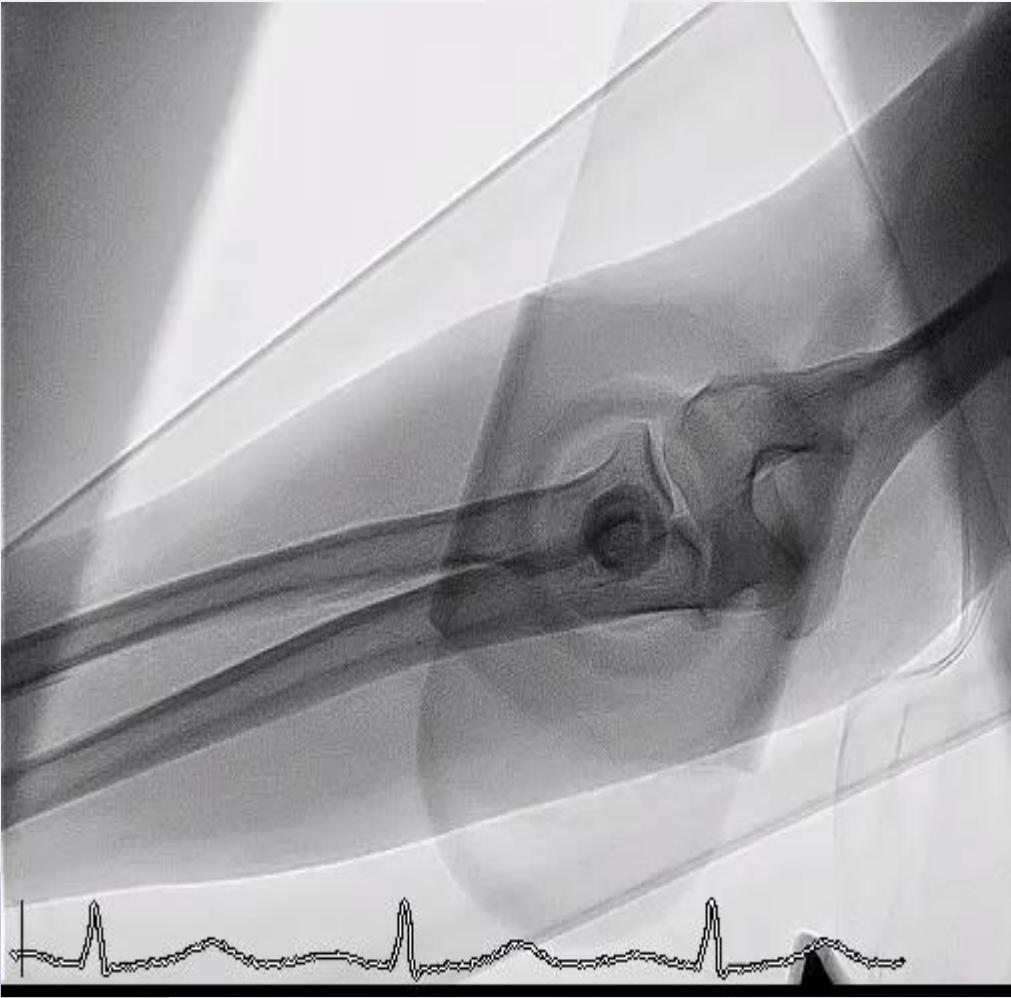
AAS + ticagrelor y traslado a CNG urgente











RESUMEN

- Enfermedad coronaria 1 vaso
- Estenosis severa bifurcación DA proximal- 1^a diagonal Medina 1,1,1
- Disfunción VI sugestiva de MCP estrés (PTDVI elevada)
- TnT HS 350ngr/L
- Arteria radial 2mm

PLANTEAMIENTO DEL CASO

- Parar o “ad-hoc”?
- ICI?
- **1 vs 2 stents? Si 2 stents, técnica?**
- **1 vs 2 DEB?**
- 6 o 7F? Radial o femoral?



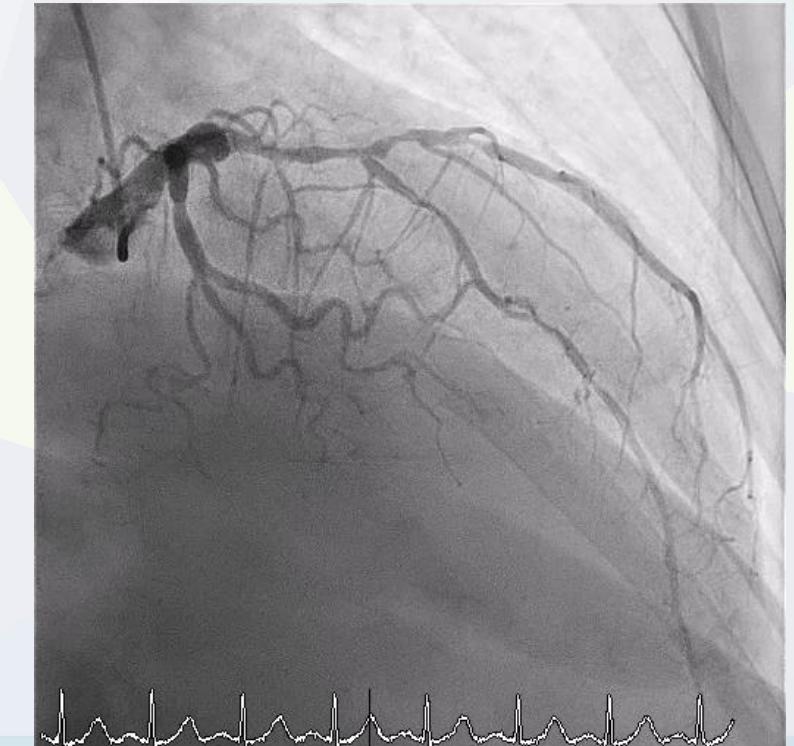
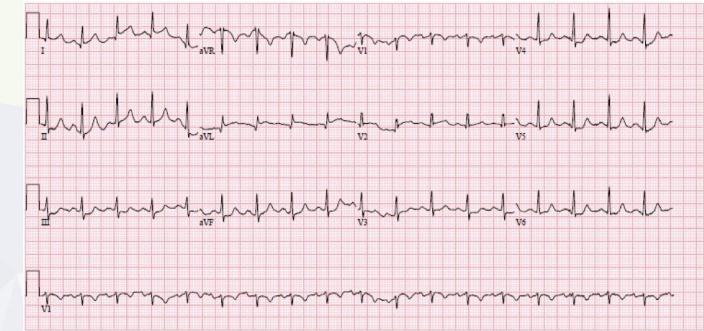
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Rosa M. Cardenal
Unidad de Hemodinamica
Servicio de Cardiología
Hospital Universitario Virgen del Rocío

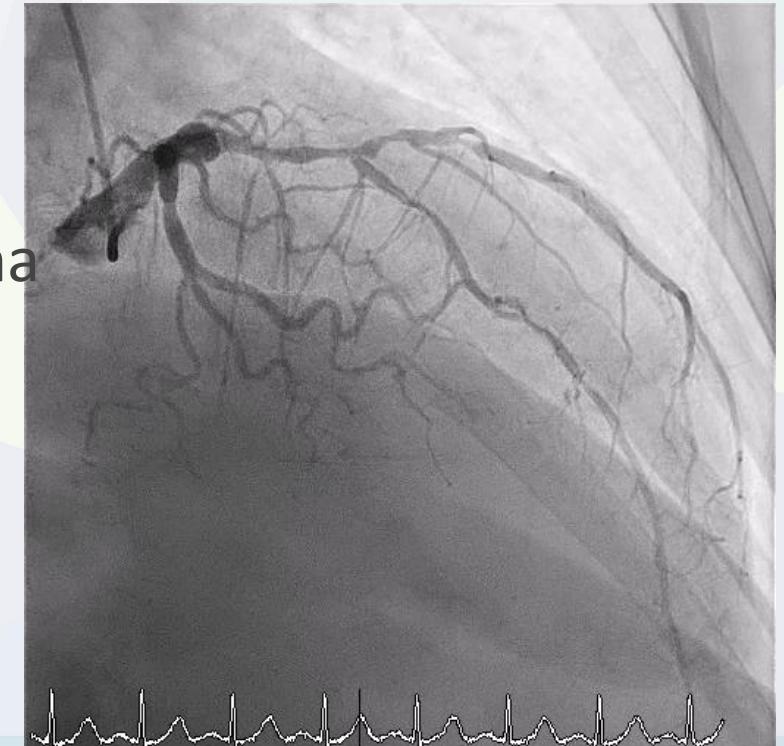
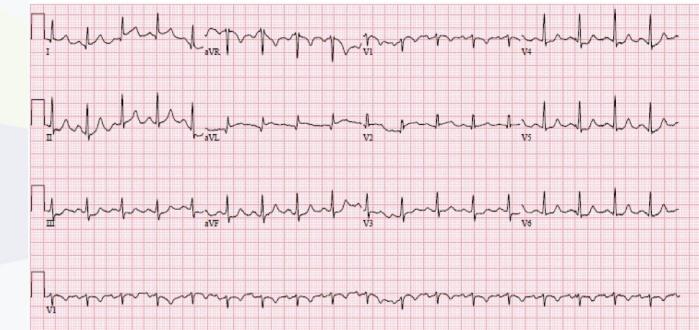
¿Qué tenemos?

- IAM lateral
- Lesión culpable: Ramo diagonal
- Bifurcación DA-Diagonal: Medina 1-1-1
- DA enferma y de menor calibre que Diagonal



DUDAS-PREGUNTAS

- ¿Diámetro de la rama secundaria?
- ¿Longitud de la lesión?
- ¿Ángulo de la rama secundaria?
- ¿Facilidad de paso de guía tras implante de stent en rama principal?
- ¿Cuántos stents vamos a implantar?



DUDAS-PREGUNTAS

- ¿Diámetro de la rama secundaria?
- ¿Longitud de la lesión?
- ¿Ángulo de la lesión?
- ¿Facilidad de paso de guía tras implante de stent en rama principal?
- ¿Cuántos stents vamos a implantar?

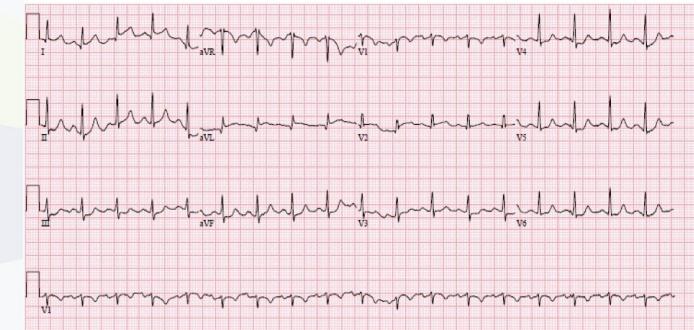
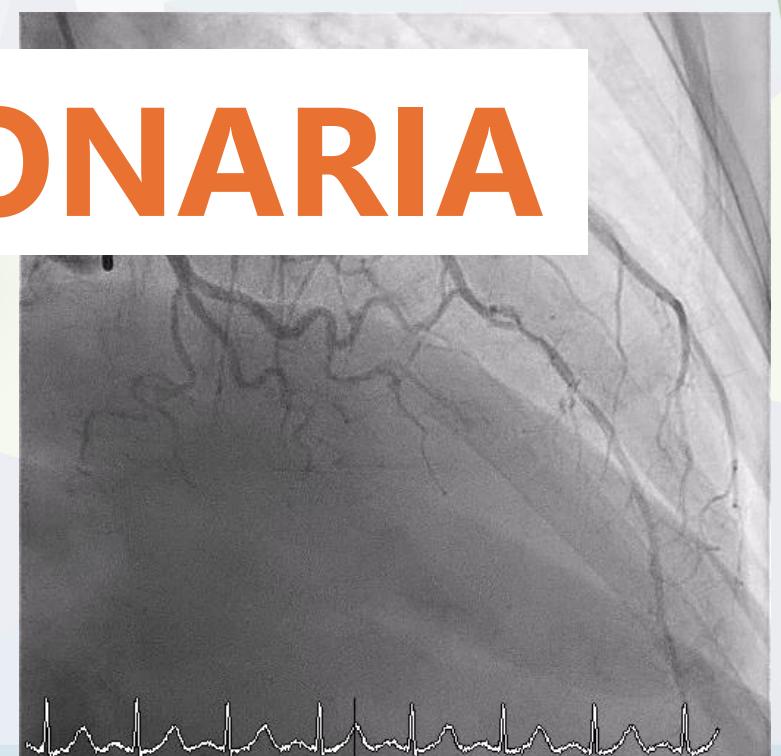


IMAGEN INTRACORONARIA



DUDAS-PREGUNTAS

- **Técnica:**

- *Stent Provisional:*

- Más simple, menos metal, más facil de tratar la re-estenosis, menos trombosis?
- Contras: Dificultad de recruce de guía y estenosis residual del ostium de la rama



- Gran desarrollo ($>2.5\text{mm}$)
- Difusa ($>10\text{mm}$)
- Paso de guía complejo
- Angulación desfavorable



DUDAS-PREGUNTAS

• Técnica:

• Stent Provisional:

- Más simple, menos metal, más facil de tratar la re-estenosis, menos trombosis?
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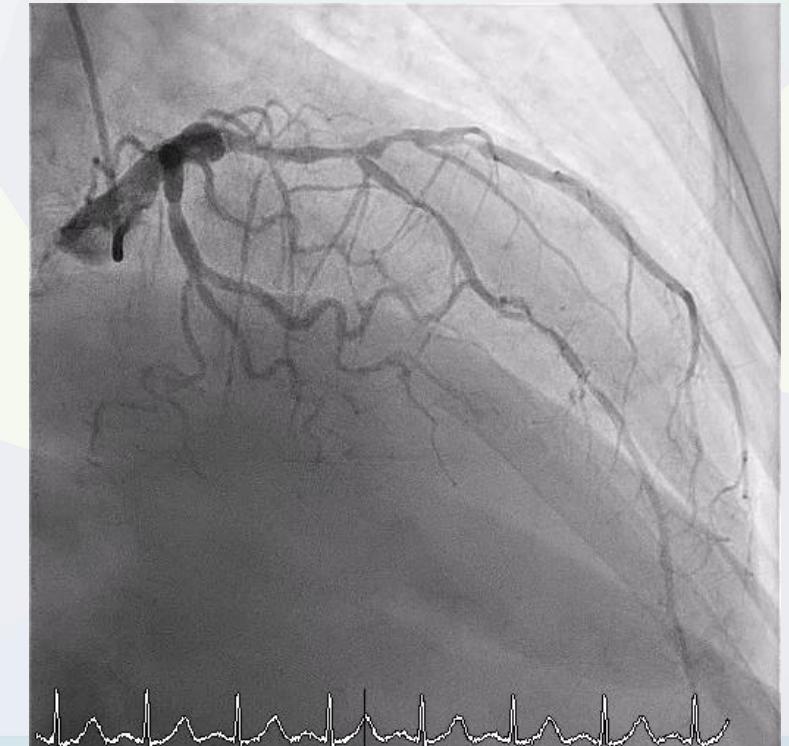
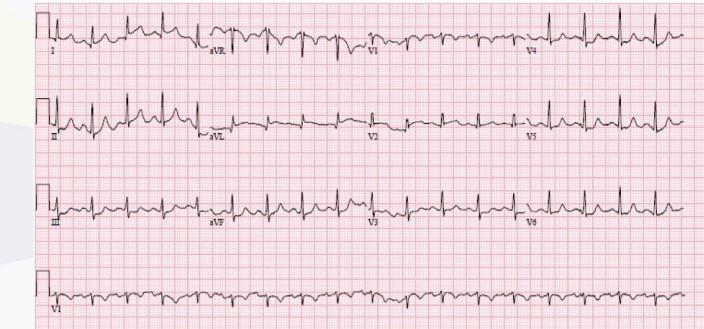
- Gran desarrollo ($>2.5\text{mm}$)
- Difusa ($>10\text{mm}$)
- Paso de guía complejo
- Angulación desfavorable



• ¿Dos stent? No me convence

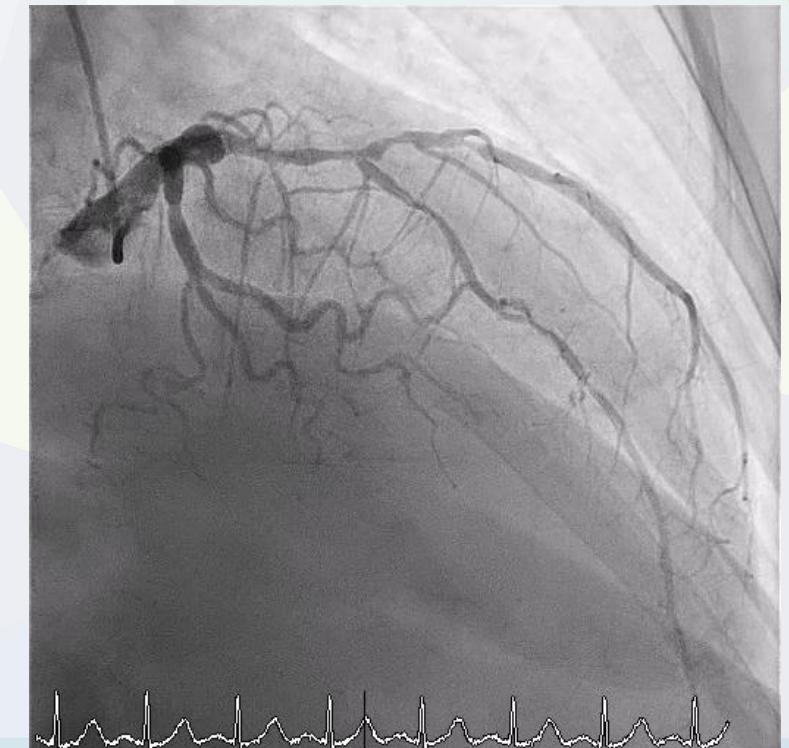
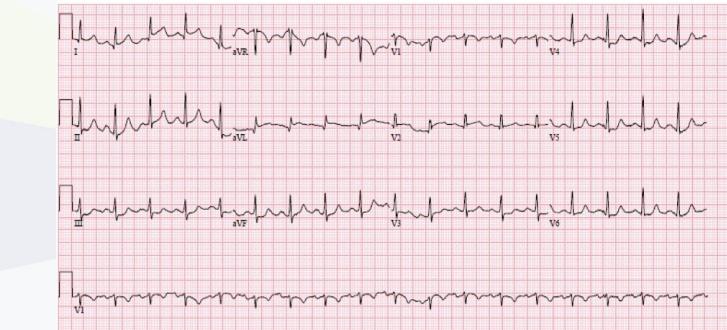
¿Qué tengo claro?

