

Situación de salud en hemodinámica cardíaca. Estudio sobre condiciones laborales y propuestas de mejora.

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INTRODUCCIÓN Y OBJETIVO

El personal del servicio de hemodinámica está expuesto a determinados riesgos derivados del puesto de trabajo:

- Exposición a la radiación
- Uso de trajes plomados
- Posturas forzadas
- Movilización de pacientes y maquinaria pesada
- Entorno de trabajo: factores estresantes y en constante aprendizaje

El objetivo del estudio es ofrecer una perspectiva integral de las condiciones de trabajo en el servicio de hemodinámica, identificando los factores de riesgo y recopilando las propuestas de mejora.

Limitaciones

METODOLOGÍA

A

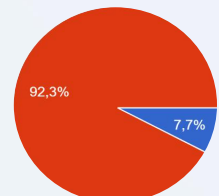
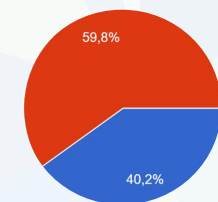
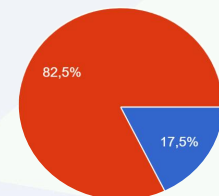
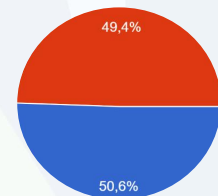
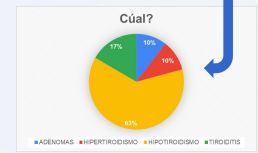
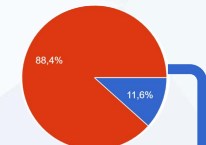
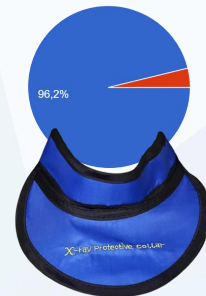
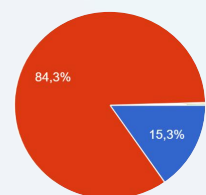
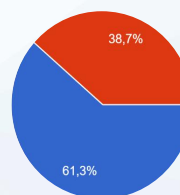
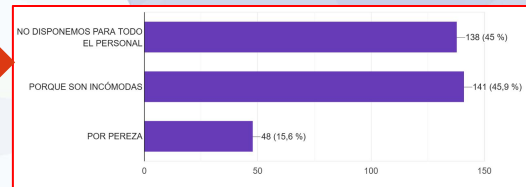
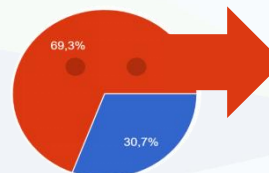
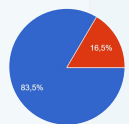
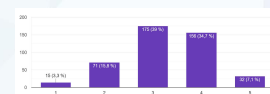
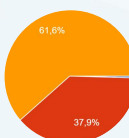
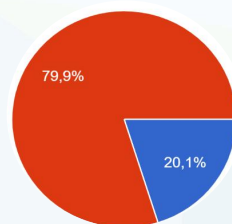
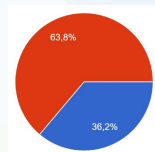
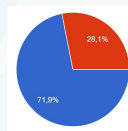
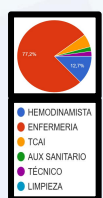
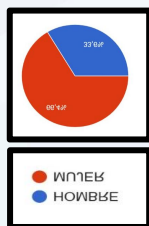
Estudio prospectivo y descriptivo durante el primer semestre de 2024

Encuesta anónima y estructurada dirigida a todos los perfiles profesionales

- Datos demográficos
- Afectaciones
 - Músculo-esqueléticas
 - Dermatológicas
 - Oftalmológicas
 - Tiroideas
 - Cancerígenas
- Medidas que ayudan a aliviar sintomatología
 - Correcto uso de protección radiológica
 - Automedicación
 - Fisioterapia
 - Deporte

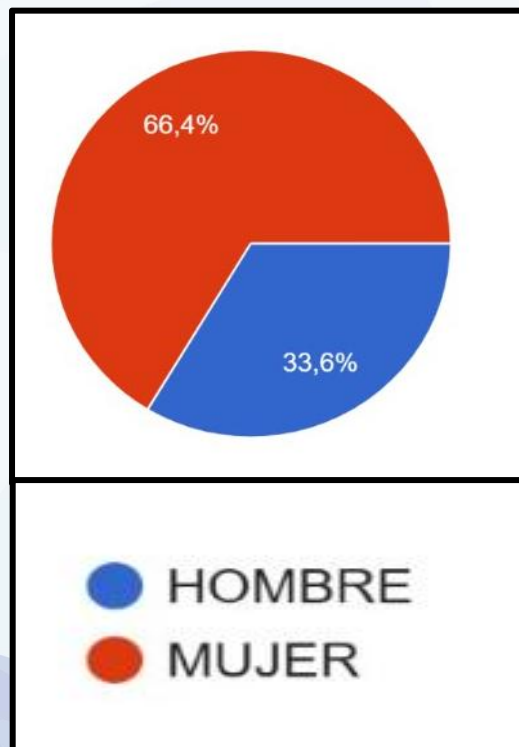
RESULTADOS

La encuesta fue respondida por 453 profesionales.