- No quiero “stentar” toda la DA
- DA media: Tratamiento con balón farmacoactivo
- Bifurcación: Stent provisional



¿Qué no tengo claro?

- ¿ Es la rama diagonal la rama secundaria?
- ¿Quiero “enjaular” la DA?
- ¿Hay “landing zone” sin placa en DA?
- ¿Qué me ha dicho la imagen intracoronaria?
- ¿Trato la lesión culpable con balón farmacoactivo?



¿Qué hacemos?



5, 6 y 7 NOVIEMBRE
HOTEL RIU PLAZA DE ESPAÑA

• ¿HAY ALTERNATIVAS? ¿BALÓN FARMACOACTIVO?

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JACC STATE-OF-THE-ART REVIEW

Indications for Use of Drug-Coated Balloons in Coronary Intervention

Academic Research Consortium Position Statement

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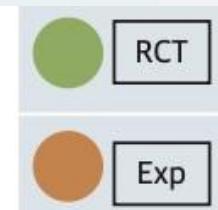
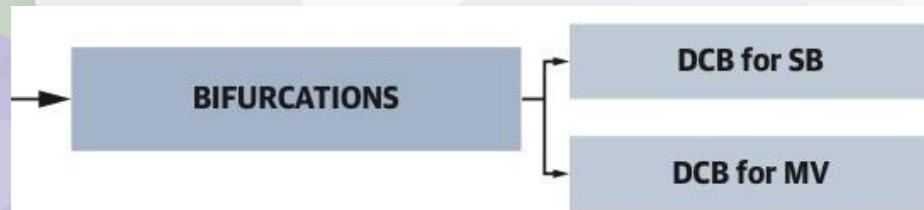
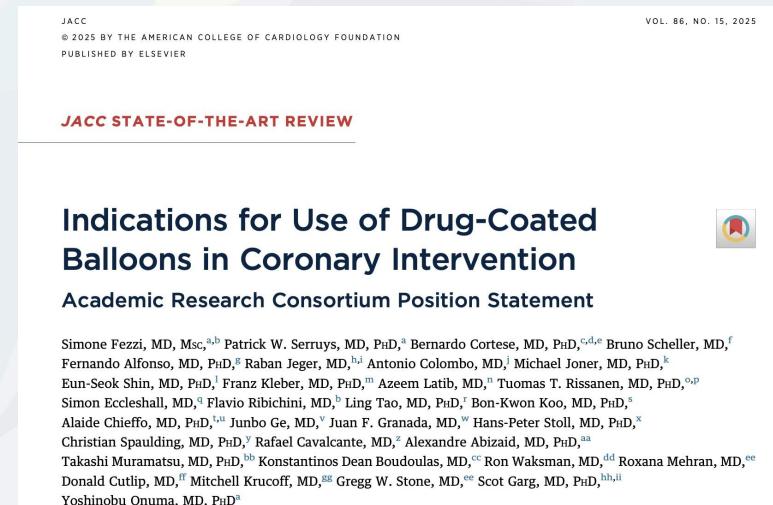
DCB ARC

IAM

 Exp **DCB only or blended approach (DES/DCB) may emerge as an alternative to DES-only to minimize total stent burden (length/n° of stents)**^{9,84}

DUDAS-PREGUNTAS

• ¿HAY ALTERNATIVAS? ¿BALÓN FARMACOACTIVO?



In the context of a **provisional blended DES/DCB approach**, the use of a DCB for SB treatment should be considered, as it is supported by both clinical and angiographic data from RCT¹¹²⁻¹¹⁴

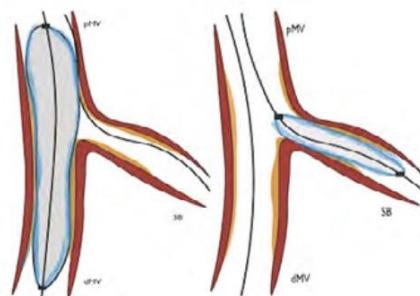
DCB only strategy is feasible and safe in case of MEDINA 0-X-X lesions

DUDAS-PREGUNTAS

• ¿HAY ALTERNATIVAS? ¿BALÓN FARMACOACTIVO?

Drug-coated balloons for coronary bifurcation lesions: techniques, advantages, pitfalls, and state-of-the-art.

LEAVE NOTHING BEHIND



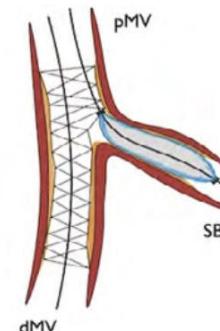
Advantages

- Efficient and sustained drug delivery
- No polymers or permanent implants
- Preserves vessel geometry and SB access
- DAPT de-escalation

Avoid DCB KBI

- Suboptimal delivery of the drug
- Proximal interaction of the two balloons
- Higher risk of dissection

BLENDED in the PROVISIONAL pathway



Advantages

- ↑ use of provisional vs 2-stent strategy
- ↓ stent burden
- Avoids issues related to polymer and strut crushing
- Allows SB late lumen enlargement

DCB to the SB after DES implantation

- Suboptimal drug delivery due to strut interference
- Limited deliverability in jailed SB

WHAT DO WE KNOW?

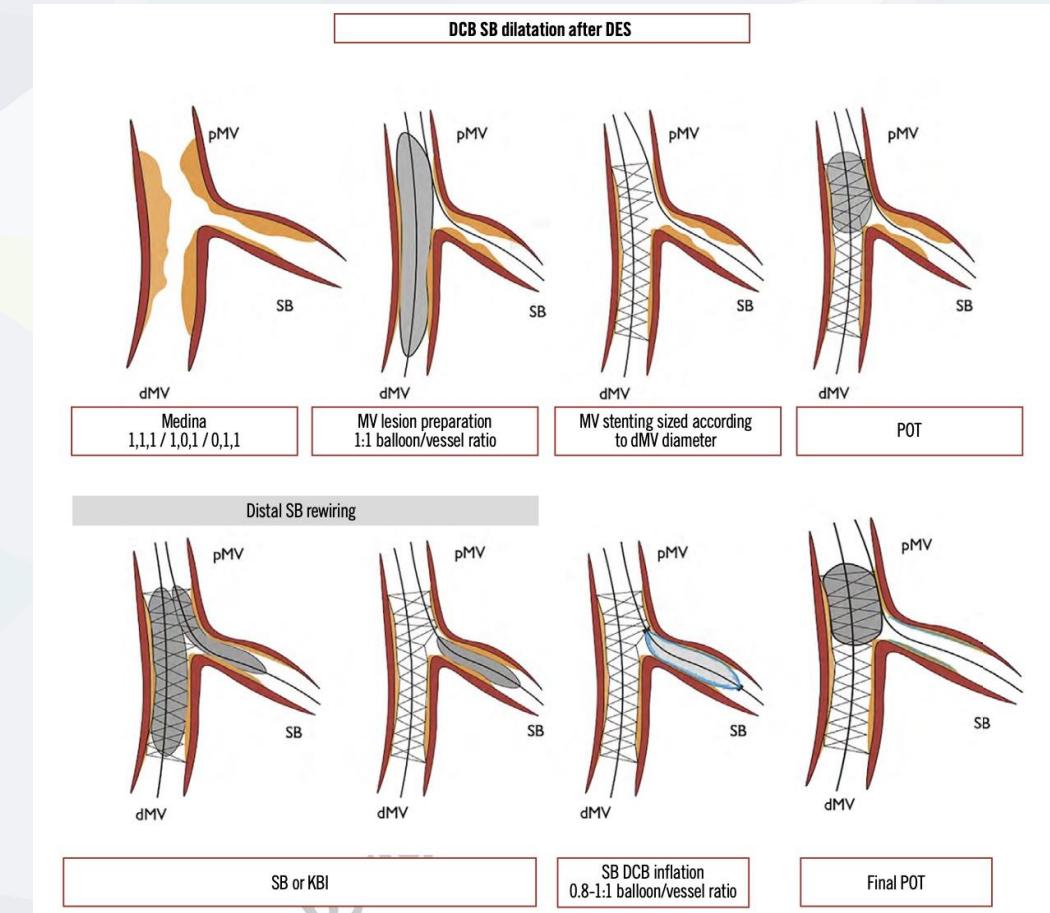
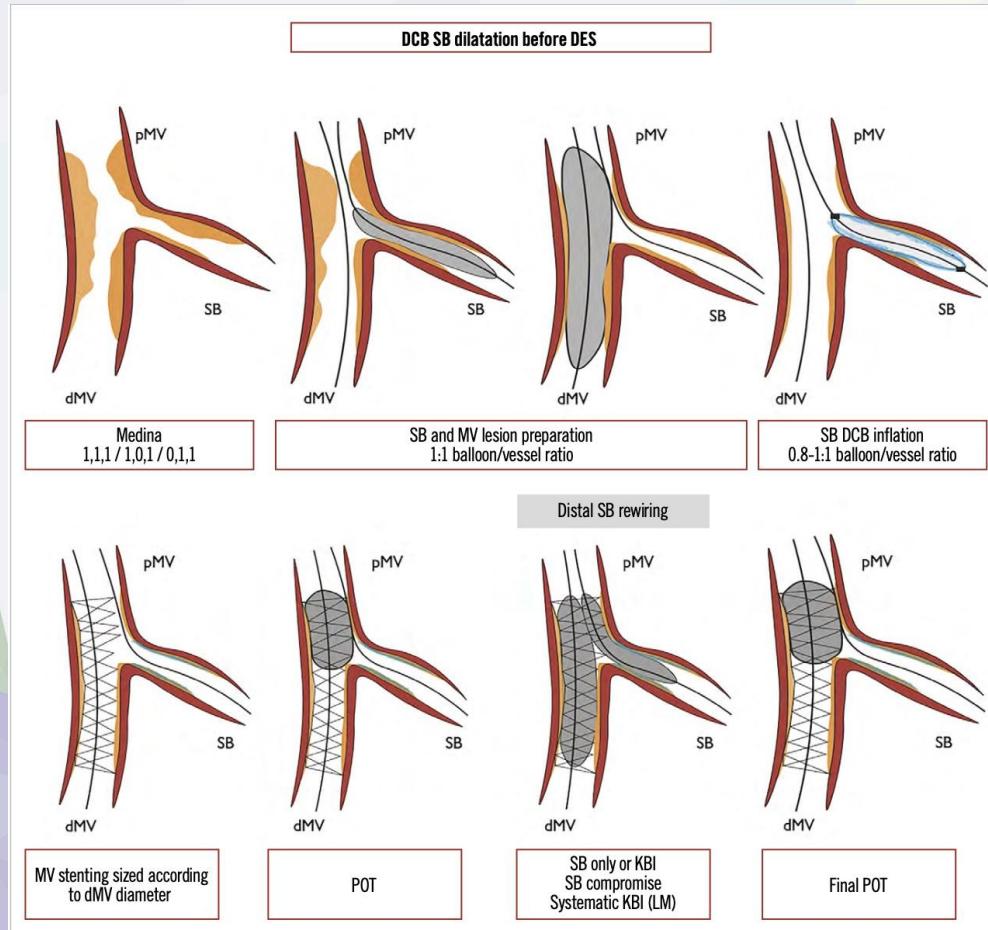
- DCB for SB treatment seems to be reasonable and supported by clinical and angiographic data and RCTs
- The use of PCB + BMS is inferior to new-generation DES
- The use of PCB + DES showed promising results in real-world registries
- “DCB-only strategy” is feasible and safe in case of Medina 0,X,X lesions

MORE DATA NEEDED

- RCTs used different study protocols, methods, and devices
- RCTs were relatively small, with no routine POT and a low KBI rate

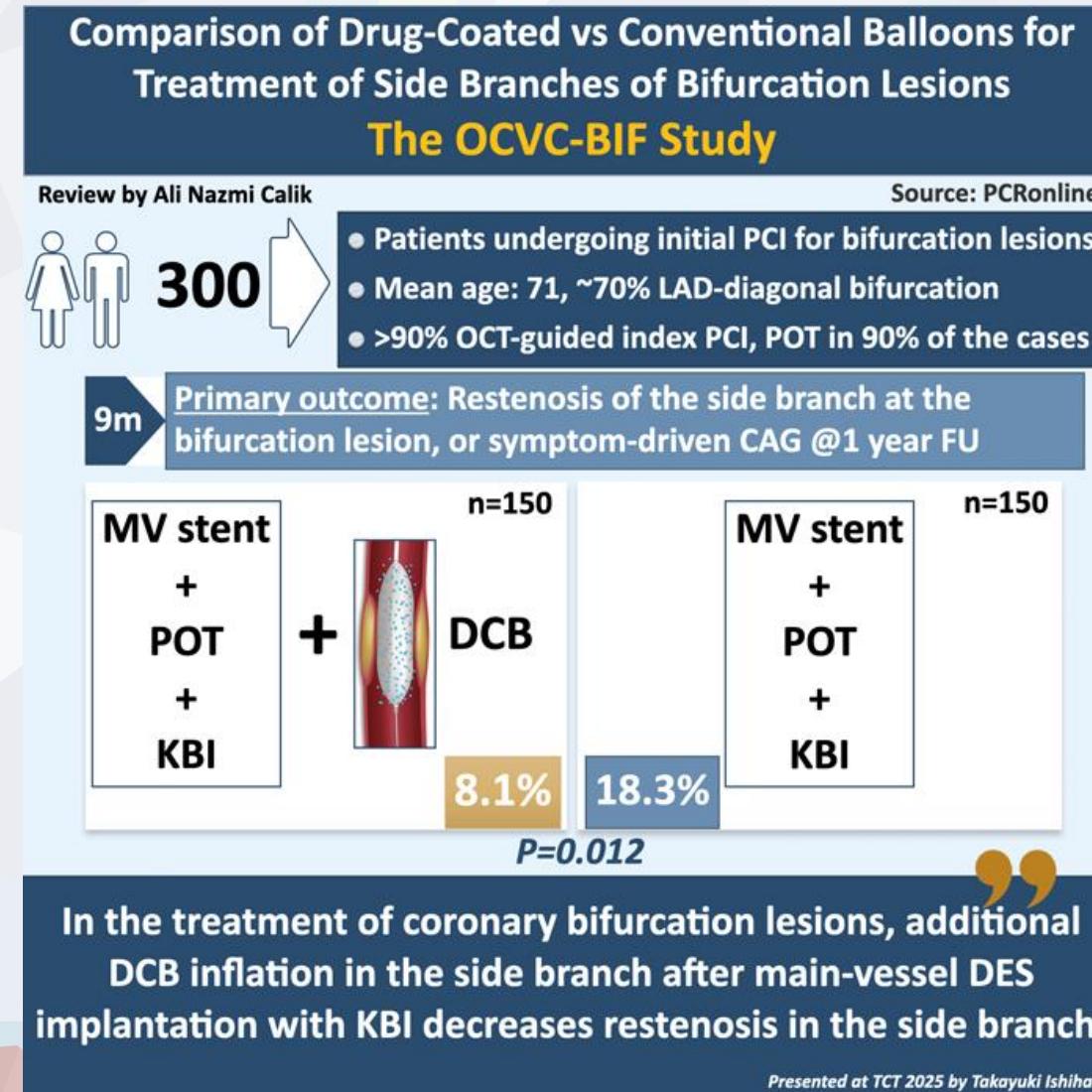
DUDAS-PREGUNTAS

• ¿HAY ALTERNATIVAS? ¿BALÓN FARMACOACTIVO?



DUDAS-PREGUNTAS

• ¿HAY ALTERNATIVAS? ¿BALÓN FARMACOACTIVO?



DUDAS-PREGUNTAS

• ¿HAY ALTERNATIVAS? ¿BALÓN FARMACOACTIVO?

PROBLEM

Coronary bifurcation lesions:
A challenge in percutaneous coronary intervention (PCI)

DCB
Scaffold-free approach

DES
Permanent metallic implant

KEY OUTCOMES COMPARISON

	MACE	TLR
DCB	52%	65%
DES		

DCB significantly reduces the risk of MACE (OR 0.48; 95% CI: 0.27–0.86). Lower TLR rates with DCB (OR 0.38; 95% CI: 0.35–0.68).

LATE LUMEN LOSS

0.14 mm
DCB

0.42 mm
DES

Reduced late lumen loss with DCB

CONCLUSIONS

DCB: A safe and effective alternative to DES for side branch lesions

ADVANTAGES OF DCB

1. Preservation of vascular anatomy
2. Reduced need for prolonged dual antiplatelet therapy
3. No permanent metallic implant

Data Summary:
Systematic review of 5 studies including 898 patients

DCB VS DES
SYSTEMATIC REVIEW IN CORONARY BIFURCATIONS

¿Qué hago?


 HOSPITAL
UNIVERSITARIO

Virgen del Rocío

CENTRAL ILLUSTRATION DCB Academic Research Consortium Indications for Use of DCBs in Coronary Intervention: A Step-by-Step Approach for the DCB-Only Strategy



OPTIMAL LESION PREPARATION BEFORE DCB

 Standard balloon (SC, NC) 1:1 sized on distal RVD⁹

Exp

 Long inflations (>30 sec) are recommended^{134,135}

Exp

 Specialty balloons (scoring, cutting) are recommended to improve lesion preparation and decrease the risk of flow-limiting dissections^{133,136}

RCT

 Intravascular imaging is encouraged for more precise assessment of vessel size and calibrated DCB selection, plaque composition and morphology^{25,85}

RCT

- IVI may lead to superior angiographic outcomes after DCB-only PCI⁸⁵

 Calcium debulking (IVL, RA, OA) is recommended in case of moderate-to-severe calcification^{98,99}

Exp

ACCEPTABLE RESULT FOLLOWING LESION PREPARATION

ANGIOGRAPHY

INTRAVASCULAR IMAGING

RESIDUAL STENOSIS

 Visual estimation⁹ ≤30% Exp

 Media dissections may facilitate drug transfer to the vessel wall⁷⁵

Exp

 QCA^{*},^{12,13} Optimal ≤25% Exp

No evidence-based IVI criteria is currently established for DCB optimization

Exp

Suboptimal 25-40%

NON FLOW-LIMITING DISSECTIONS Exp

- TIMI 3 flow
- No ECG changes
- No chest pain

CORONARY PHYSIOLOGY (FFR/QFR/NHPR)

No evidence-based threshold is currently available

- Pd/Pa > 0.90¹³⁷
- QFR/FFR > 0.80⁹

Exp

DCB

SHORT DELIVERY TIME
<2 minutes⁹

LONG INFLATION TIME
≥60 seconds^{134,135}

Exp

YES

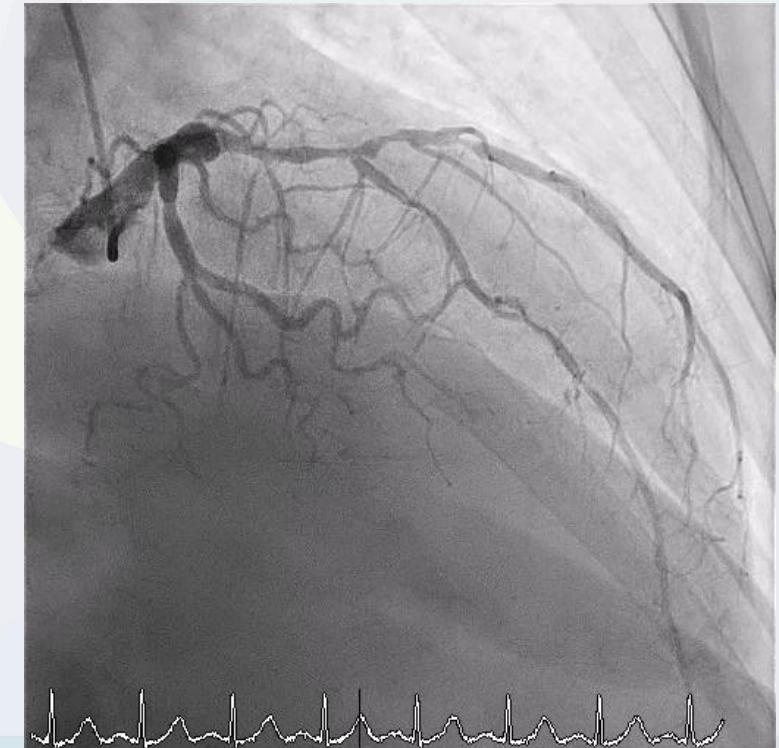
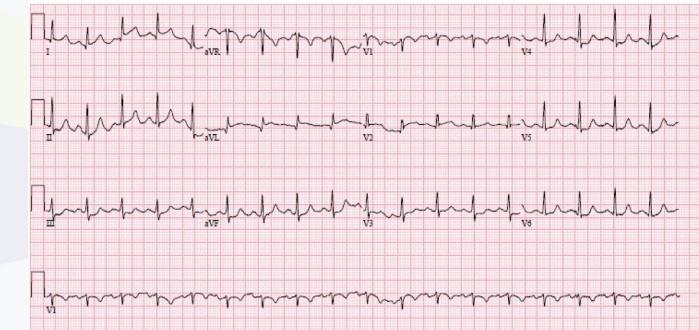
NO

BAIL-OUT DES

FURTHER LESION PREPARATION

¿Qué hago?

- Predilatar 1:1 con balón NC/scoring/cutting ambas ramas
- Imagen intracoronaria
- Balón farmacoactivo a diagonal (previo a stent)
- Stent farmacoactivo a DA
- POT
- Si compromiso ostium rama diagonal
 - “Kissing-balloon”
 - Re-POT
- Imagen intracoronaria



¡Gracias!



APRENDE DE UN CASO: BIFURCACIÓN: CÓMO LO HICIMOS

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Universidad de Zaragoza



CORONARY AND STRUCTURAL CONGRESS
CONGRESO CORONARIO Y ESTRUCTURAL

MADRID

5, 6 y 7 NOVIEMBRE
HOTEL RIU PLAZA DE ESPAÑA

CÓMO LO HICIMOS

- 2 STENTS

Provisional vs 2 stents

EBC: "STEPWISE" PROVISIONAL STENTING

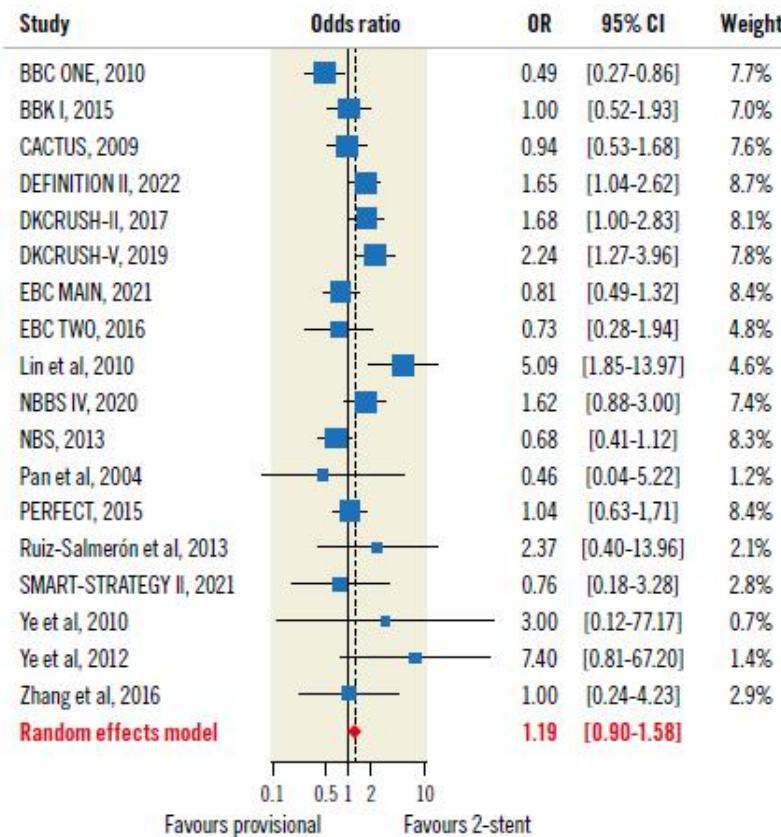
- keep the procedure as simple as possible
- minimise the number of stents needed in a bifurcation lesion
 - only 1 Branch stenotic (Medina X,X,0)
 - low difficulty SB bail-out management

Recommendations	Class ^a	Level ^b
Stent implantation in the main vessel only, followed by provisional balloon angioplasty with or without stenting of the side branch, is recommended for PCI of bifurcation lesions. ^{654–658}	I	A

Provisional vs 2 stents

A

Pairwise meta-analysis of 18 RCTs (5,022 patients)



2 stents vs provisional: NO ↓
TLF/MACE

BIFURCACIONES “TRUE”
(Medina X,X,1)

&

BIFURCACIONES COMPLEJAS
CRITERIOS DEFINITION

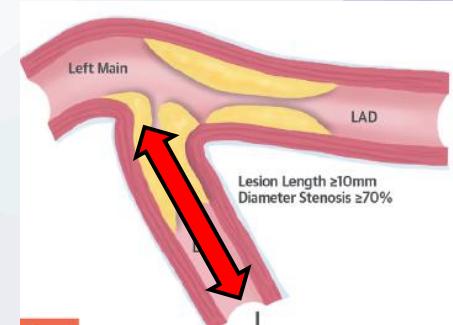


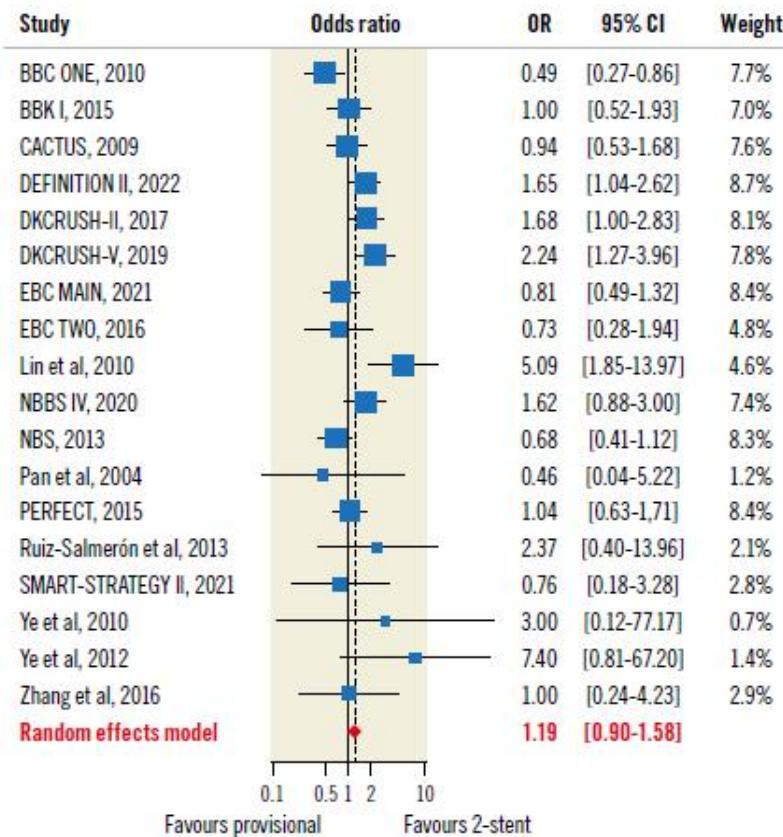
TABLE 3 Independent Factors of Major Adverse Cardiac Events at 1 Year After Stenting by Regression Analysis of 1,500

	p Value	HR (95% CI)
Major 1: Distal LM bifurcation: SB-DS $\geq 70\%$ and SB lesion length ≥ 10 mm	<0.001	55.2 (1.005-79.437)
Major 2: Non-LM bifurcation: SB-DS $\geq 90\%$ and SB lesion length ≥ 10 mm	<0.001	66.3 (2.708-98.184)
Minor 1: Moderate to severe calcification	0.002	38.7 (24.516-72.695)
Minor 2: Multiple lesions	0.007	26.8 (4.322-57.004)
Minor 3: Bifurcation angle <45°	0.004	14.1 (9.245-18.018)
Minor 4: Main vessel RVD <2.5 mm	0.010	9.4 (7.556-14.814)
Minor 5: Thrombus-containing lesions	0.002	27.2 (4.662-78.301)
Minor 6: MV lesion length ≥ 25 mm	0.010	6.9 (3.879-12.398)

Provisional vs 2 stents

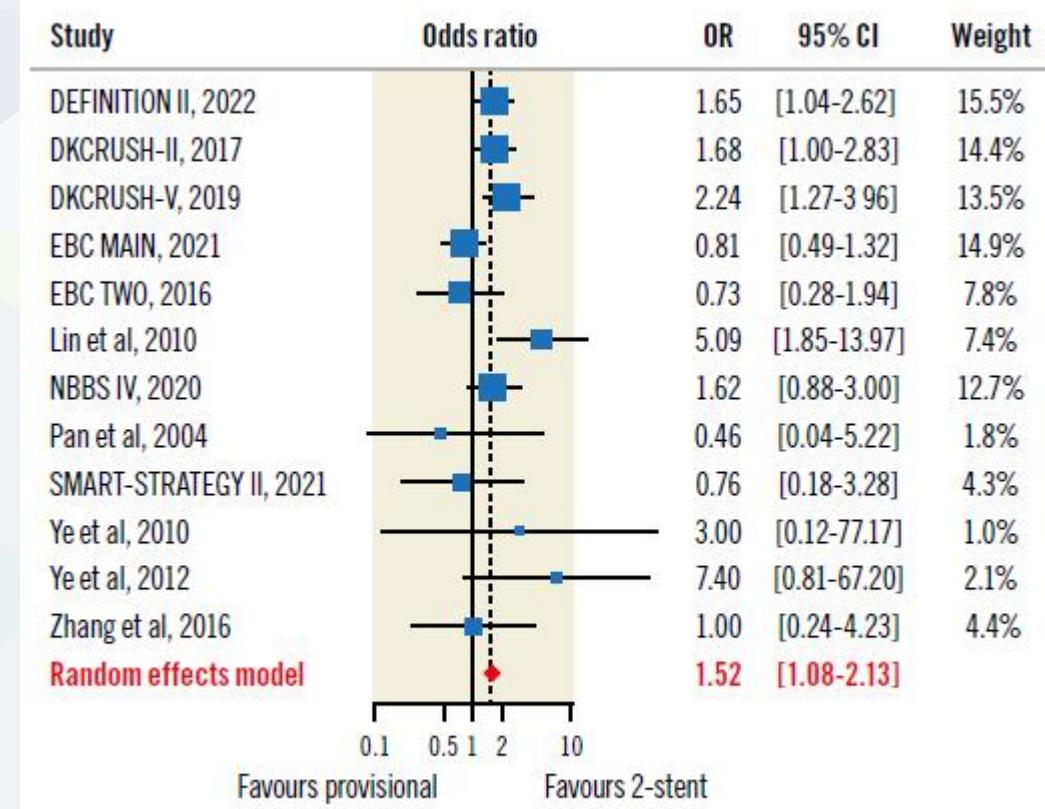
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Pairwise meta-analysis of 18 RCTs (5,022 patients)



2 stents vs provisional: NO ↓
TLF/MACE

Sensitivity analysis of true bifurcations (3,082 patients)



Het Test
2 stents vs provisional: ↓ TLF/MACE

CÓMO LO HICIMOS

- 2 STENTS
- **ICP COMPLEJA: esperemos a mejorar FEVI**

CÓMO LO HICIMOS

- 2 STENTS
- ICP COMPLEJA: esperemos a mejorar FEVI
- **FEMORAL 7F**

CÓMO LO HICIMOS

- 2 STENTS
- ICP COMPLEJA: esperemos a mejorar FEVI
- FEMORAL 7F
- **IMAGEN INTRACORONARIA: mandatoria**

Imagen intracoronaria

Intracoronary imaging guidance by IVUS or OCT is recommended when performing PCI on anatomically complex lesions, in particular left main stem, true bifurcations, and long lesions.