RESULTADOS

SEX
O



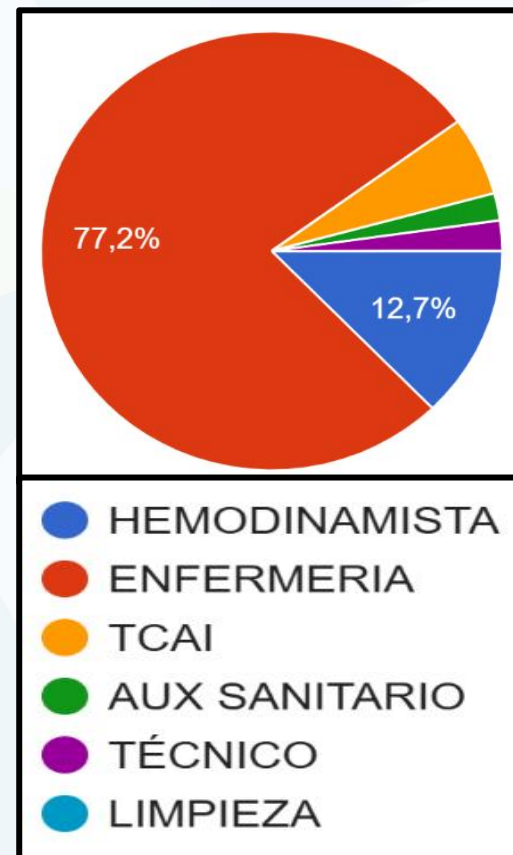
EDA
D

Entre 23 - 65

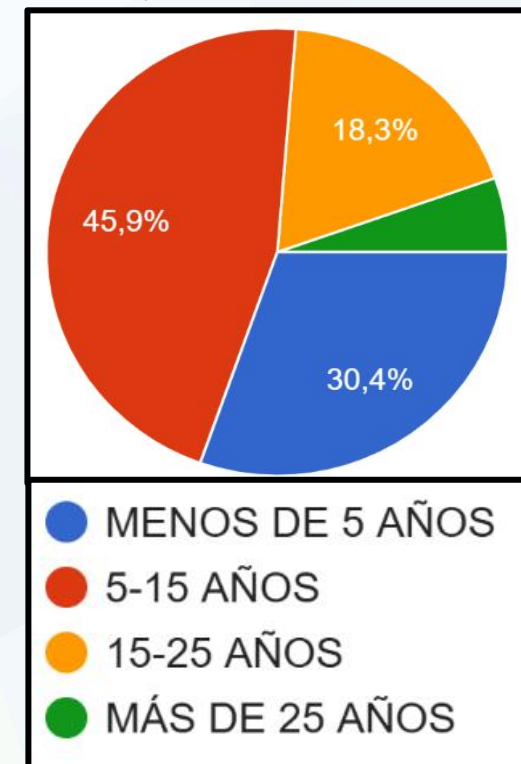
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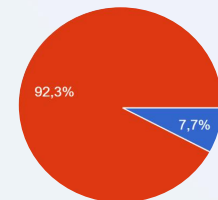
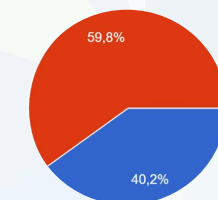
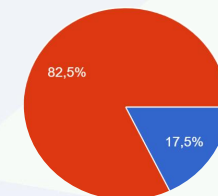
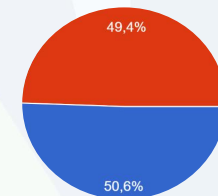
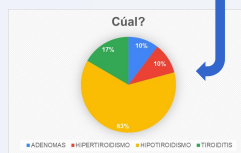
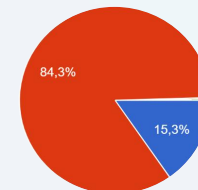
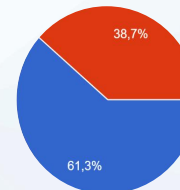
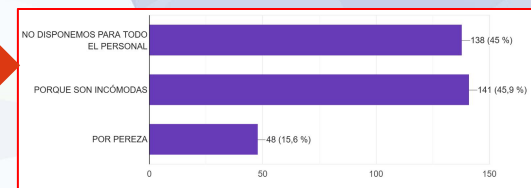
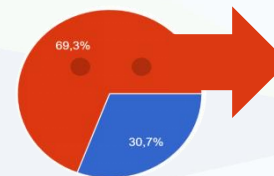
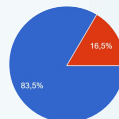
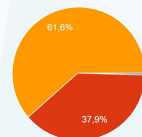
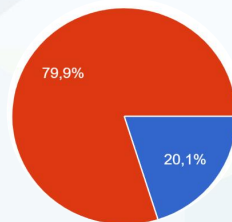
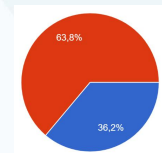
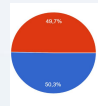
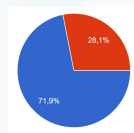
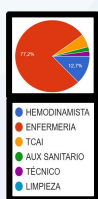
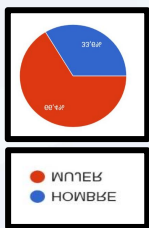
CATEGORÍA
A