866,337,810,840,841

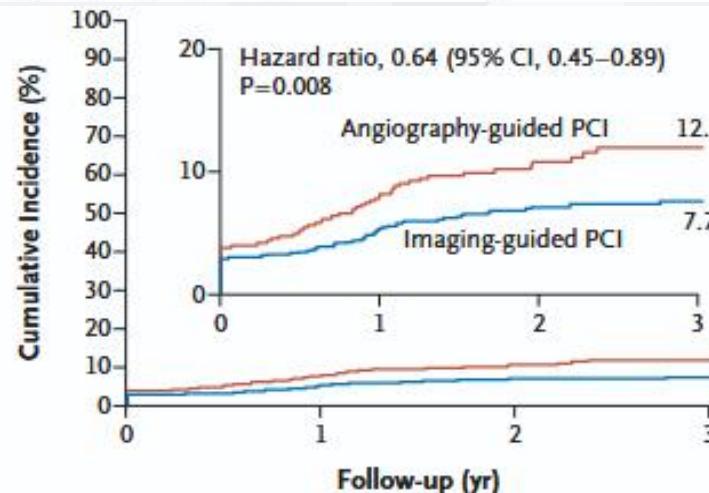
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The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Intravascular Imaging-Guided or Angiography-Guided Complex PCI

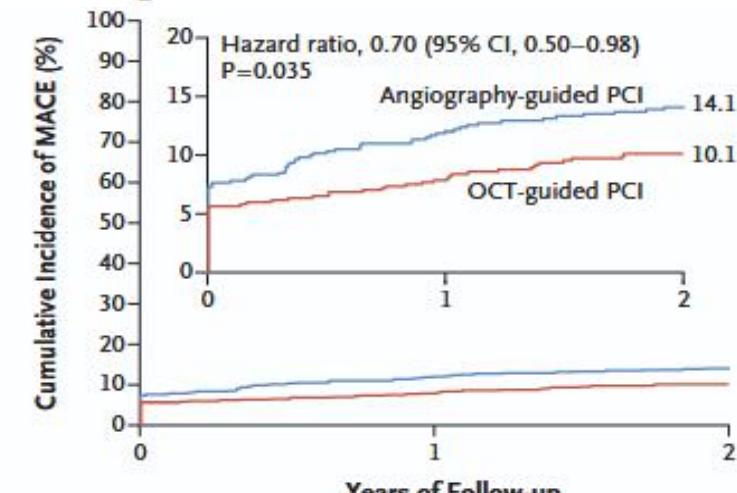


No. at Risk			
Angiography-guided PCI	547	496	280
Imaging-guided PCI	1092	1023	591

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

OCT or Angiography Guidance for PCI in Complex Bifurcation Lesions



No. at Risk			
Angiography-guided PCI	601	509	408
OCT-guided PCI	600	537	439

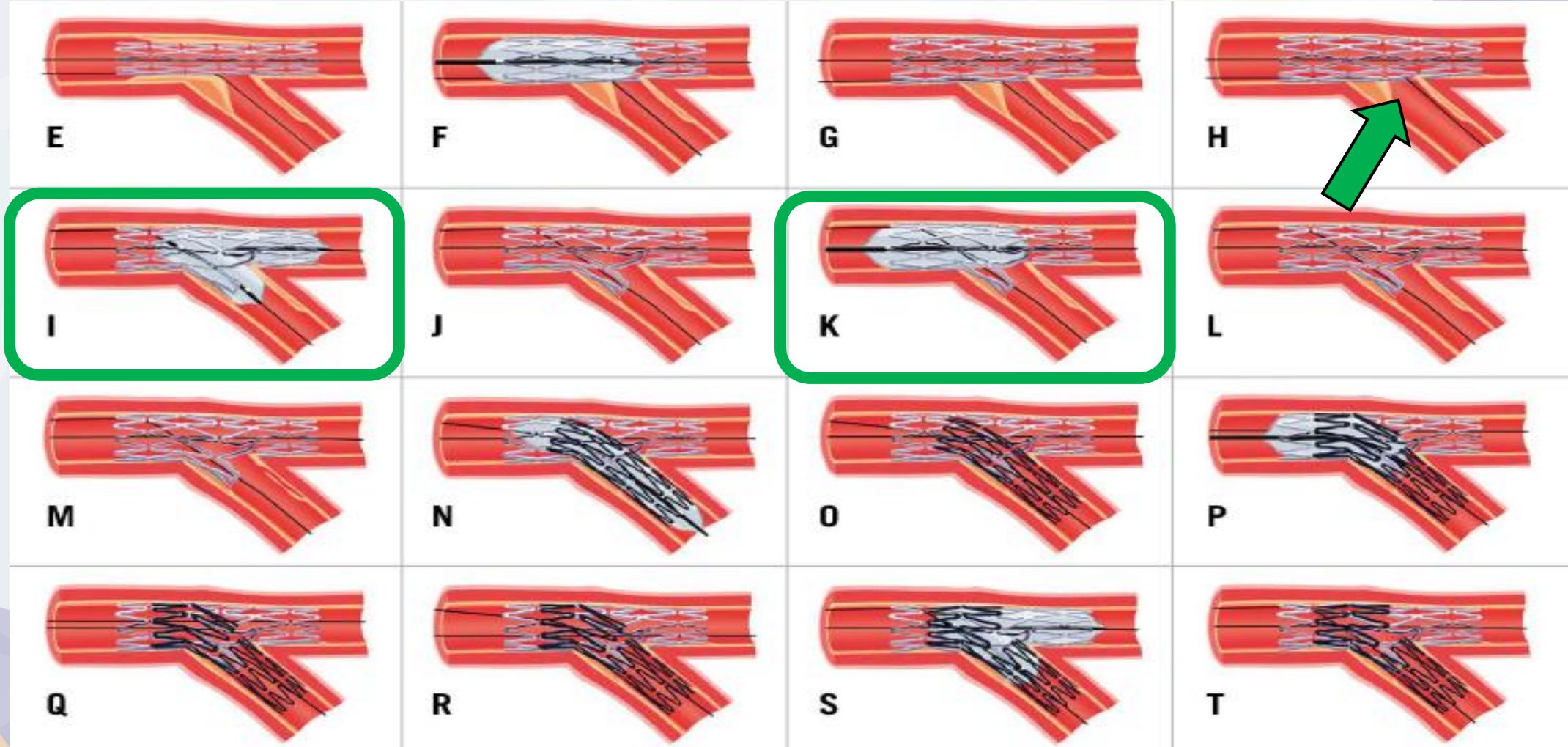
CÓMO LO HICIMOS

- 2 STENTS
- ICP COMPLEJA: esperemos a mejorar FEVI
- FEMORAL 7F
- IMAGEN INTRACORONARIA: mandatoria
- **DK-CULOTTE reverso**

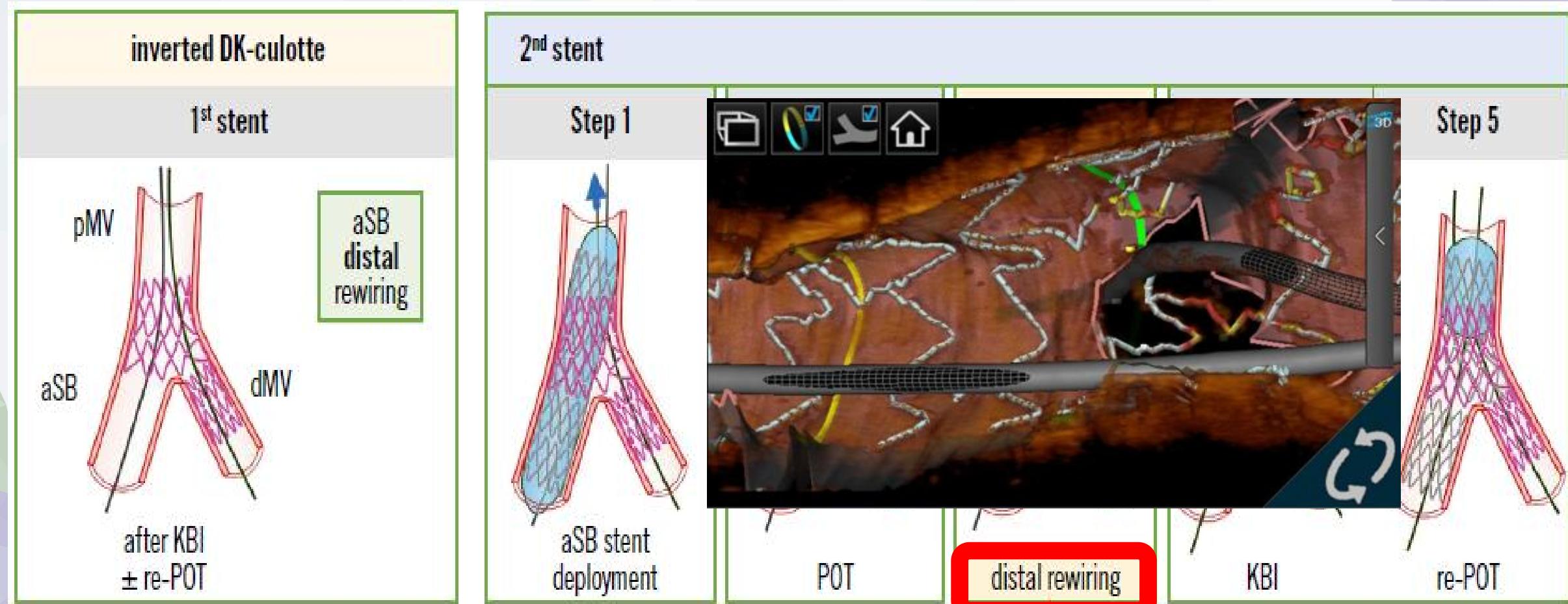
CÓMO LO HICIMOS

- 2 STENTS
- ICP COMPLEJA: esperemos a mejorar FEVI
- FEMORAL 7F
- IMAGEN INTRACORONARIA: mandatoria
- **DK-CULOTTE reverso**
 - Adecuada cobertura bifurcación: neo-carina metálica mínima
 - Evita 3 capas de metal en bifurcación
 - De elección
 - SB difícil visualización / acceso (reverse)
 - Angulaciones extremas
 - Menor exigencia técnica DK-crush

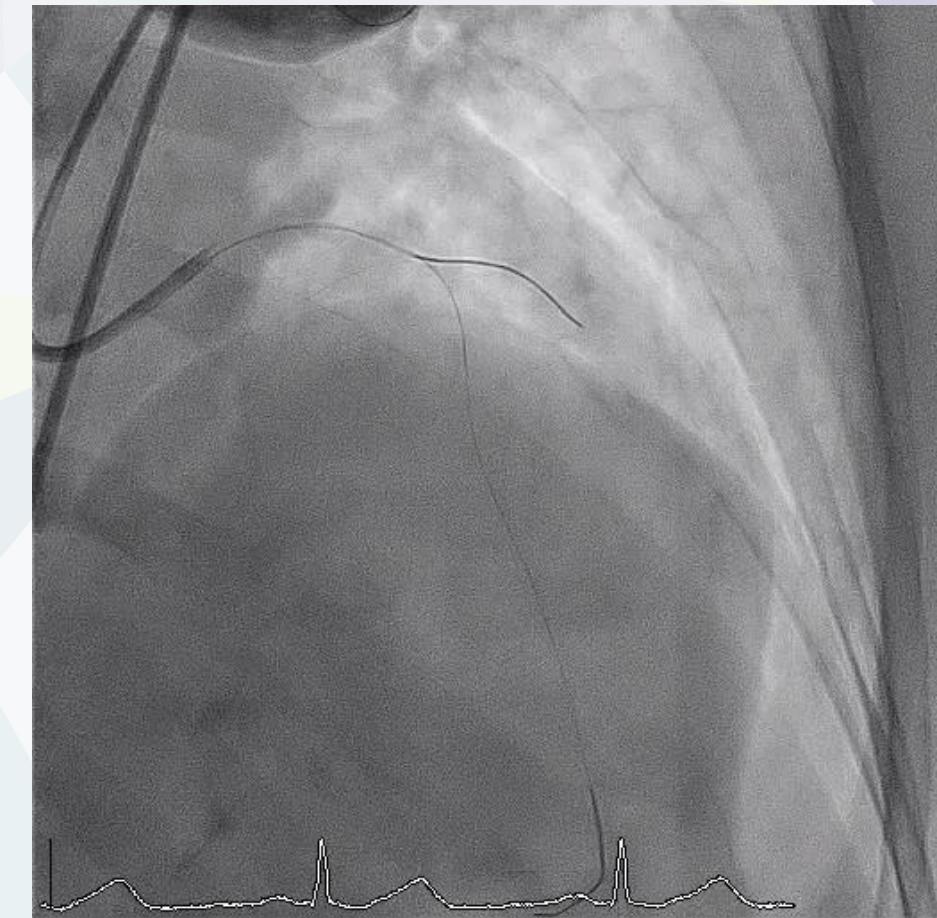
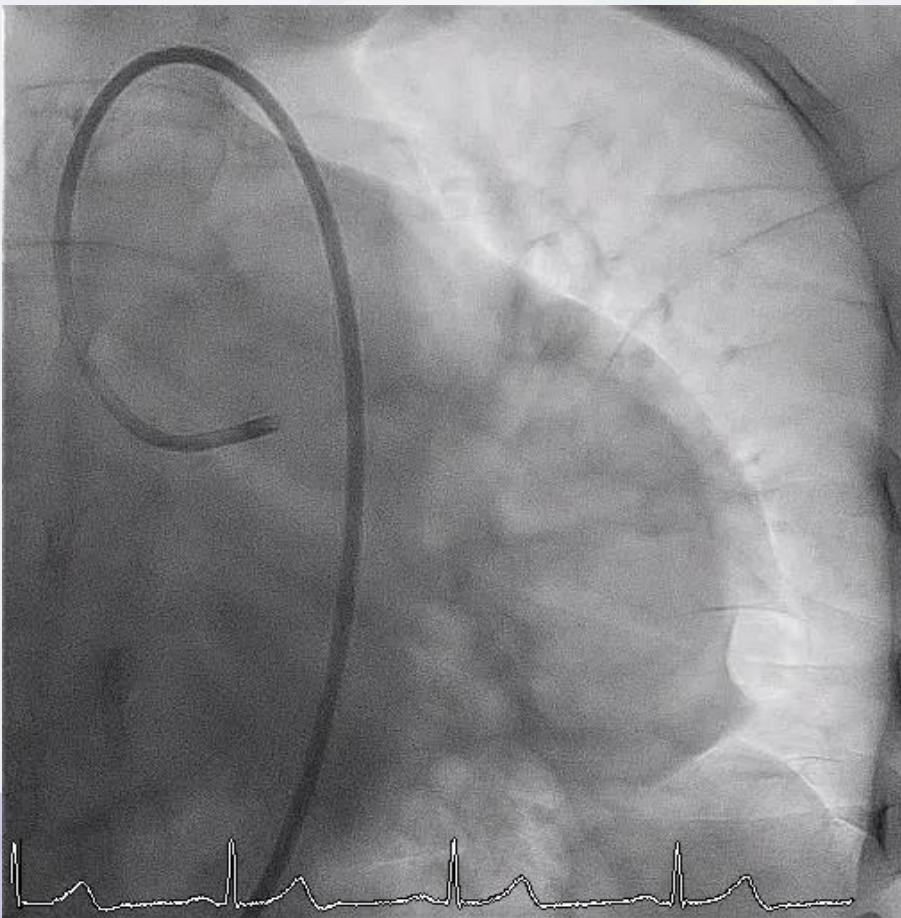
DK-CULOTTE: en qué consiste



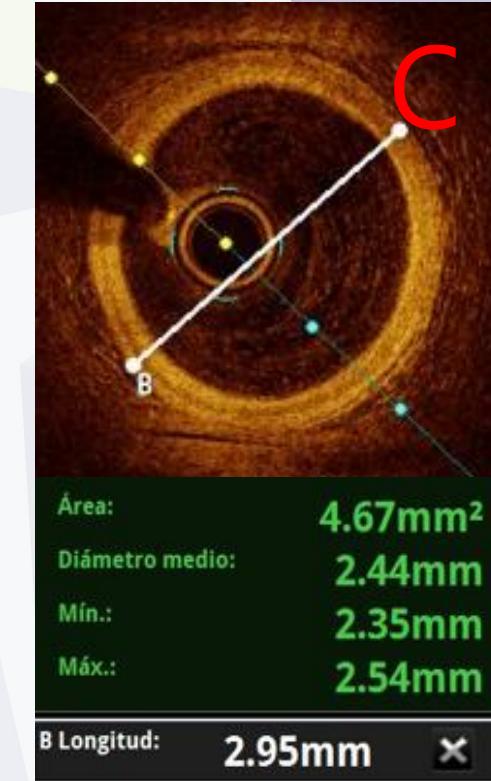
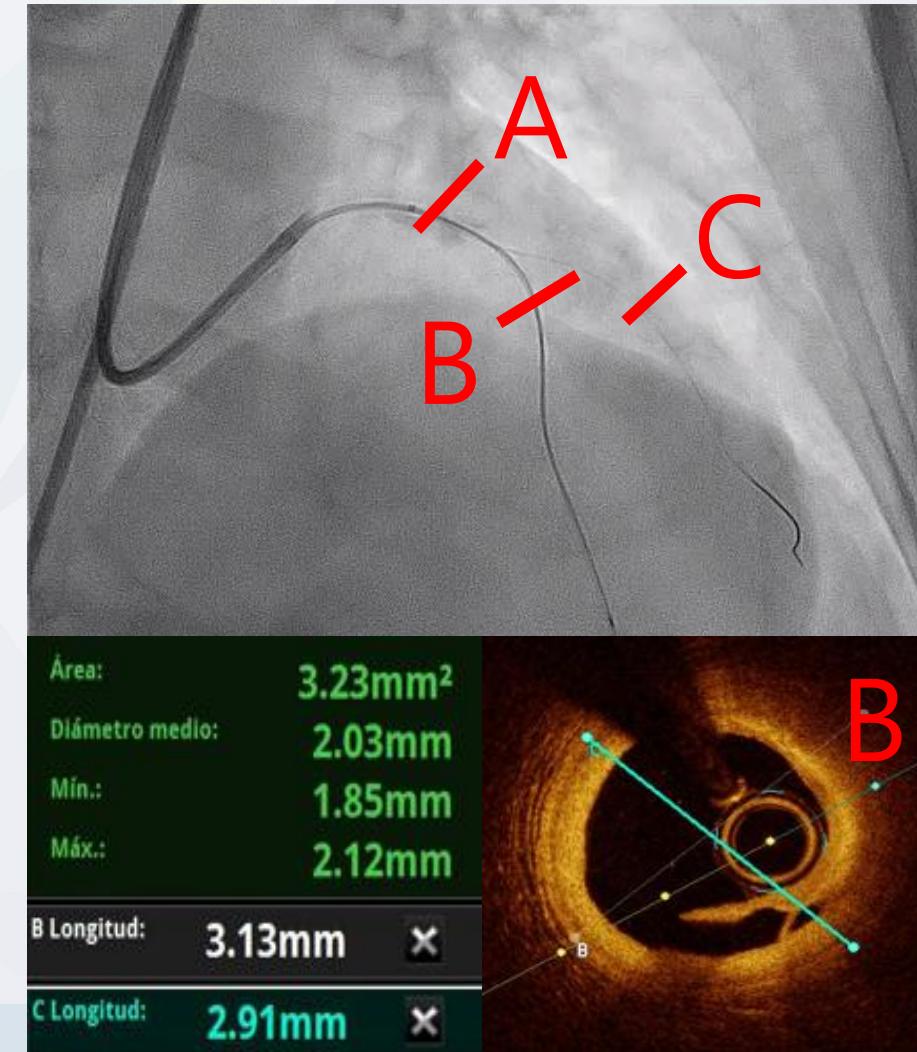
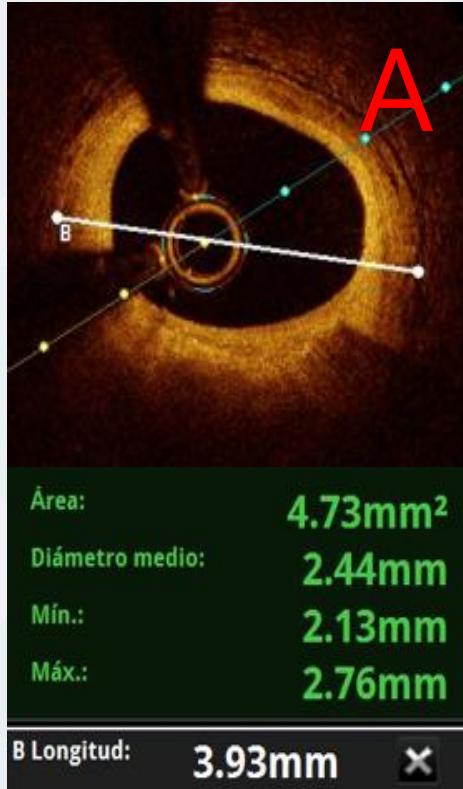
DK-CULOTTE upfront 2 stents (reverse)



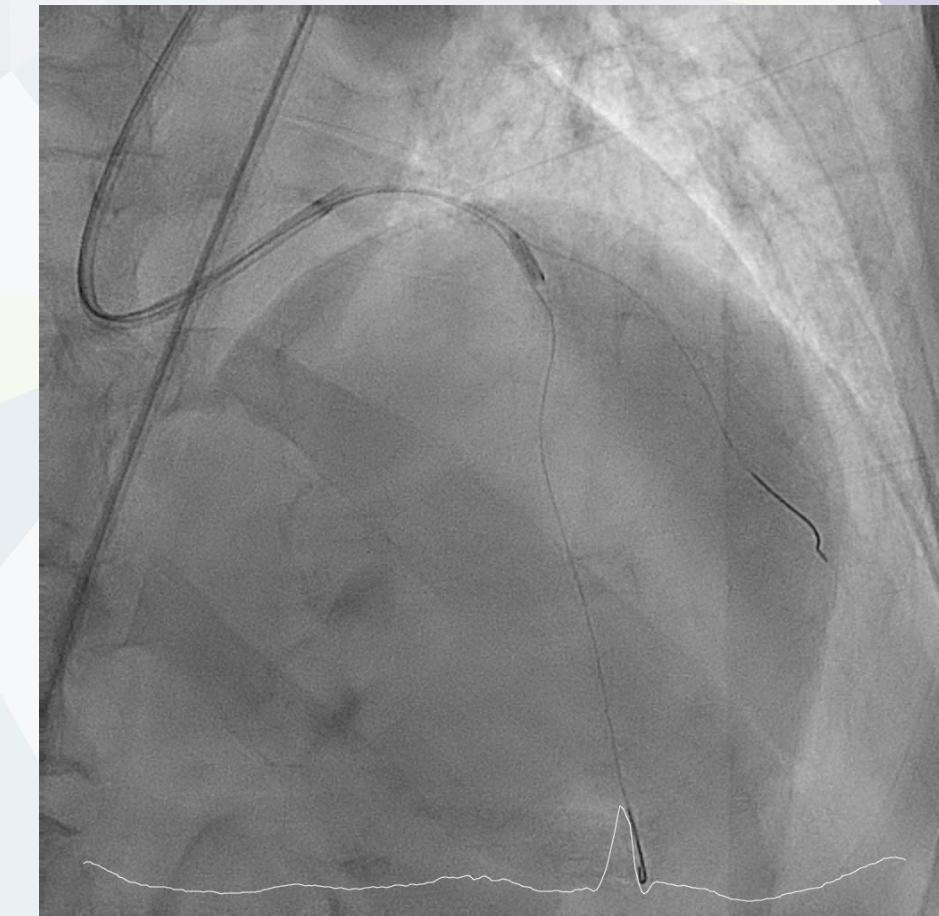
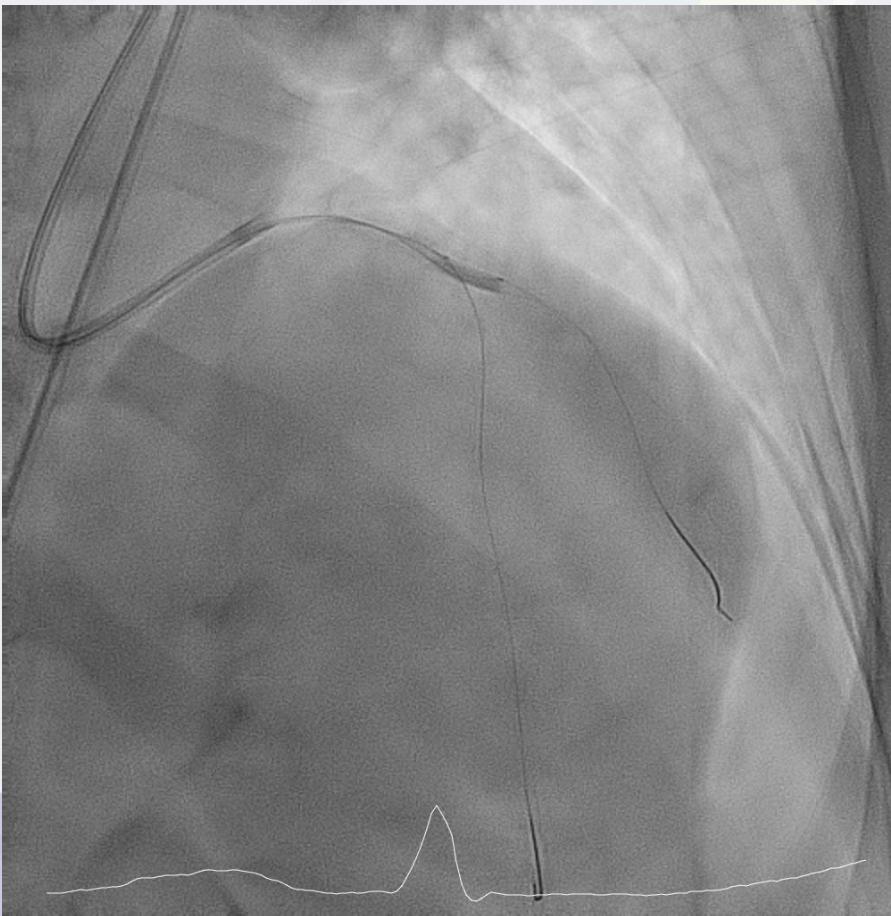
Wiring: lesión DA suboclusiva



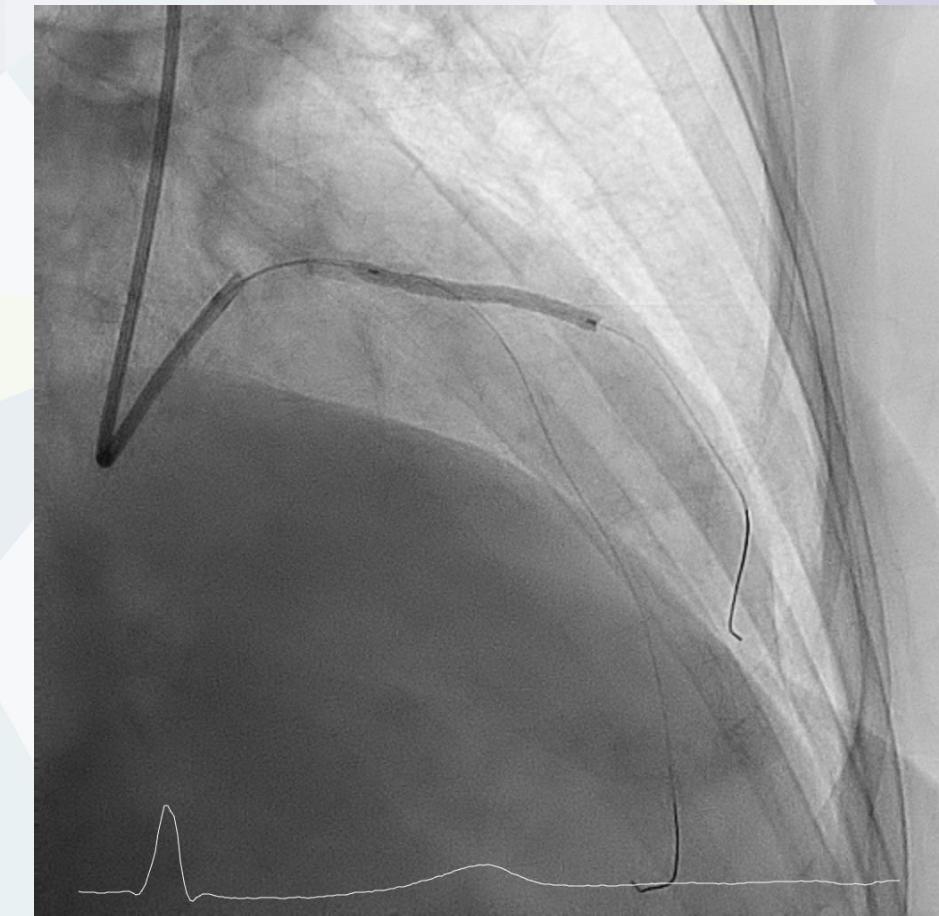
OCT DA y diagonal



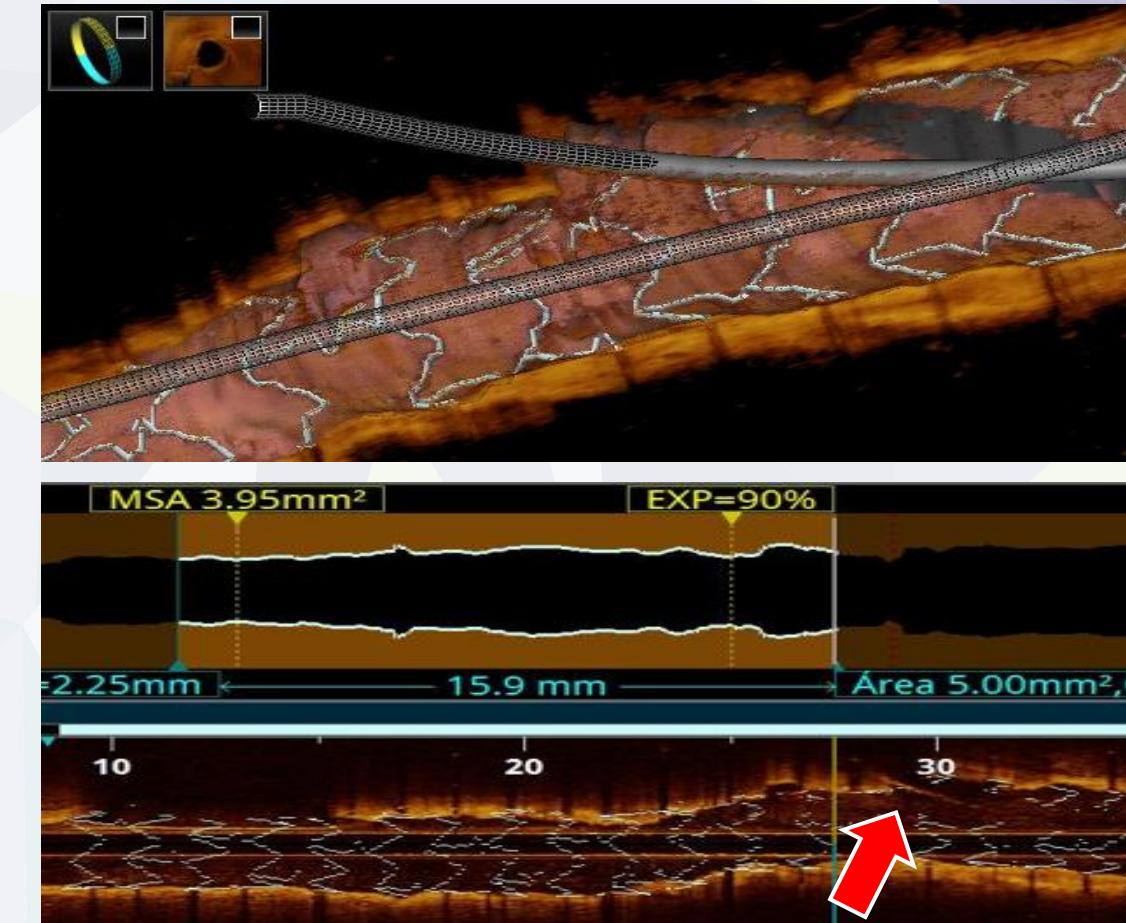
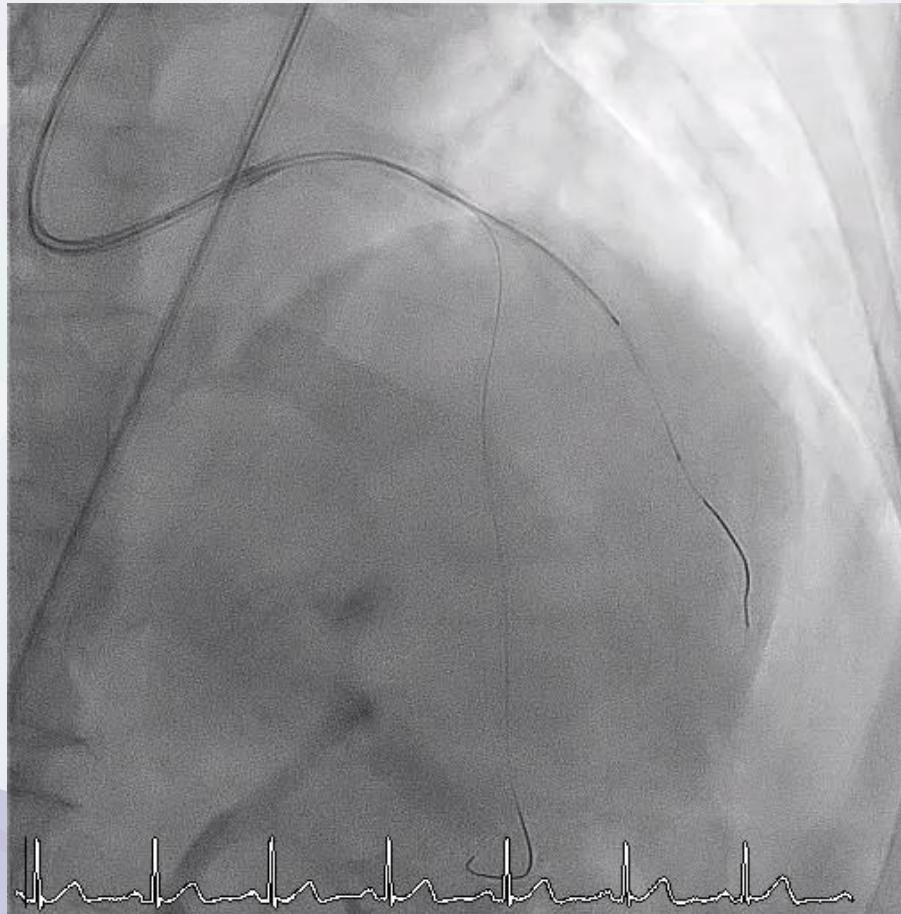
Scoring NC 2.5x12mm ambos ostium