ANTIGÜEDAD
AD

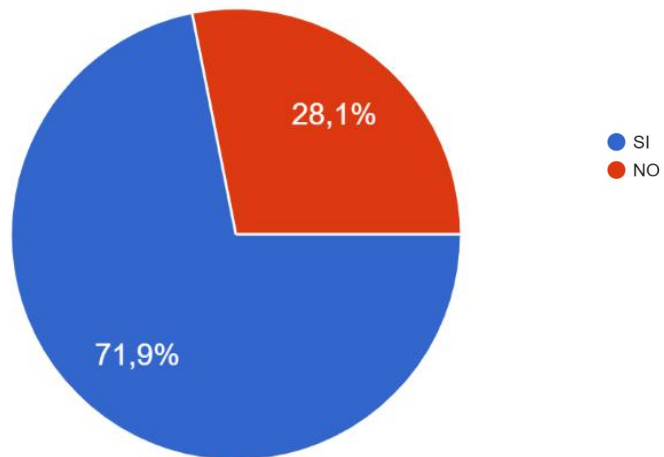


RESULTADOS

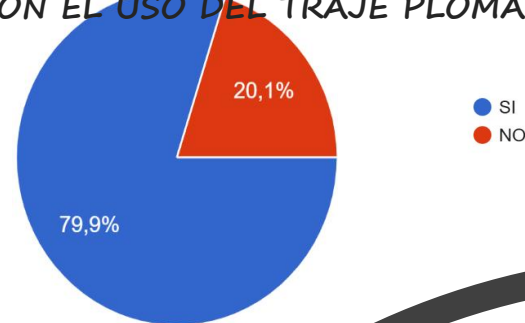


RESULTADOS

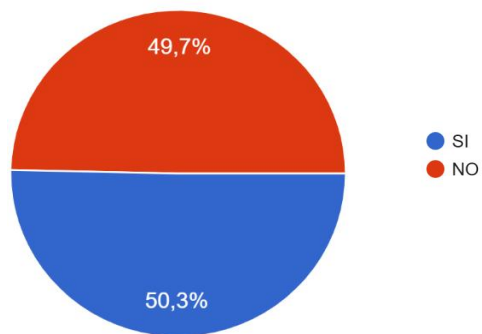
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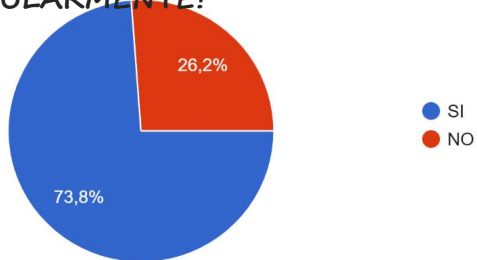
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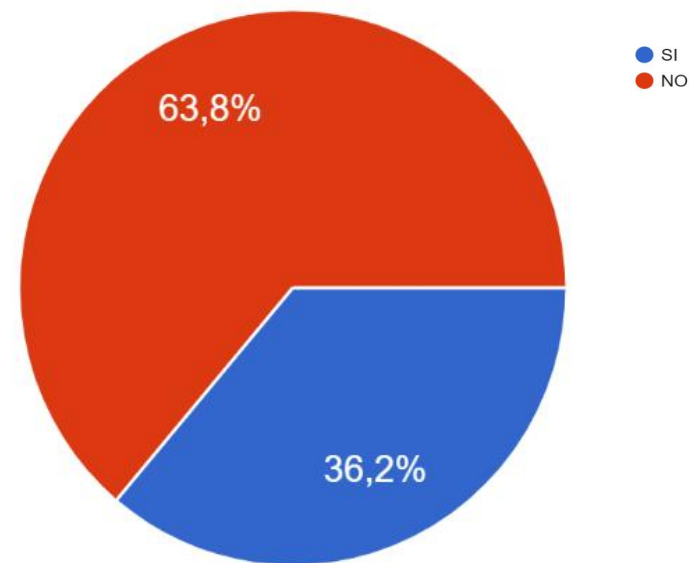
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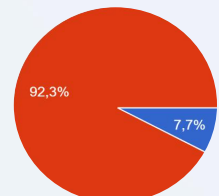
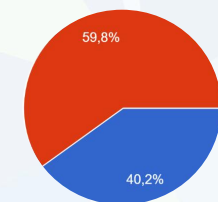
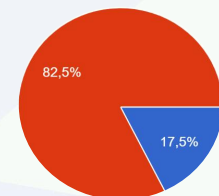
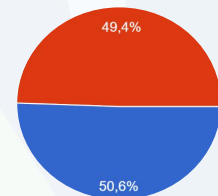
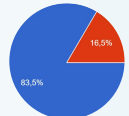
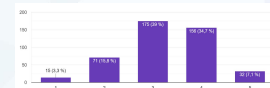
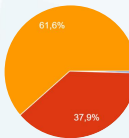
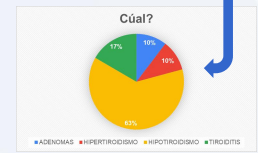
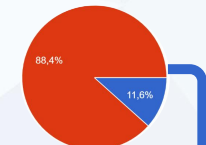
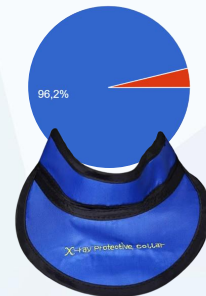
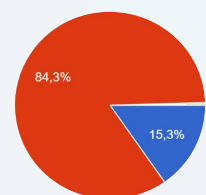
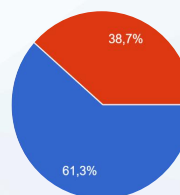
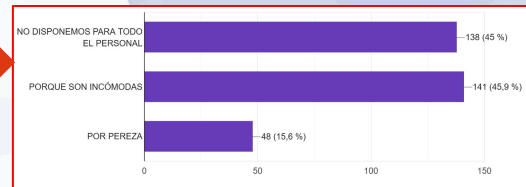
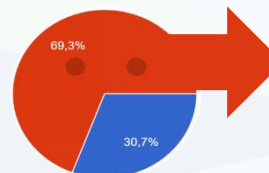
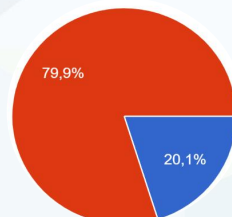
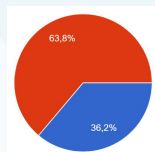
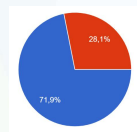
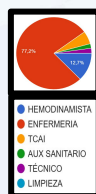
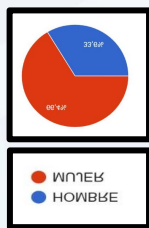
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¿VAS AL FISIO REGULARMENTE?

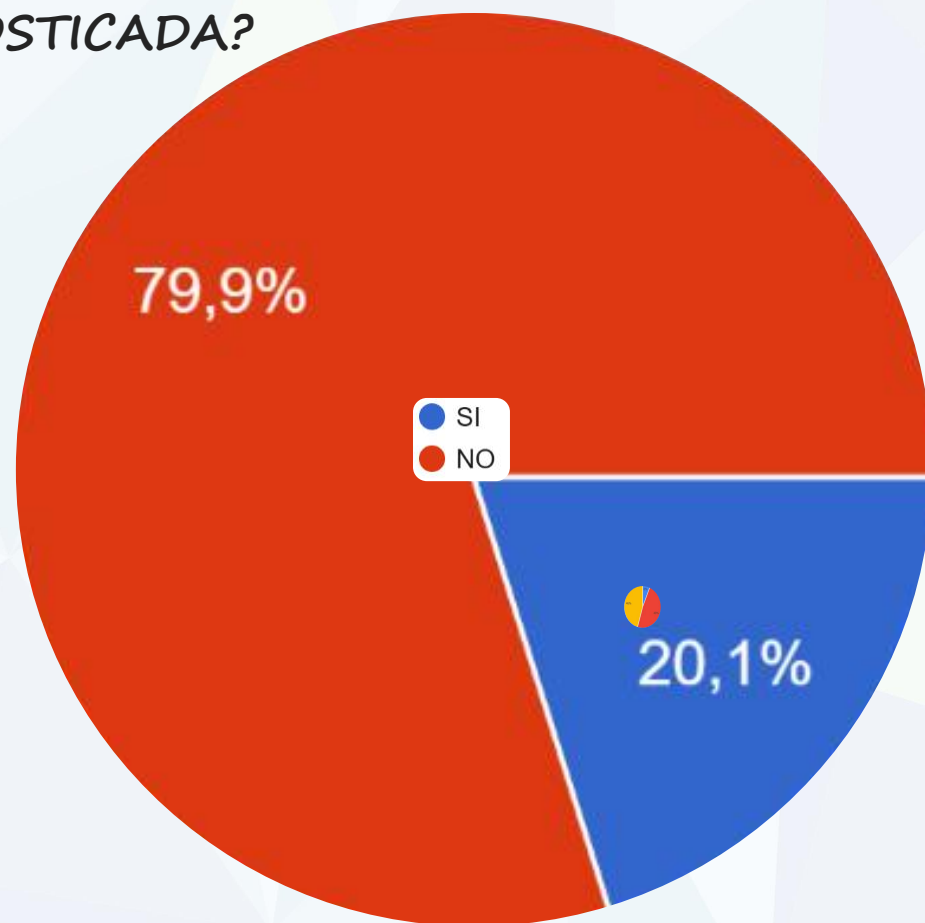


RESULTADOS



RESULTADOS

¿TIENES ALGUNA PATOLOGIA DERMATOLÓGICA
DIAGNOSTICADA?