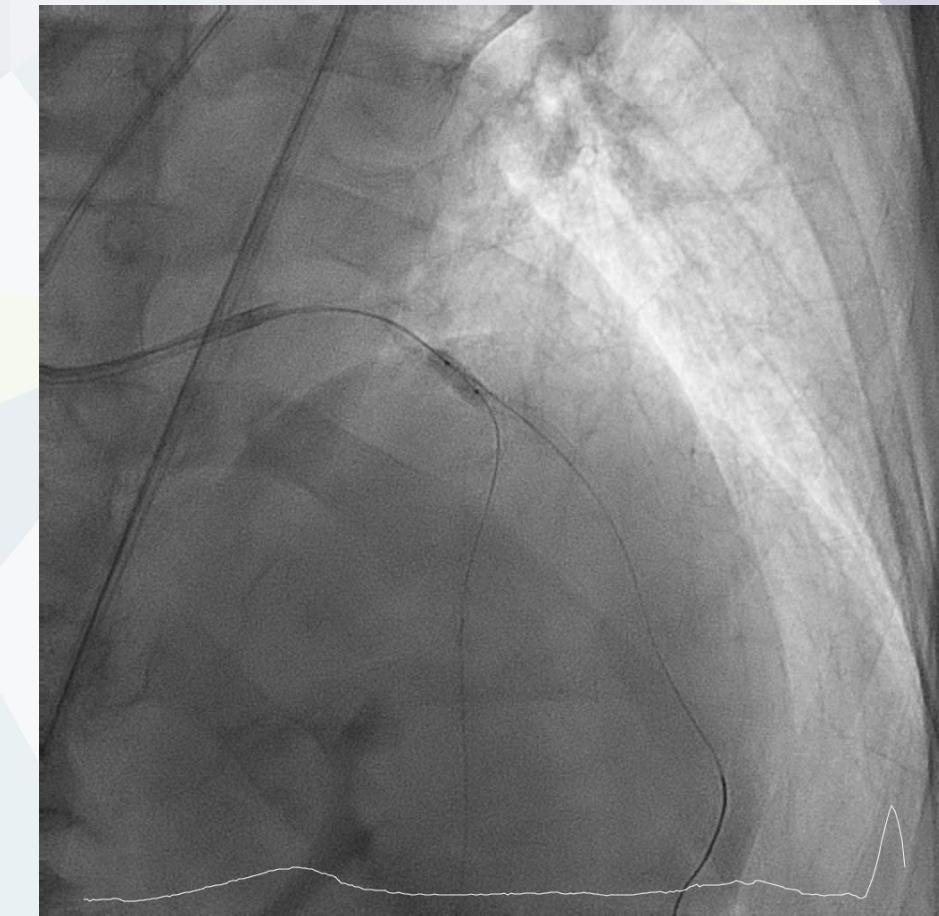
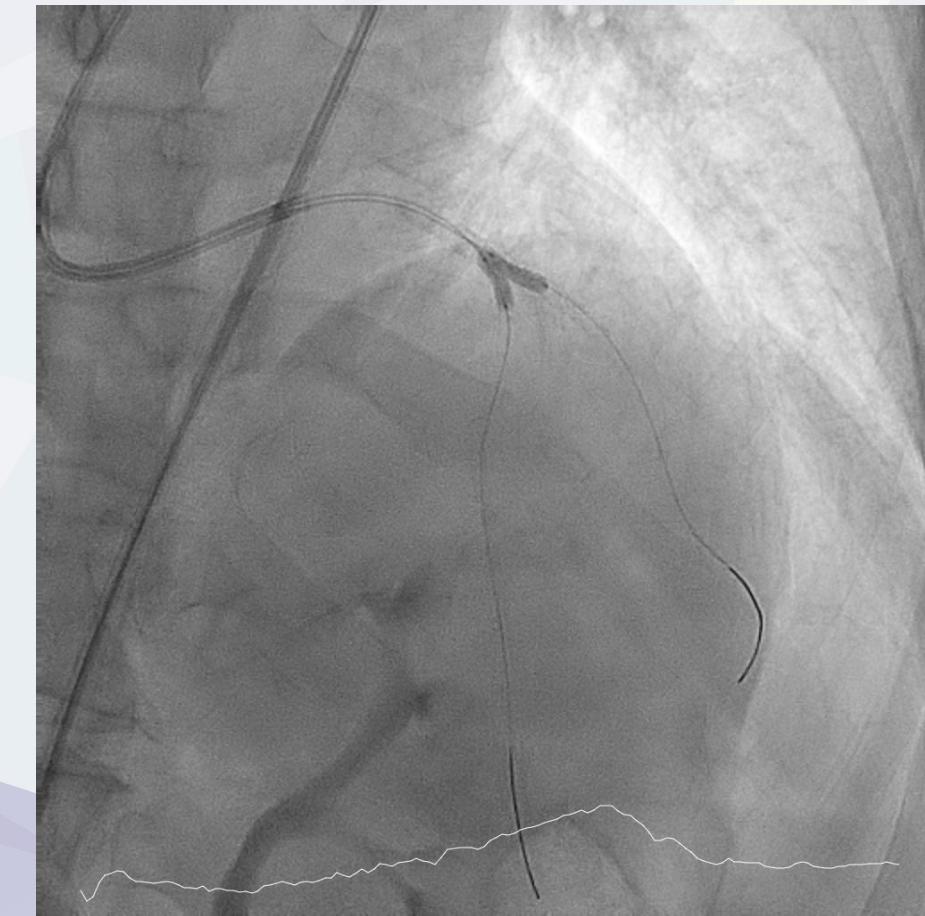
DES 3x33mm DA-diagonal



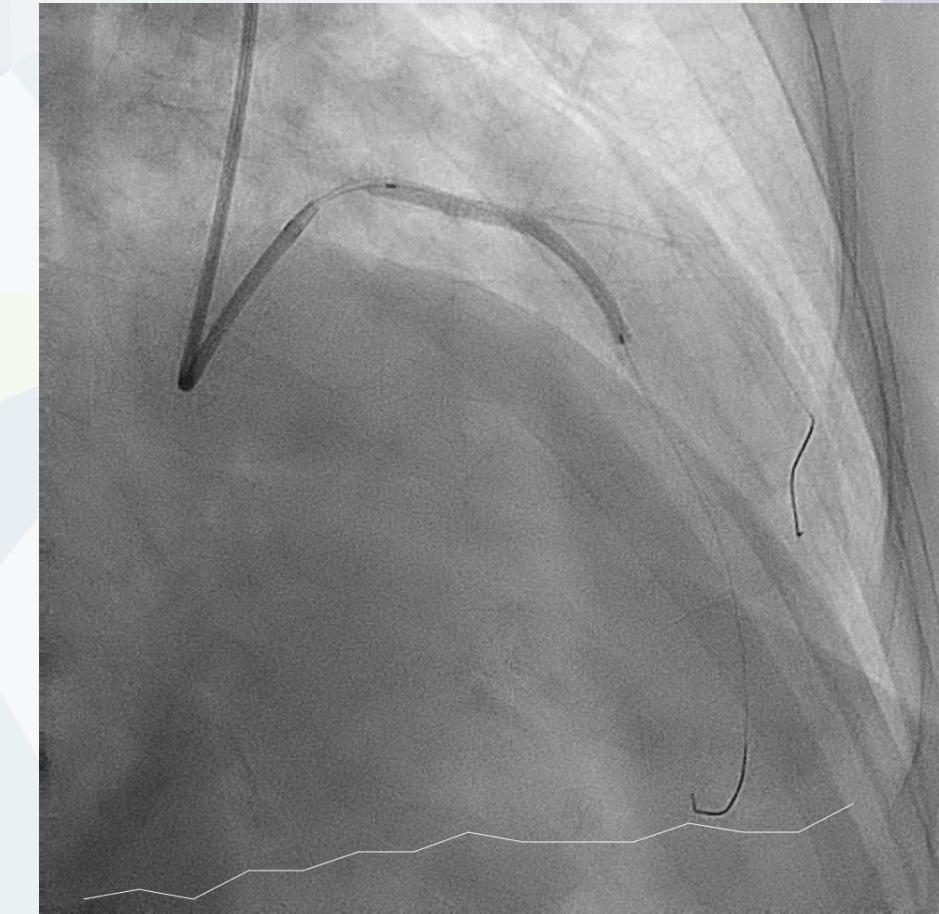
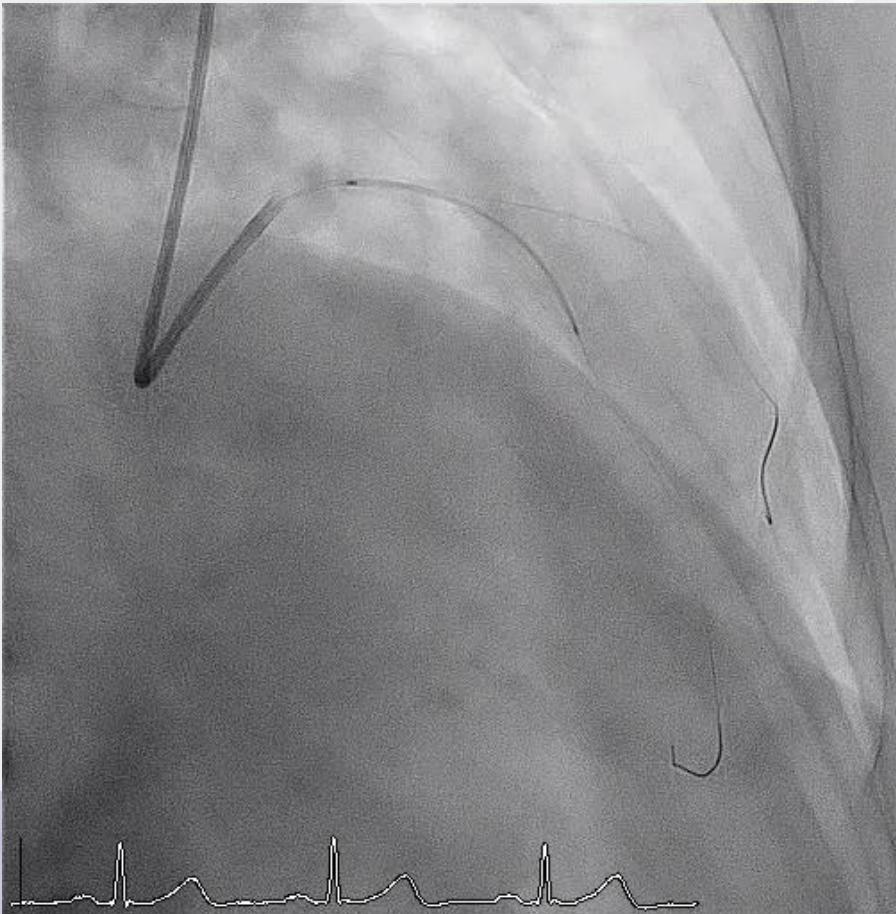
OCT: resultado Diag + recruce distal