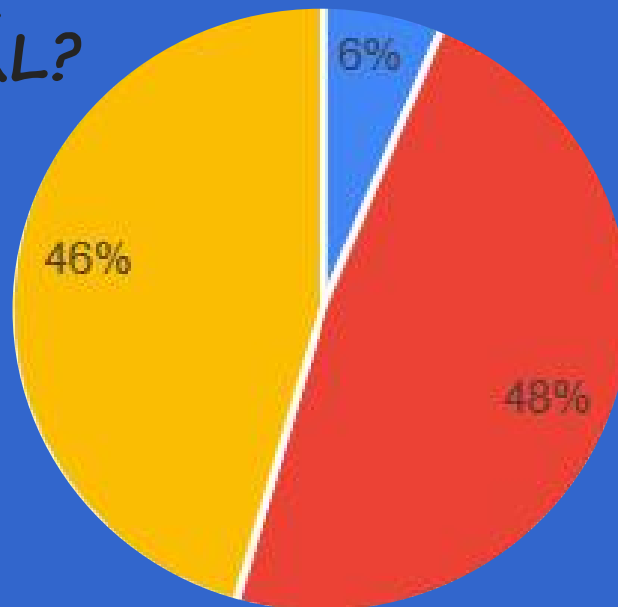


RESULTADOS

6, 7 y 8 NOVIEMBRE
HOTEL RIU PLAZA DE ESPAÑA

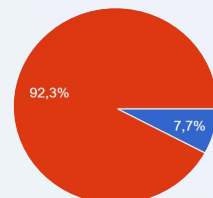
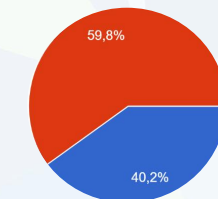
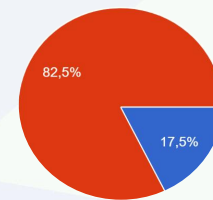
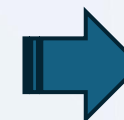
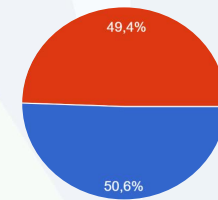
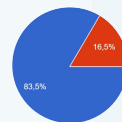
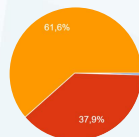
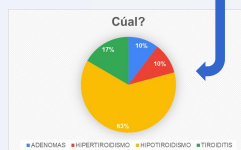
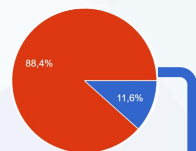
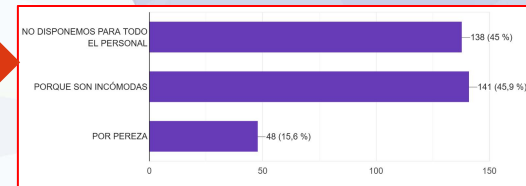
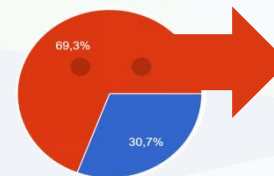
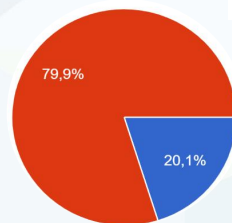
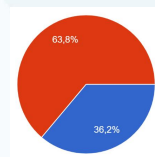
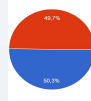
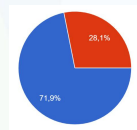
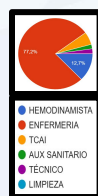
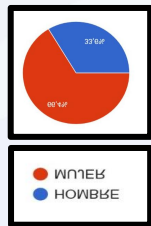
¿CUÁL?

- PERDIDA DE VELLO CORPORAL
- DERMATITIS
- OTROS



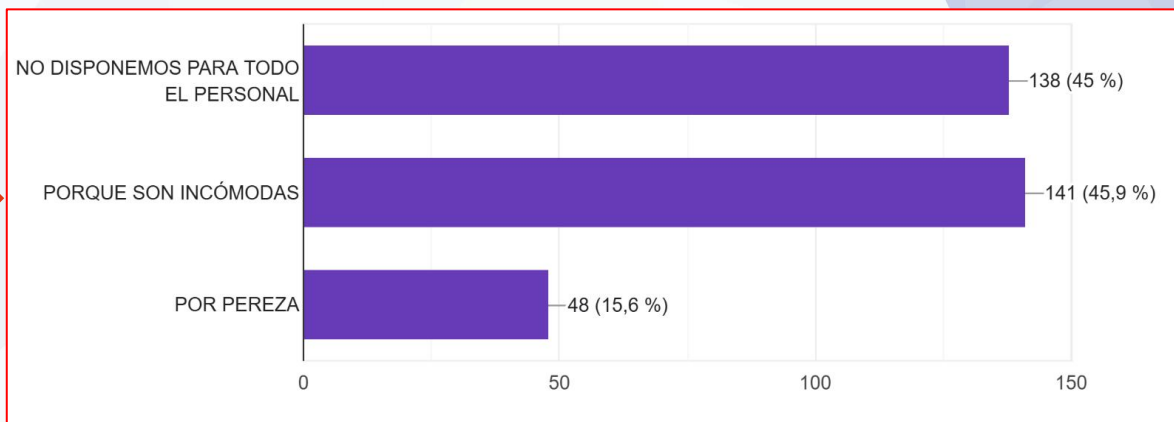
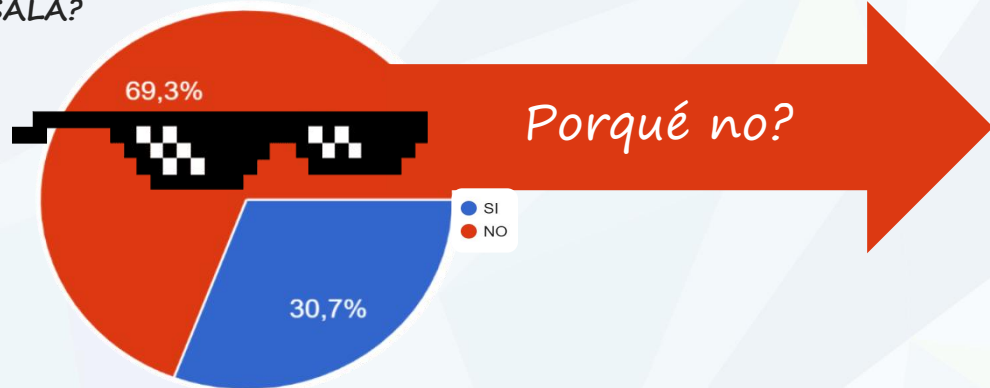
20,1%

RESULTADOS

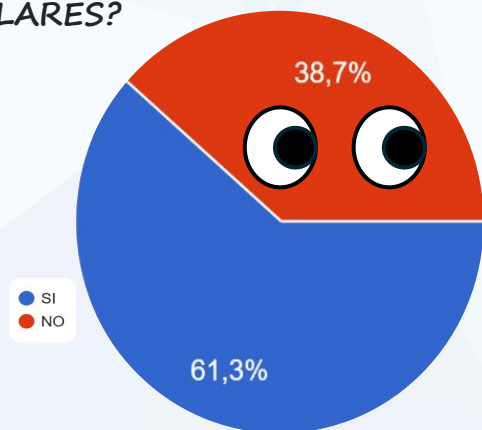


RESULTADOS

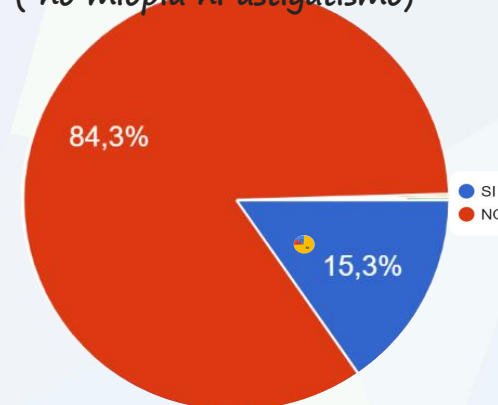
¿LLEVAS GAFAS PLOMADAS SIEMPRE DENTRO DE LA SALA?



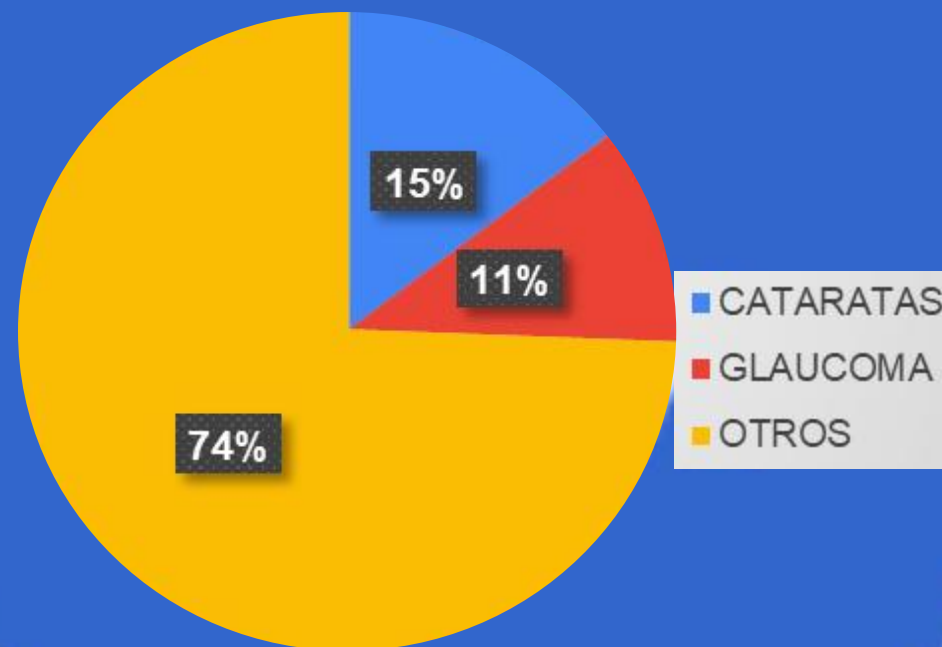
¿REALIZAS REVISIONES OFTALMOLÓGICAS REGULARES?



¿TIENES ALGUNA PATOLOGIA OCULAR DIAGNOSTICADA?
(no miopia ni astigmatismo)

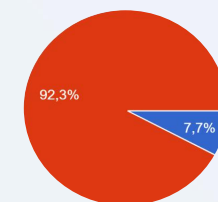
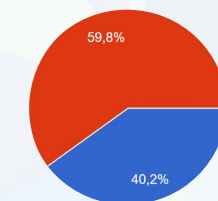
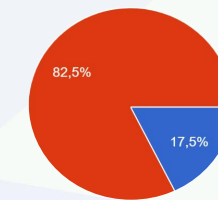
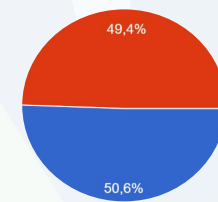
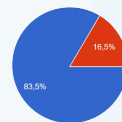
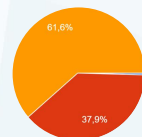
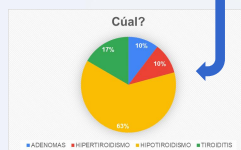
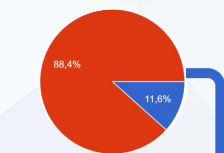
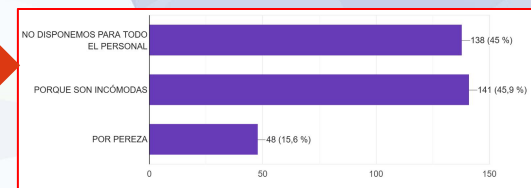
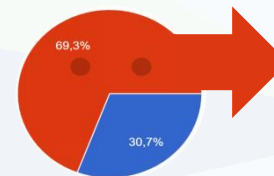
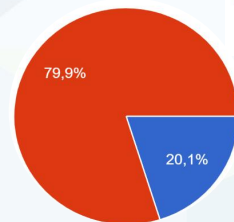
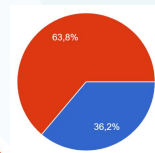
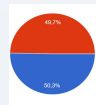
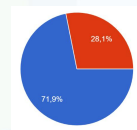
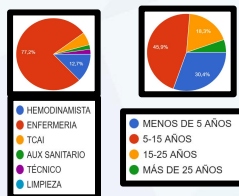
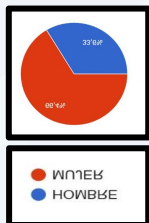


RESULTADOS



15,3%

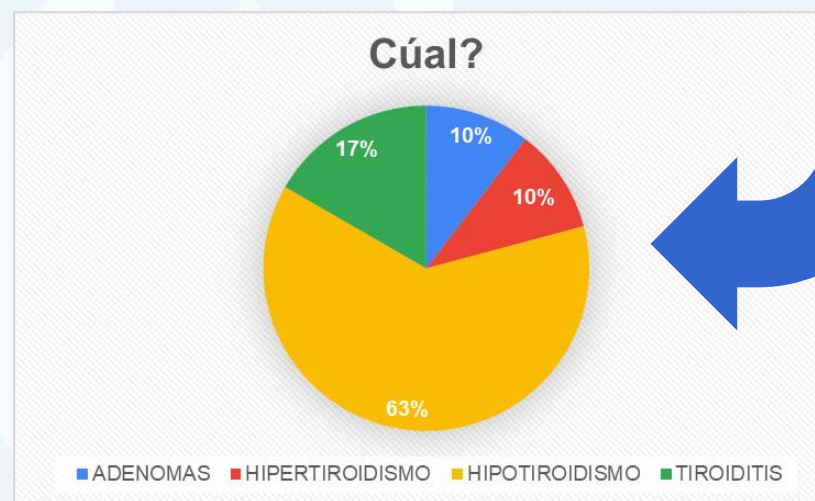
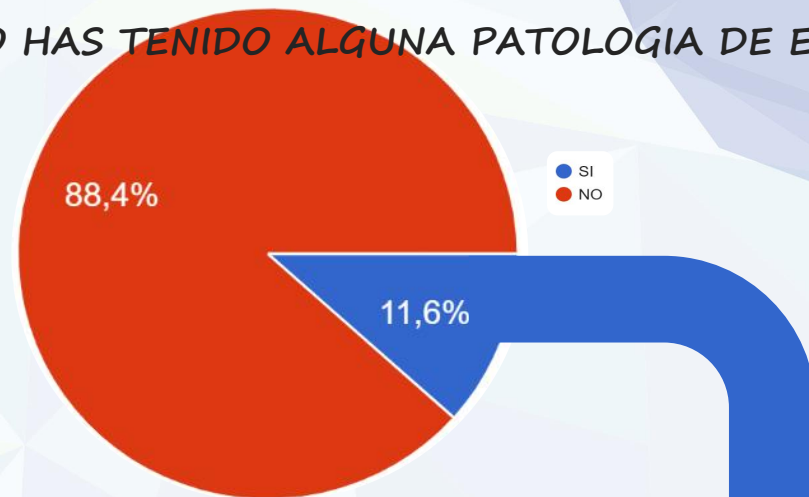
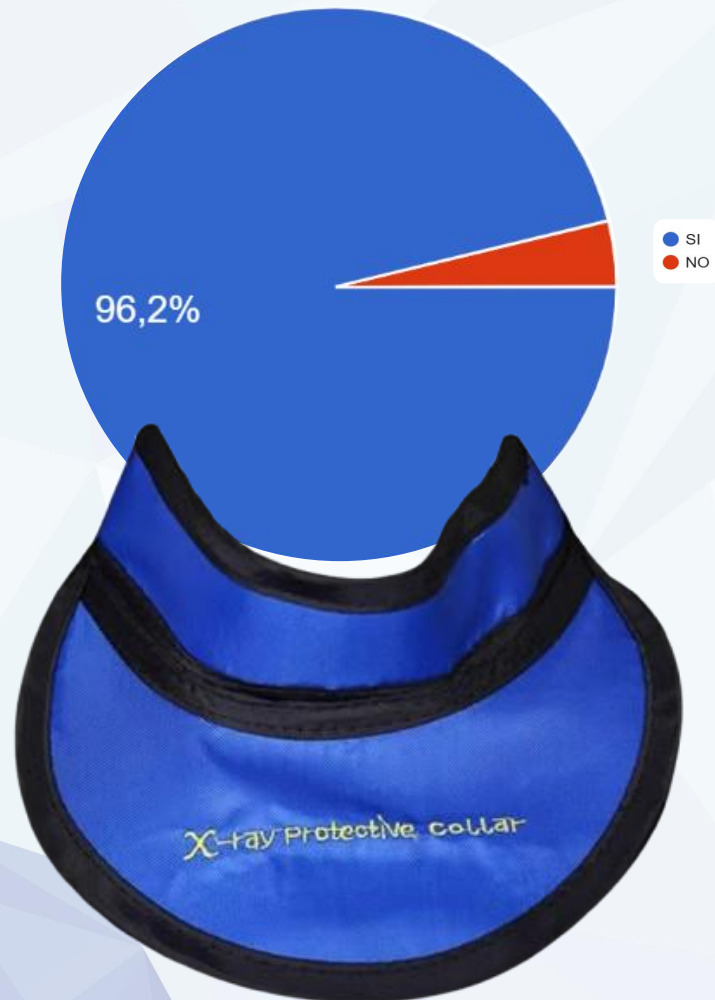
RESULTADOS