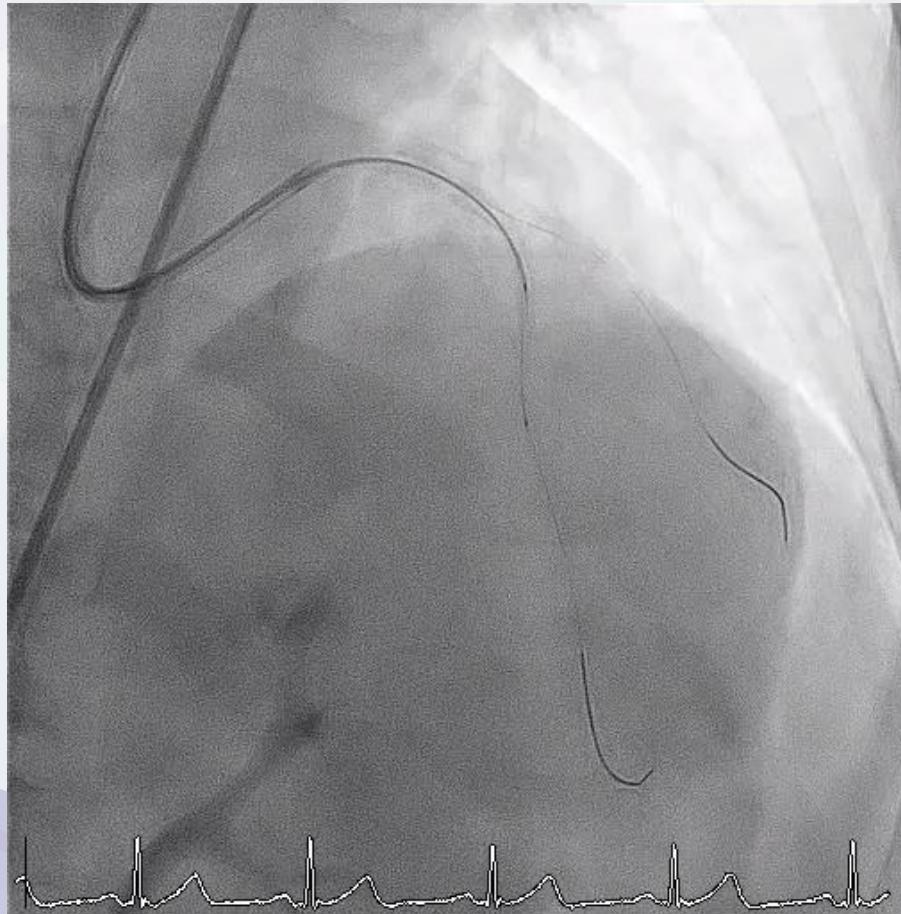
1er Kissing NC 2.75x12 mm+ POT 3.5mm



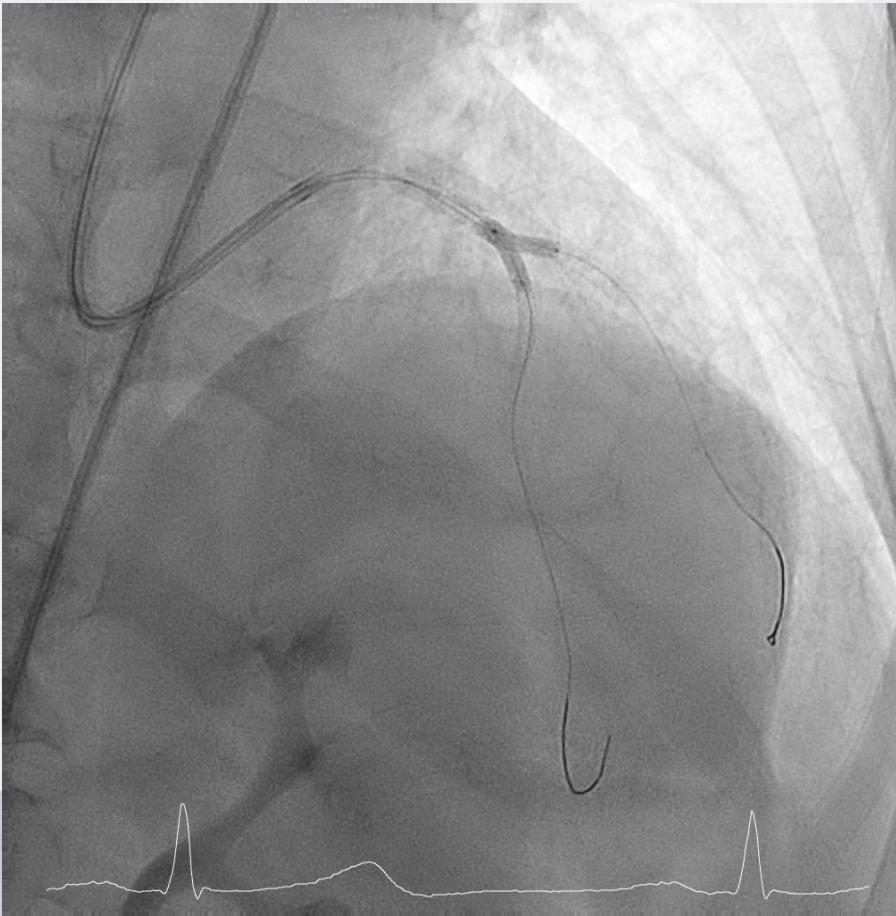
DES 3x48mm DA prox-media



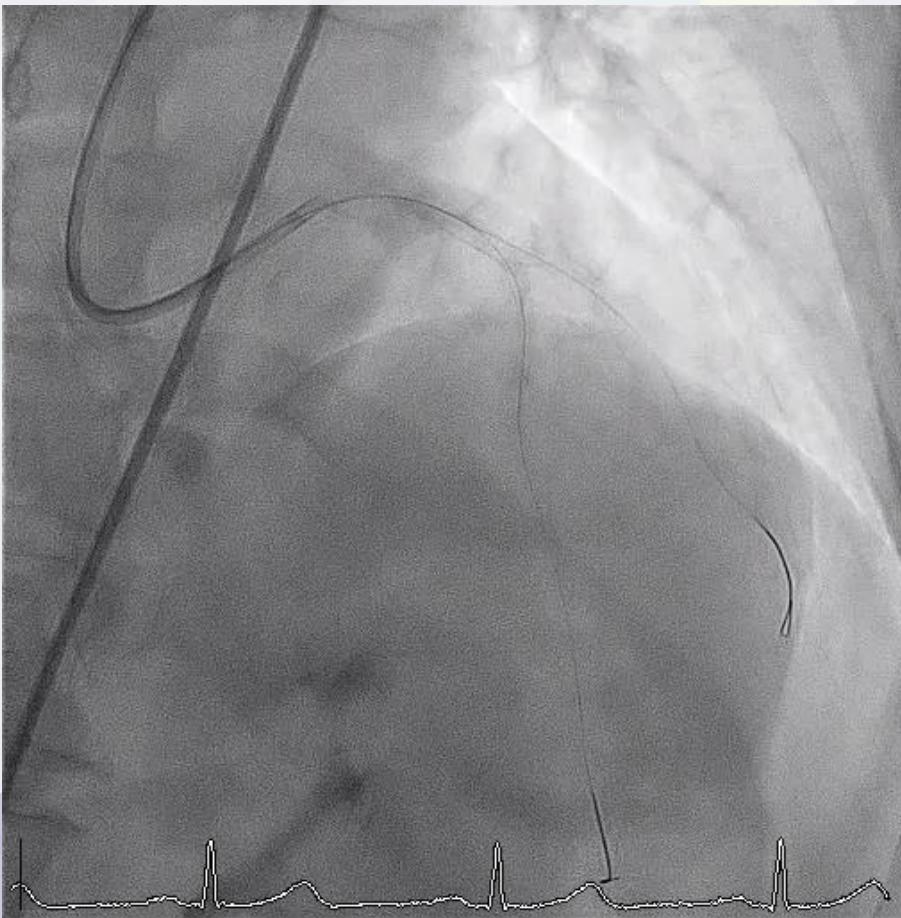
OCT: resultado DA + recruce distal



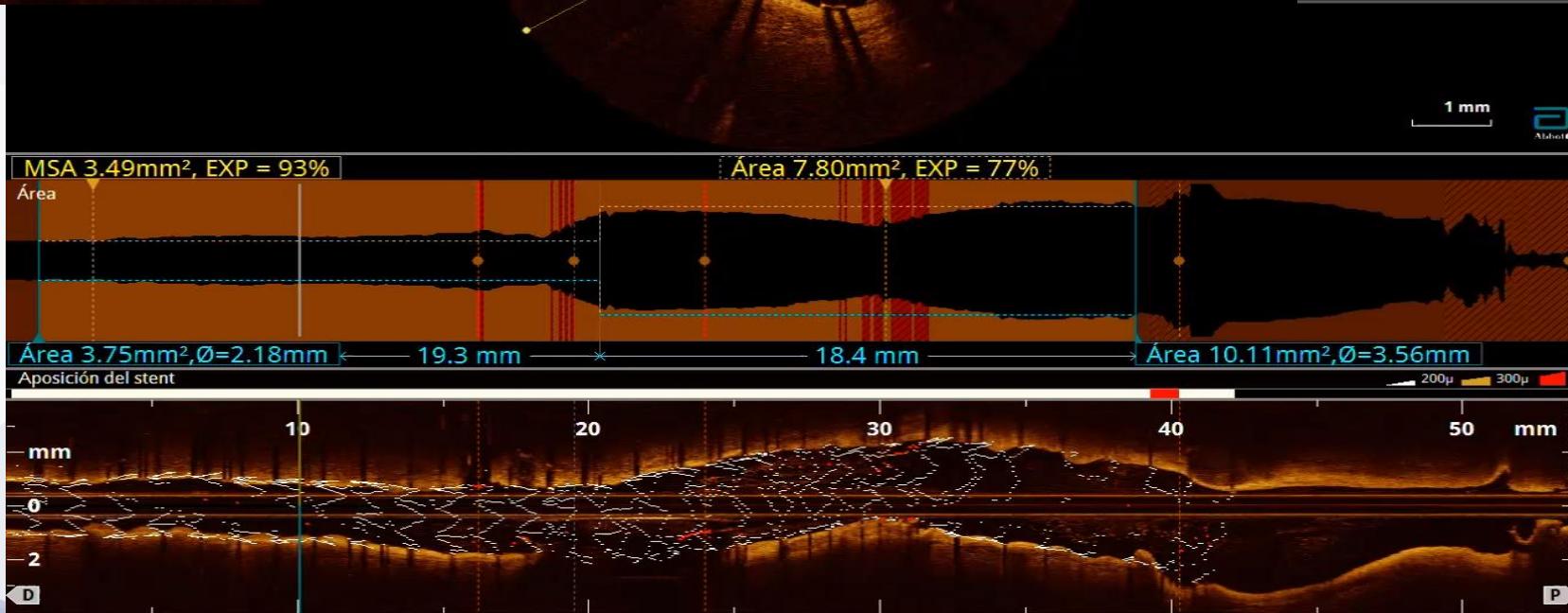
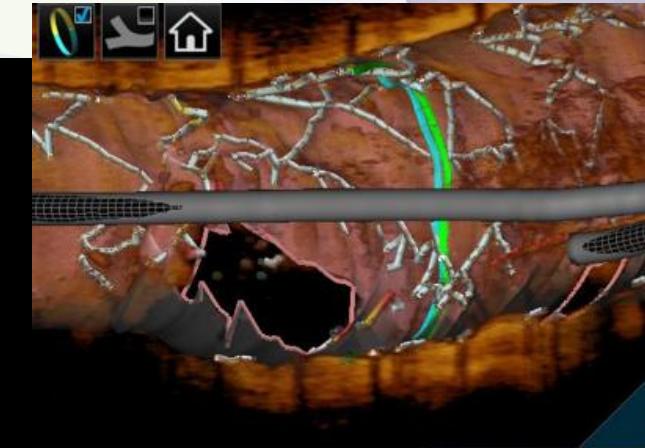
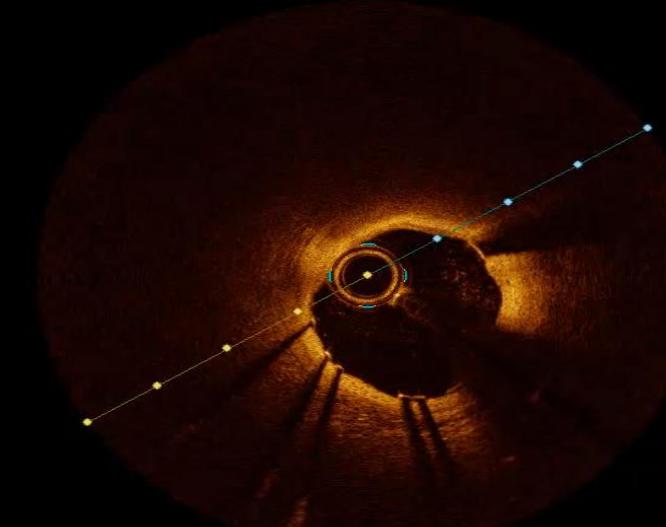
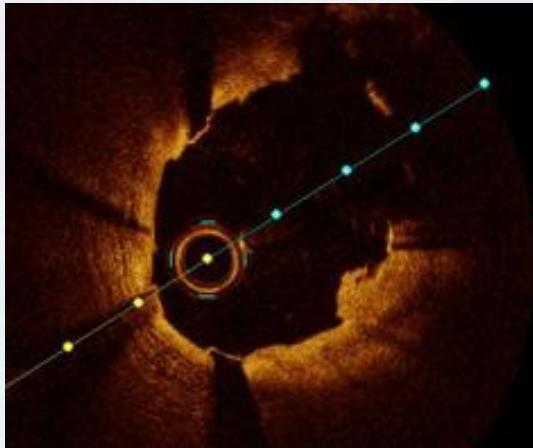
2° Kissing 2.75x12 + POT NC 4x15mm



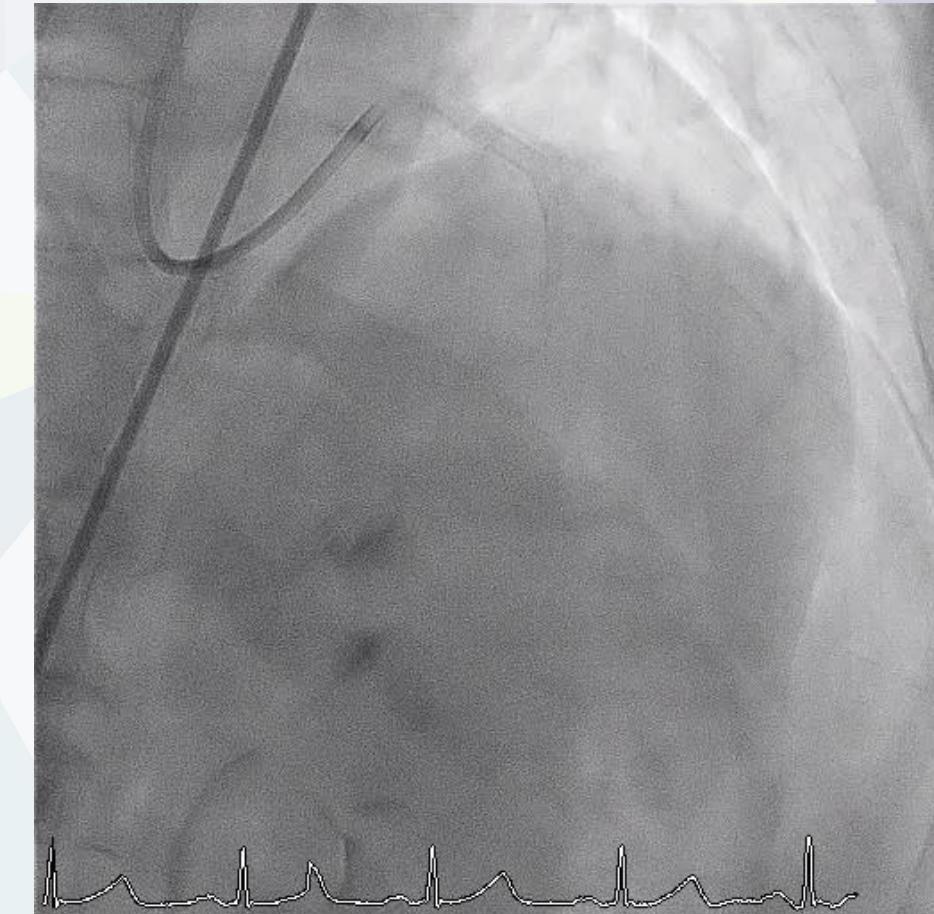
Angiografía final



OCT final



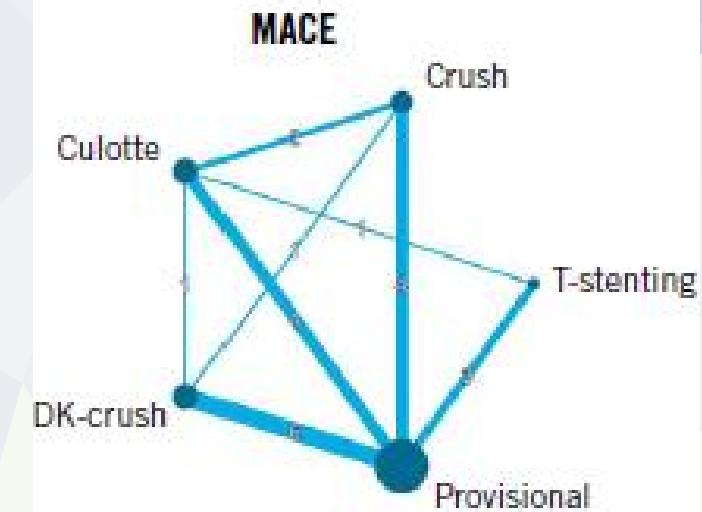
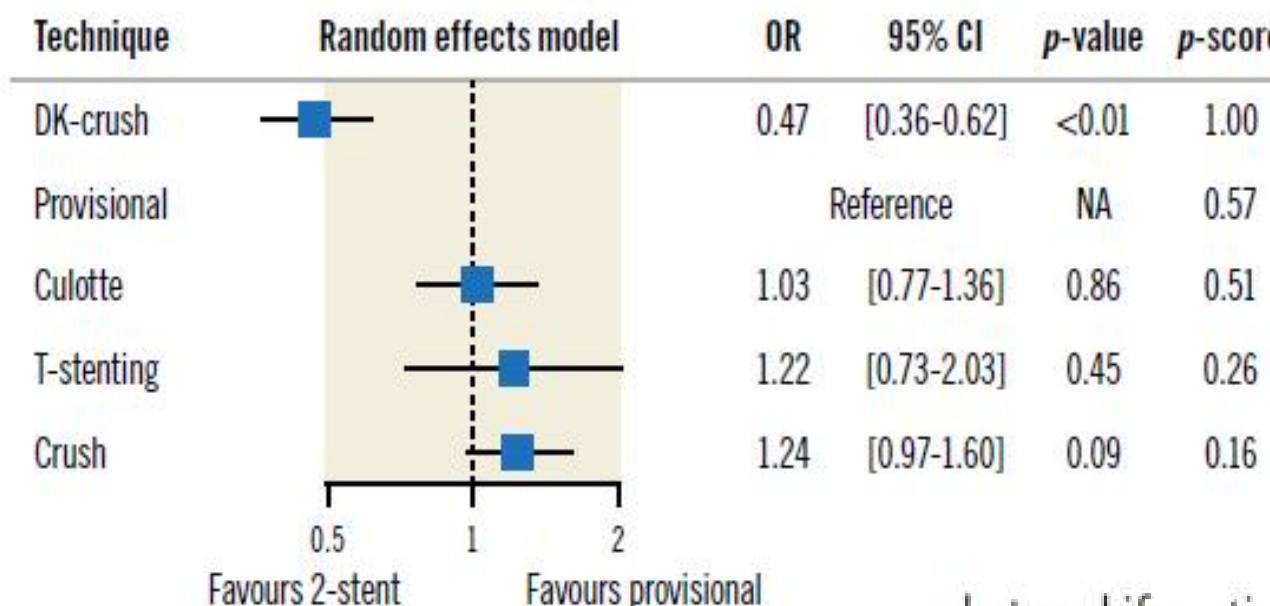
Angiografía final



Discusión DK culotte vs DK crush

D

Network meta-analysis of 22 RCTs (6,726 patients)



In true bifurcation lesions of the left main, the double-kissing crush technique may be preferred over provisional T-stenting.⁶²⁰

IIb**B**

Discusión DK culotte vs DK crush

Table 1. DK-crush – pitfalls and troubleshooting.

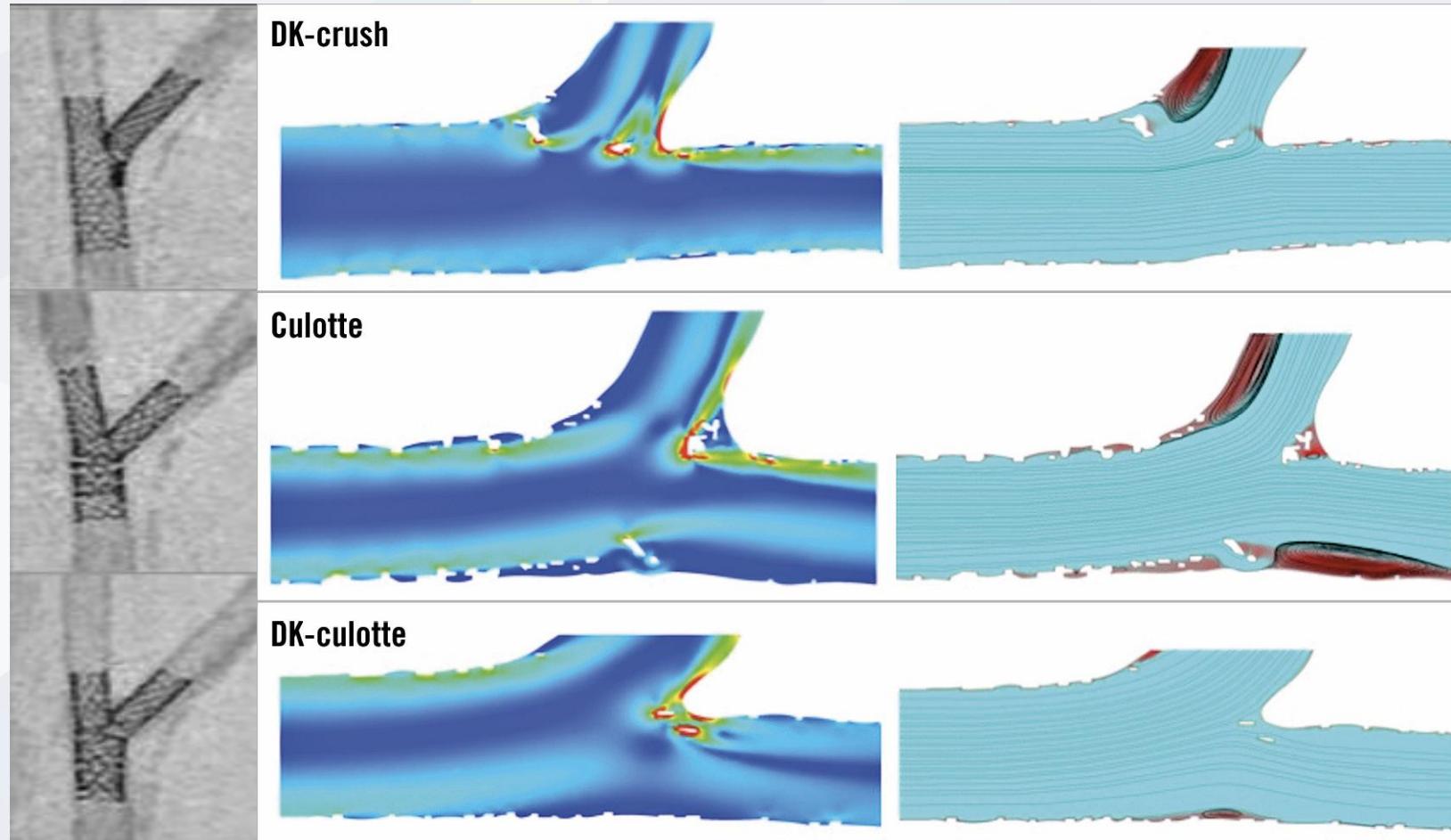
Procedural steps	Pitfalls	Troubleshooting	Prevention
1 1 st SB/aSB stent implantation	– Difficult passage of the stent into the SB/aSB	– Additional balloon dilation using NC balloons inflated at high pressure – Atherectomy in very calcified vessels	– Adequate lesion preparation in stage B (see part I th)
2 SB/aSB ostium optimisation	– Not reported so far		
3 Balloon crush	– Difficult passage of the MV balloon that was erroneously positioned proximal to the bifurcation – Discover a dissection in the SB/aSB after balloon crush	– Use an ultra-low profile balloon (diameter ≤ 1.5 mm) to cross and start crushing then retry the passage of the appropriately sized MV balloon to complete stent crush	– MV balloon positioned distal to the bifurcation prior to SB/aSB stent deployment – Angiographic control of the SB/aSB before crushing
4 1 st POT	– Incomplete crush (Figure 5, Step 3)	– Repeat POT with optimal balloon positioning and sizing according to pMV reference diameter	– Adequate POT (1 st and 2 nd POT when required) with a balloon sized according to pMV reference diameter
5 1 st SB/aSB rewiring	– Distal abluminal rewiring, at the level of the carina (Figure 5, Panel A) that may lead to proximal SB/aSB stent crush after KBI (Figure 5, Panel B), leaving an uncorrectable significant gap at the distal margin of the SB/aSB ostium (Figure 5, Panel C, arrowhead) – Difficult SB/aSB rewiring	– Rewiring the SB/aSB through a proximal or “non-distal” stent cell (Figure 5, Step 5) before the 1 st KBI (Figure 5, Step 6) – Wire tip reshaped with a secondary curve – Exchange for polymer-coated wires or speciality wires with increased torqueability and/or stiffness – Use of dual lumen, angulated or steerable microcatheters (for angulated SB/aSB) – The “hairpin” or reverse wiring technique	– SB/aSB ostial optimisation (Step 2) with high pressure balloon inflation before the SB/aSB stent is crushed may facilitate subsequent (intraluminal, proximal/non distal) rewiring
6 1 st KBI	– Difficult SB/aSB balloon crossing	– Change SB/aSB wire position	– Imaging guidance may confirm adequate wire position
7 2 nd MV stenting	– Difficult passage of the MV stent	– Repeat POT with optimal balloon positioning and sizing according to the proximal MV reference	– Adequate POT (1 st and 2 nd POT when required) with a balloon sized according to pMV reference diameter
8 2 nd re-POT	– Incomplete 2 nd re-POT		
9 2 nd SB/aSB rewiring	– Abluminal pMV stent rewiring (Figure 6, Panel A)	– Refer to the main text for a detailed description of this troubleshooting	– Intravascular imaging can identify this pitfall (see part I th)
10 2 nd KBI	– Difficult SB/aSB balloon passage	– Use an ultra-low profile balloon to cross (diameter ≤ 1.5 mm) – Dilating the stent struts at the SB/aSB ostium with a microcatheter – Increase the support of the guide catheter (coaxial alignment, deep engagement, use of guide catheter extensions) – Exchanging the SB/aSB wire for an extra-support guidewire using a microcatheter – Exclude the “wire wrap” – Rewiring the SB/aSB through a different cell at the SB ostium level	
Final re-POT	– SB/aSB stent crushed by non-simultaneous KB deflation during 2 nd KBI or too distal final re-POT (Figure 6, Panel B)	– Repeat KBI with simultaneous deflation – Repeat final re-POT with the balloon positioned far from the carina	– KBI performed with simultaneous balloon deflation – Final re-POT with the balloon positioned far from the carina