RESULTADOS

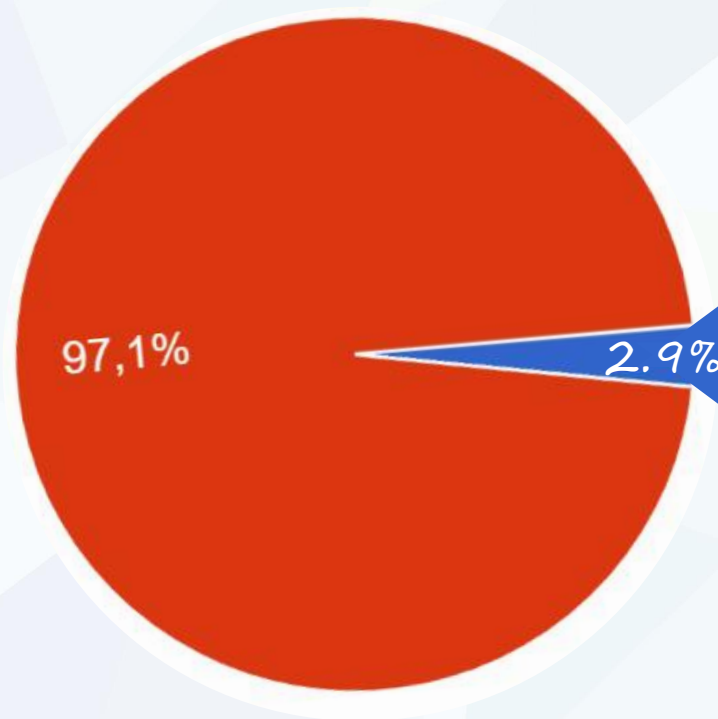
¿UTILIZAS DE FORMA HABITUAL EL PROTECTOR DE TIROIDES?

¿TIENES O HAS TENIDO ALGUNA PATOLOGÍA DE ESTA GLÁNDULA?



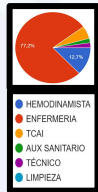
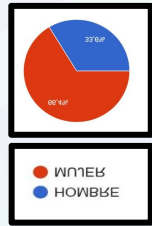
RESULTADOS

¿TIENES O HAS TENIDO ALGUNA PATOLOGIA CANCEROSA?



- Cáncer de mama
- Carcinoma papilar de tiroides
- Cuello utero
- Carcinoma Basocelular
- Leucemia
- Melanoma
- Linfoma Hodgkin
- Linfoma gástrico
- Adenocarcinoma

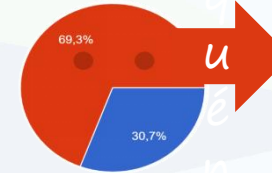
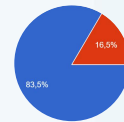
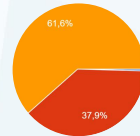
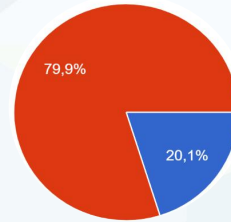
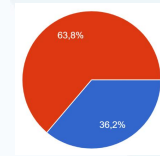
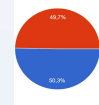
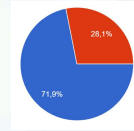
RESULTADOS



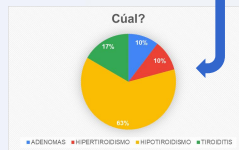
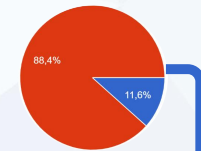
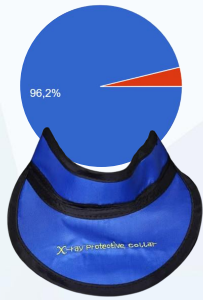
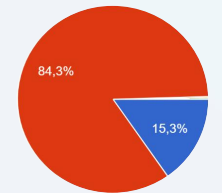
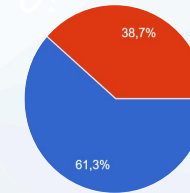
• MENOS DE 5 AÑOS
• 5-15 AÑOS
• 15-25 AÑOS
• MÁS DE 25 AÑOS

• HEMODINAMISTA
• ENFERMERIA
• TCAI
• AUX SANITARIO
• TÉCNICO
• LIMPIEZA

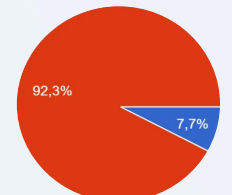
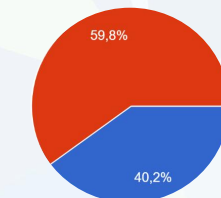
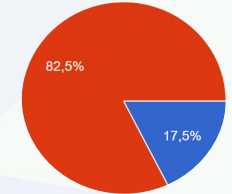
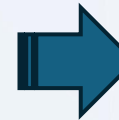
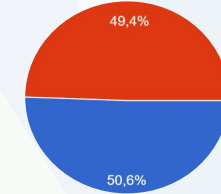
• ΠΑΡΕΑ
• ΗΩΜΒΑΕ



Por qué?



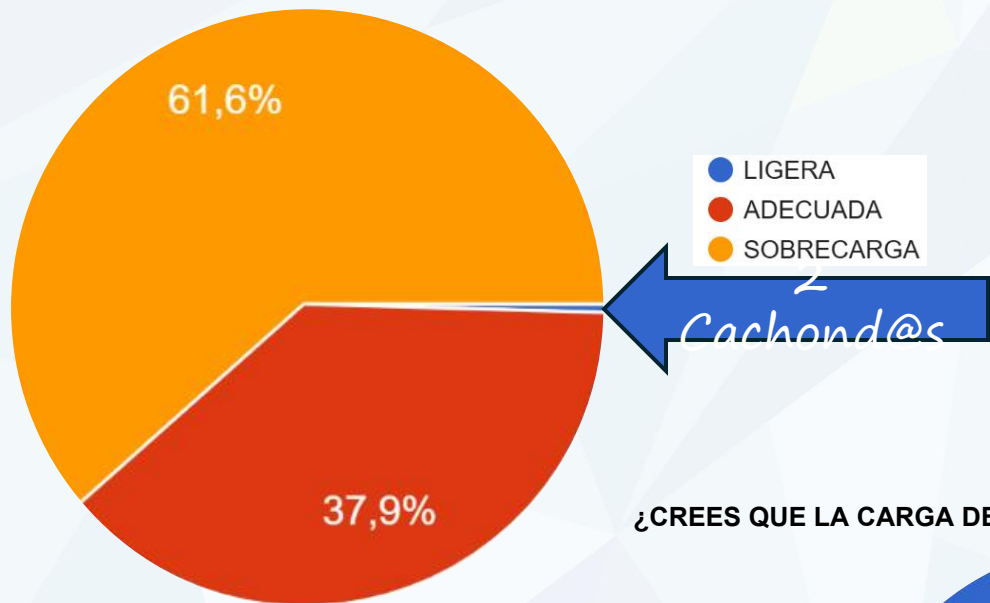
• ADEONOMAS
• HEPATITIDIOSO
• HEPATITIDIOSO
• TIROIDIS



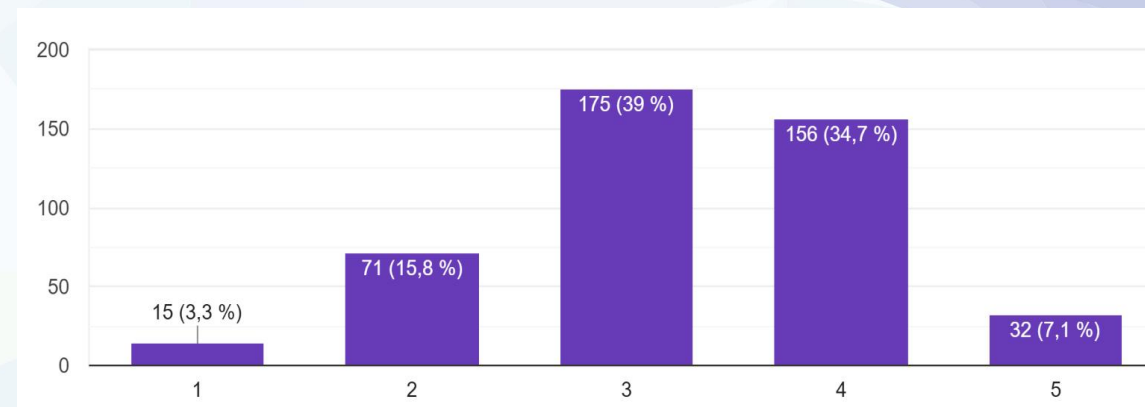
RESULTADOS

Carga y Salud mental

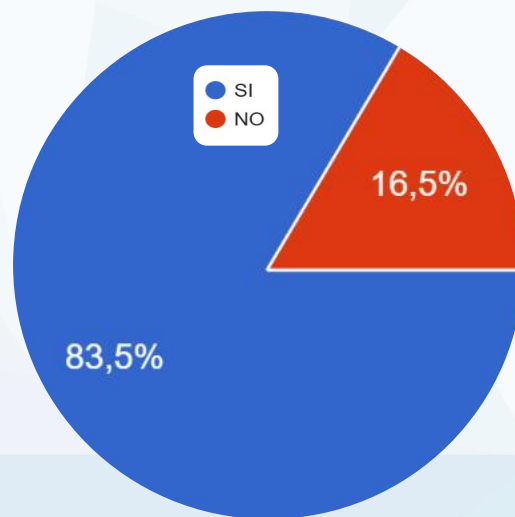
¿CÓMO CONSIDERAS QUE ES LA CARGA DE TRABAJO EN TU SERVICIO?



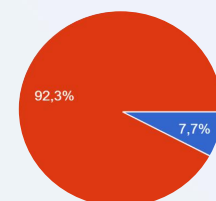
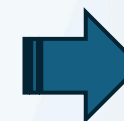
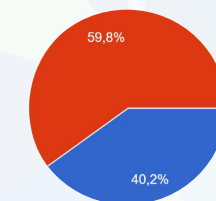
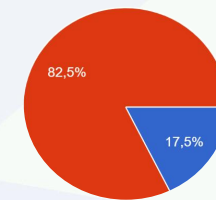
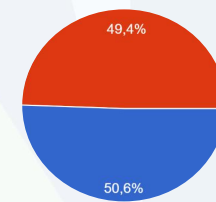
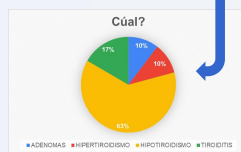
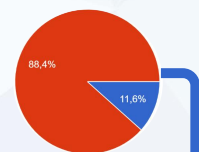
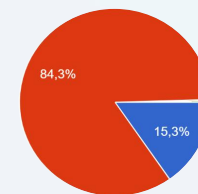
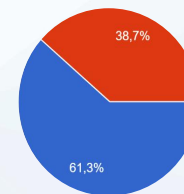
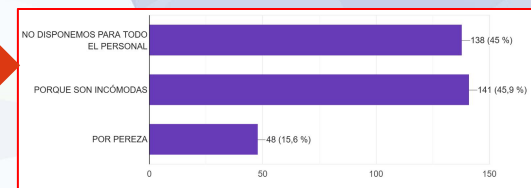
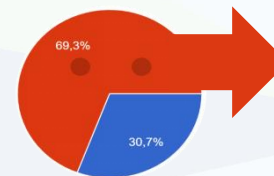
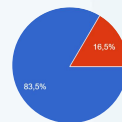
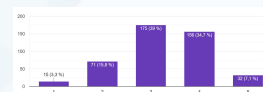
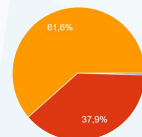
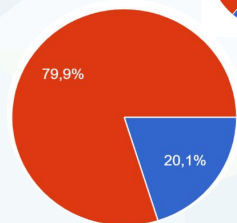
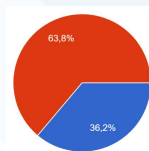
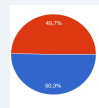
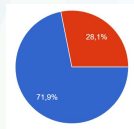
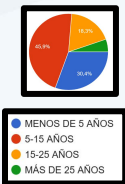
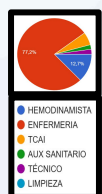
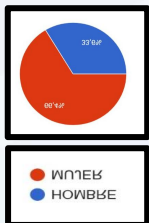
¿COMO CALIFICARIAS TU BIENESTAR LABORAL [1 MÁXIMO MALESTAR Y 5 MÁXIMO BIENESTAR]



¿CREES QUE LA CARGA DE TRABAJO PUEDE AFECTAR A TU SALUD MENTAL?