DK-crush: double kissing crush; KBI: kissing balloon inflation; MV: main vessel; NC: non-compliant; pMV: proximal main vessel. POT: proximal optimisation technique; SB/aSB: side branch/assigned side branch; T and small protrusion

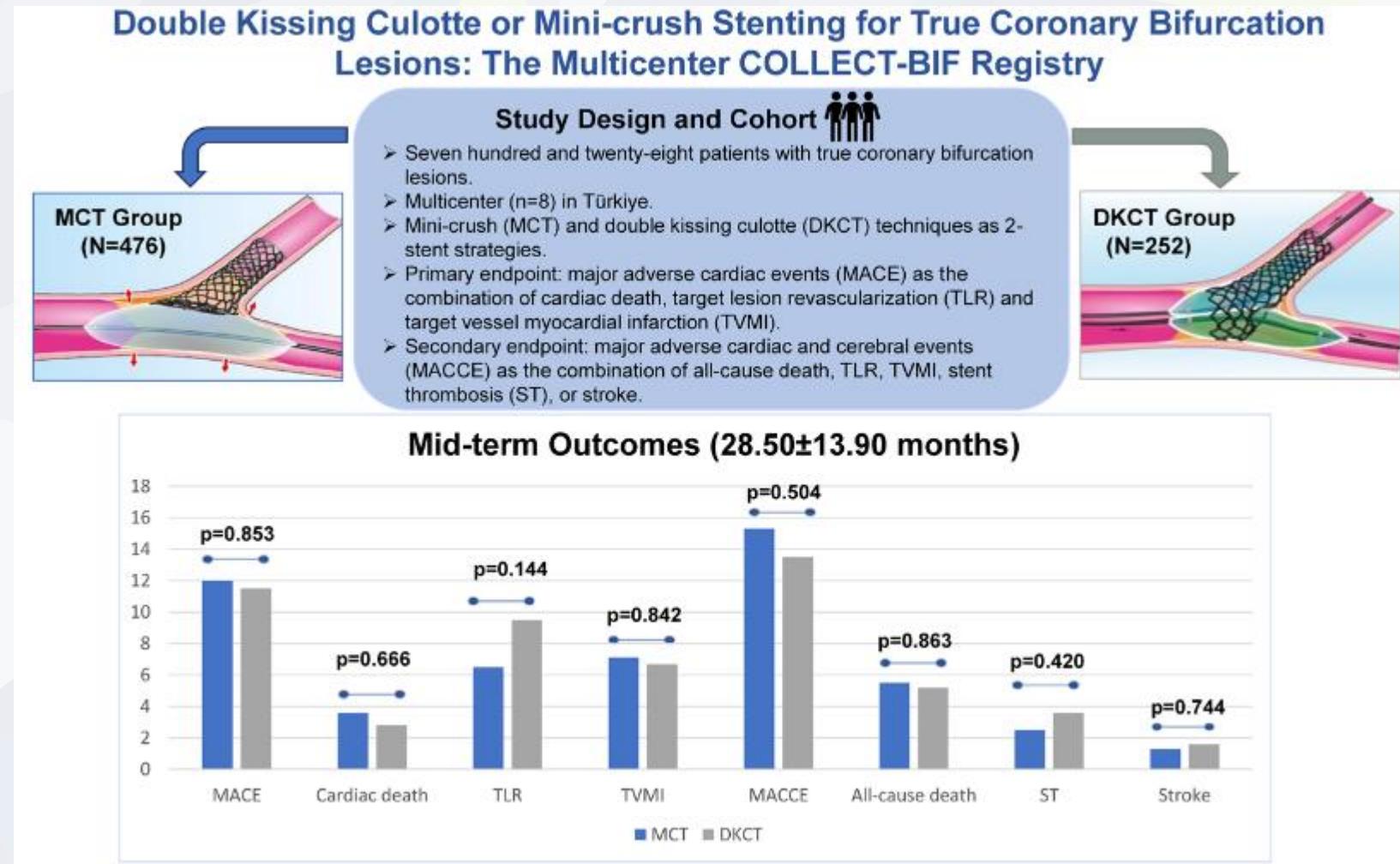
DK-CRUSH: many pitfalls..

Learning the DK crush technique, although not overly complicated, requires training, experience, and attention to procedural detail, including carefully rewiring the SB, sequential post-dilation with non-compliant balloons at high pressure before each kissing inflation, and final POT after KBI. The operators participating in the DKCRUSH-V trial were relatively high-volume proceduralists, were familiar with the DK crush technique, and had to submit roll-in cases demonstrating their technical competence with this approach. The results of the present trial may not be replicated by less experienced operators.

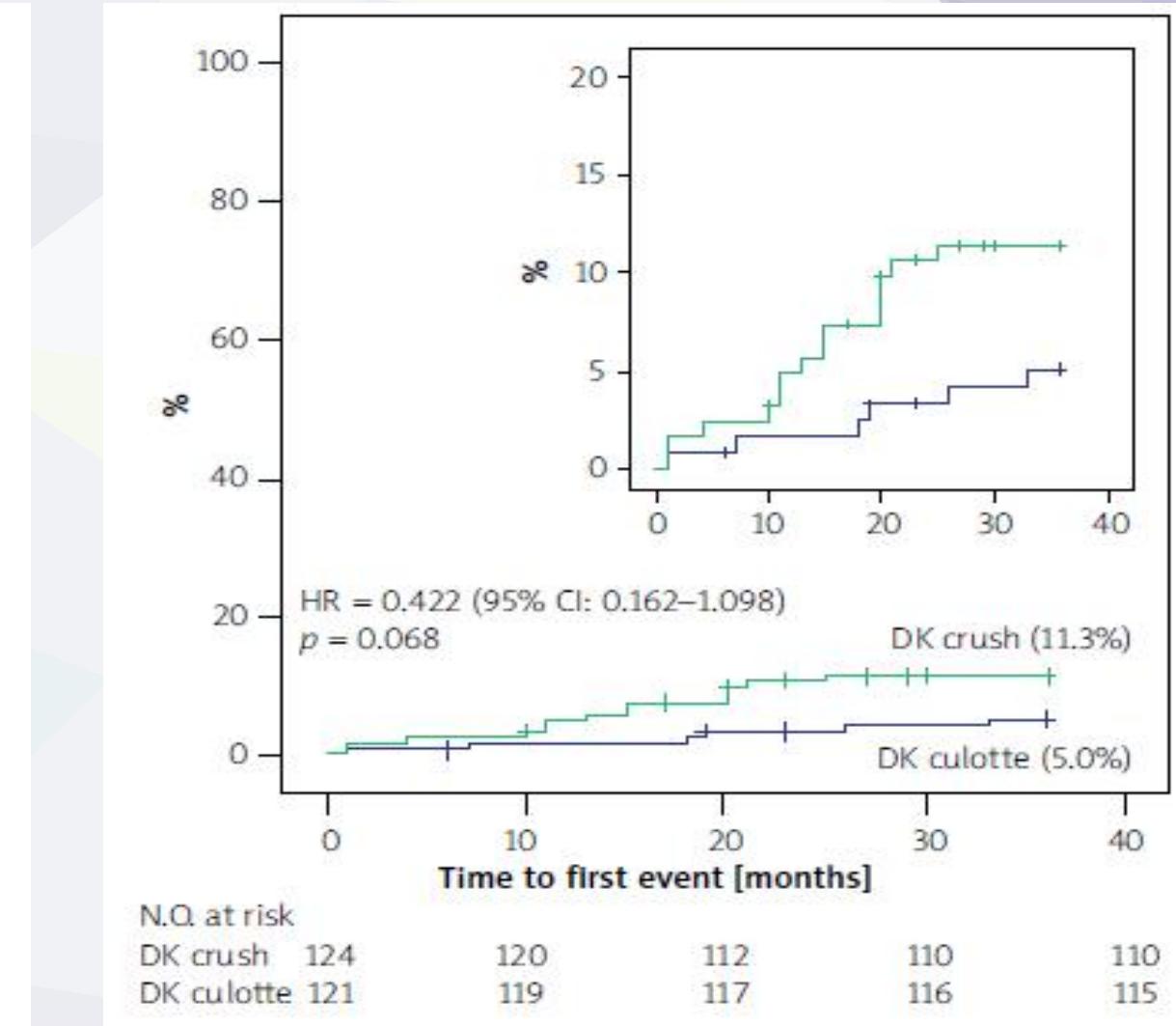
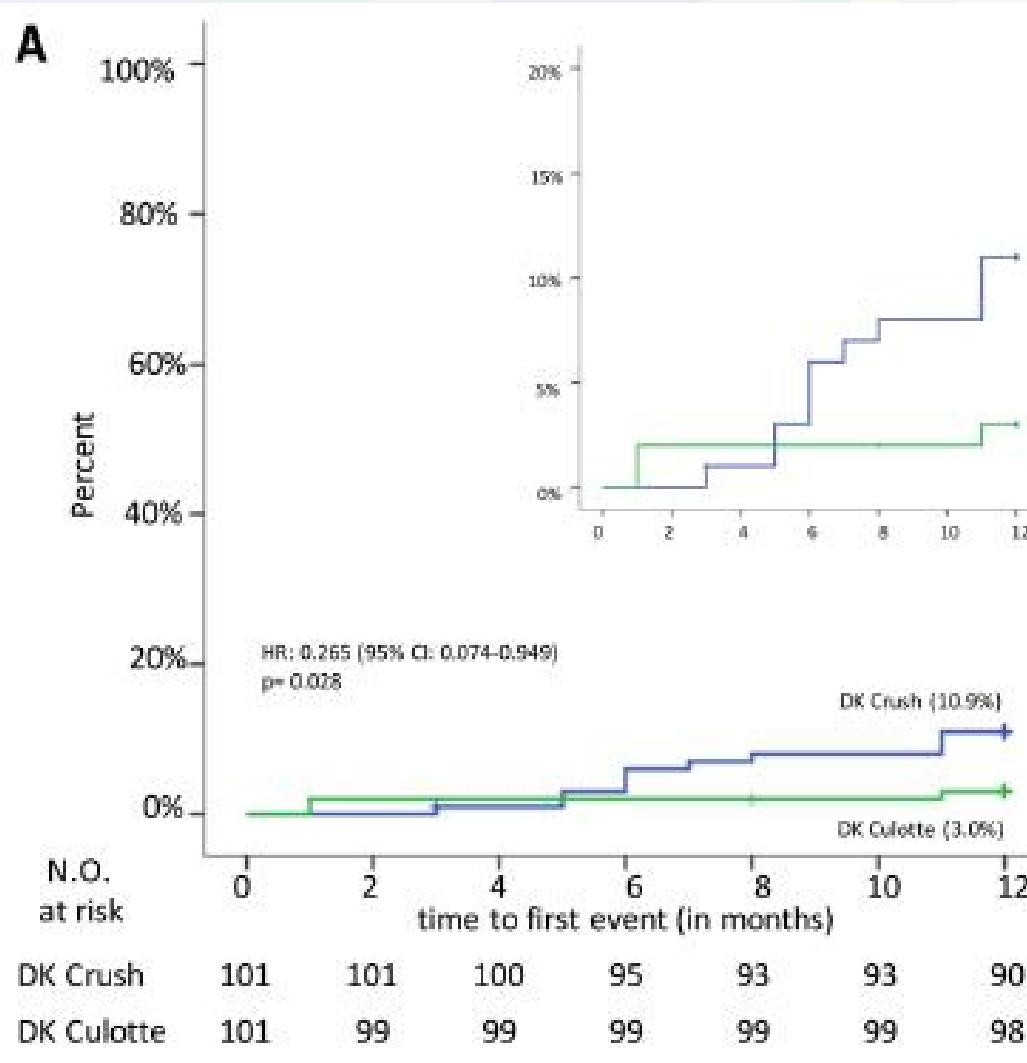
Discusión DK culotte vs DK crush



Discusión DK culotte vs DK crush



Discusión DK culotte vs DK crush



Discusión 2 stent vs 1 stent+DEB



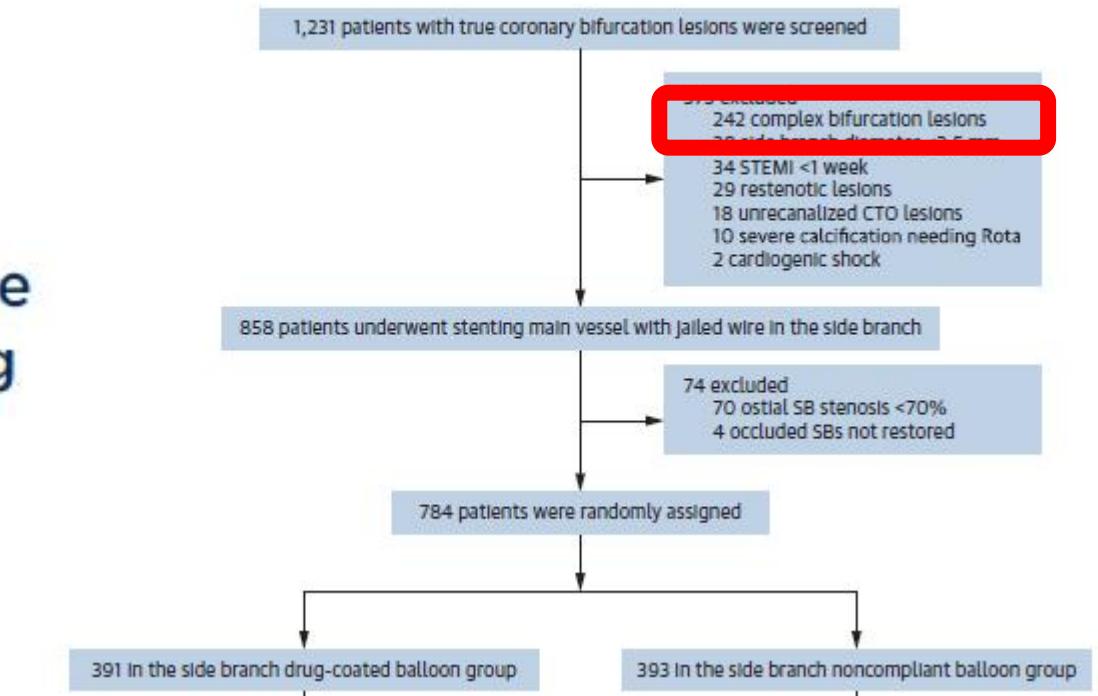
ORIGINAL RESEARCH

Drug-Coated Balloon Angioplasty of the Side Branch During Provisional Stenting

The Multicenter Randomized DCB-BIF Trial

Fezzi S. JACC 2025

FIGURE 1 Study Flowchart of the DCB-BIF Trial



Gao X. JACC 2025

Más vale conocido.. (por el momento..)



CONCLUSIONES

- Bifurcación **verdadera** y **compleja**: up-front 2 stents
 - Mayor evidencia disponible en actualidad
 - Estudios DEB: criterios de exclusión
- DK-Culotte
 - Estrategia versátil (+/- reverse) con DES actuales
 - Técnicamente menos compleja DK-Crush
 - Uso imagen esencial re-wiring
 - Datos al menos resultado similares DK-Crush

FUP 1y: ASINTOMÁTICA y SIN EVENTOS



Hospital
Clínico
Universitario
Lozano Blesa

Gracias
por su
atención