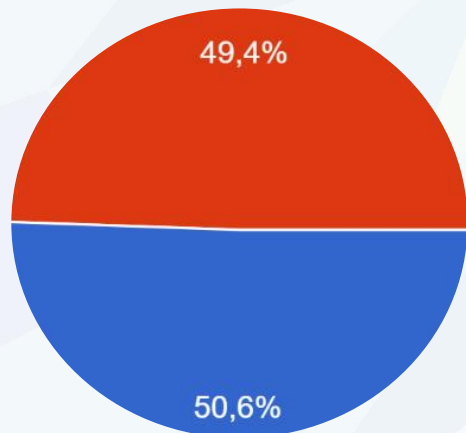
RESULTADOS



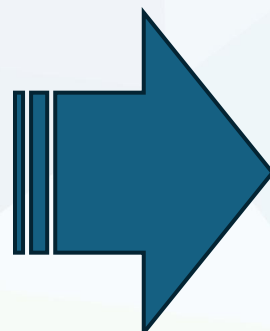
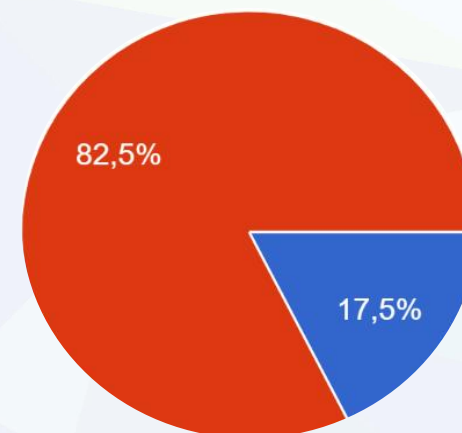
RESULTADOS

Carga y Salud mental

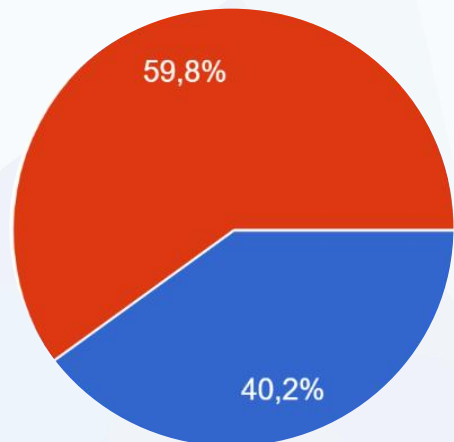
¿HAS TENIDO ALGÚN EPISODIO DE ANSIEDAD?



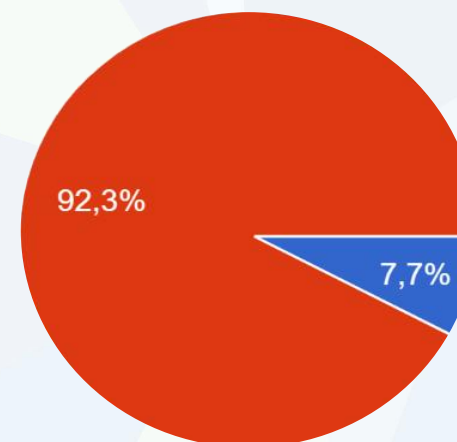
¿HAS NECESITADO TRATAMIENTO TERAPEUTICO?



¿HAS SUFRIDO EL SINDROME DE BURNOUT?



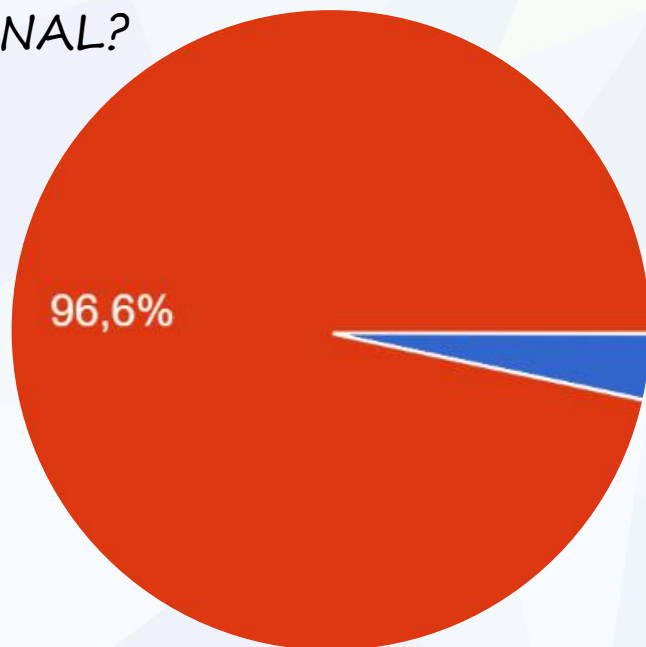
¿HAS NECESITADO TRATAMIENTO?



RESULTADOS

Carga y Salud mental

EN VUESTRO SERVICIO, ¿HAY ALGUN TIPO DE AYUDA PARA POTENCIAR EL BIENESTAR PROFESIONAL?



CUÁL?

15 respuestas

- Salud laboral
- Equipos psicología
- Team building
- Fisioterapeutas
- Curso de higiene postural.

CONCLUSIONES

Revela una alta prevalencia de problemas musculoesqueléticos, dermatológicos y de salud mental

Implementar ciertas mejoras podrían reducir el impacto negativo en la salud y aumentar el bienestar laboral

¿PUEDES SUGERIR ALGUNA MEJORA DE LOS PUNTOS REFLEJADOS EN ESTA ENCUESTA?

- Más personal.
- Reuniones de equipo.
- **Fisioterapeuta.**
- Más prevención de riesgos.
- Mejorar la ergonomía del servicio.
- Mejor ambiente relaciones interpersonales.
- **Teambuilding.**
- Menos sobrecarga trabajo.
- Más apoyo del hospital.
- Terapias.
- **Soporte Psicológico**
- Mejoras en las guardias y postguardias.
- La figura del celador.

HIGHLIGHTS:

FISIOTERAPEUTA

TEAMBUILDING

SOPORTE PSICOLÓGICO

CONCLUSIONES

"Correr y correr... y sin descansar en muchas ocasiones"



**MUCHAS
GRACIAS**